

# Group Fitness Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 am <b>Cardio Power</b> <small>(in TR on 3.9.26)</small>	7 - 7:45 am <b>Active Isolated Stretching</b>	7:45 - 8:45 am <b>Balance, Core &amp; Stretch</b>	7:45-8:45am <b>Barre*</b>	7:45 - 8:45 am <b>Cardio, Core &amp; More</b> <small>(in PA on 3.6)</small>	8:15 - 9 am <b>Cycle Sculpt</b>
7:45-8:45am <b>Barre*</b>	8 - 9 am <b>Total Body Conditioning</b>	9:15 - 10:15am <b>Reboot 60*</b>	8 - 9 am <b>Cardio Power</b> <small>(in TR on 3.5)</small>	8:15 - 9 am <b>Reboot*</b>	9 - 10 am <b>Iron Yoga</b> <small>(outside on 3.7 &amp; 3.28)</small>
9:15 - 10:15 am <b>Vinyasa Yoga</b> <small>(in TR on 3.9.26)</small>	9:15 - 10:15 am <b>Pilates/Yoga Mix</b>	9:15-10:15 am <b>Indoor Cycle*</b>	9:15-10:15 am <b>Pilates/Yoga Mix</b> <small>(outside on 3.5)</small>	9:15 - 10:15 am <b>Indoor Cycle*</b>	9:15- 10:15 am <b>Barre*</b>
9:15 - 10:15 am <b>Cycle Sculpt*</b>	10 - 11 am <b>Slow Flow Yoga*</b>	9:15-10:15am <b>All Levels Yoga</b>	9:15-10:15 am <b>Pilates/Yoga Mix</b> <small>(outside on 3.5)</small>	9:15-10:15am <b>All Levels Yoga</b> <small>(outside 3.6)</small>	9:15- 10:15 am <b>Barre*</b>
10:30 - 11 am <b>Body Blast*</b>	5:45-6:45pm <b>HIIT*</b>	10:30 - 11 am <b>Body Blast*</b>	6-7 pm <b>Rocket Yoga*</b>	10:30 - 11:30 am <b>Rocket Yoga*</b>	

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

- (G) - Gym
- (PA) - Performing Arts
- (TR) - Training Room

\*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App.

*Times, classes, & locations are subject to change*



OF ANNA MARIA ISLAND  
The community's gathering place

hello@centerami.org

(941) 778-1908

www.Centerami.org

407 Magnolia Ave  
Anna Maria, FL 34216

Open Outdoor Tennis/Pickleball Courts Schedule					
Mon	Tues	Wed	Thurs	Fri	Sat
7am-8pm	7 - 9am & 1 - 8pm	10am-8pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm

For Open Gym Times  
Call (941) 778-1908

Looking for a Tennis Game? Stop by the front desk to add your name to the list.

**Tennis Lessons\***  
Tennis Pro EJ: (941) 725-9273.  
Tennis Pro Cody: richardcwright85@gmail.com

Tennis Court #3 reserved for private lessons  
MWF 7:30 am - 7 pm  
Tues/Thurs 7:30-10:30 am & 1 - 8 pm

**Tennis Legends Schedule**  
Tues/Thurs/Sat 10:30 am - 1 pm

InBody: Body Composition Analyzer: [centerami.org/inbody](https://centerami.org/inbody)

Personal Training Available!  
See Front Desk for more info

No Indoor Pickleball: 3.5, 3.6, 3.7, 3.9, & 3.28  
Pickleball will end at noon on 3.27

**Indoor Pickleball Schedule**  
Monday-Saturday  
10:30 am-1 pm

**Pickleball Lessons\***  
Lessons with Josh, (941) 518-0655.  
Lessons with Janet, (813) 625-4356.

Full Moon Women's Circle\*

Monday, Mar. 2nd | 5:30-7:30 pm

Macrame Turtle Keychain\*

Tuesday, Mar. 10th | 6:30-7:30pm

Senior Outings\*

Monday, Mar. 9th | Ringling Museum  
Friday, Mar. 27th | Mazzaro's Italian Market

iPhone Training

Tuesday, Mar. 10th: iPhone Basics  
Thursday, Mar. 12th: iPhone: Beyond the Basics  
10:30-11:45 am

OLLI: Our Amazing Solar System\*

Wednesday, Mar. 11th | 11am-12:30pm

Clothes Swap

Friday, Mar. 13th | 5:30-7:30pm

Paper Crafting\*

Thursday, Mar. 19th | 2-4pm

Crochet Car Coasters Workshop\*

Thursday, Mar. 17, 24, & 31 | 6:30-7:30pm

Book Club

Monday, Mar. 9th | 1pm

Intro to Human Design\*

Wednesday, Mar. 25 | 5:30-7pm

Italian Culinary Tours: The Other Italy\*

Thursday, Mar. 26th | 2-4pm



## MARCH 2026

John Oates  
and The Good Road Band Concert\*

Sunday, March 1st

Murder Mystery\*

Friday March 6th & Saturday, March 7th

St. Patrick's Day Parade\*

Sunday, March 15th

Bingo

Friday, Mar. 20th | 6-8pm

Wine Tasting\*

Saturday, March 28th

Beach Cleanup

Saturday, Mar. 21st | 9-11am



Scan the QR Code to support  
your non-profit!  
For more info on donating contact  
development@centerami.org

### Center Hours:

Monday-Thursday: 7 am - 8 pm

Friday: 7 am - 7 pm

Saturday: 8 am - 3 pm

~Times, classes, and locations are subject to change

\*Must pre-register

Gentle Yoga & Angel Colors: FREE

Thursday, Mar. 5th & Mar. 12th | 10-11:15am

AMI Community Run Club

Last Sunday of the Month | 8:30am

Ice Baths\*

Wednesdays | 12pm - 1pm

Adult Spring Soccer Presented by Sandbar\*

Last Day to Register March 11th

Youth Spring Soccer\*

Last Day to Register March 14th

35+ Adult Flag Football\*

Last Day to Register March 20th

Adult 3 v 3 Basketball\*

Last Day to Register March 26th

Youth Classes & Camps\*  
[www.centerami.org/youth/classes/](http://www.centerami.org/youth/classes/)  
[youthprograms@centerami.org](mailto:youthprograms@centerami.org)

After School for K-5th  
Spring Break Camp: K-5th: March 16-20  
Spring Break Skim Boarding Camp  
All Day Camp: K-5th: March 23rd  
Youth Play & Life Skills  
Future Ace's Tennis Program  
Youth Martial Arts  
Youth Tumbling  
Youth Basketball with AMI Hoops