

Group Fitness Schedule:

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------------------------------------------------|--------------------------------------------------|------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| 7:45 - 8:45 am Cardio Power <small>(in TR on 3.9.26)</small> | 7 - 7:45 am Active Isolated Stretching | 7:45 - 8:45 am Balance, Core & Stretch | 7:45-8:45am Barre* | 7:45 - 8:45 am Cardio, Core & More <small>(in PA on 3.6)</small> | 8:15 - 9 am Cycle Sculpt |
| 7:45-8:45am Barre* | 8 - 9 am Total Body Conditioning | 9:15 - 10:15am Reboot 60* | 8 - 9 am Cardio Power <small>(in TR on 3.5)</small> | 8:15 - 9 am Reboot* | 9 - 10 am Iron Yoga <small>(outside on 3.7 & 3.28)</small> |
| 9:15 - 10:15 am Vinyasa Yoga <small>(in TR on 3.9.26)</small> | 9:15 - 10:15 am Pilates/Yoga Mix | 9:15-10:15 am Indoor Cycle* | 9:15-10:15 am Pilates/Yoga Mix <small>(outside on 3.5)</small> | 9:15 - 10:15 am Indoor Cycle* | 9:15- 10:15 am Barre* |
| 9:15 - 10:15 am Cycle Sculpt* | 10 - 11 am Slow Flow Yoga* | 9:15-10:15am All Levels Yoga | 9:15-10:15 am Pilates/Yoga Mix <small>(outside on 3.5)</small> | 9:15-10:15am All Levels Yoga <small>(outside 3.6)</small> | 9:15- 10:15 am Barre* |
| 10:30 - 11 am Body Blast* | 5:45-6:45pm HIIT* | 10:30 - 11 am Body Blast* | 9:15-10:15 am Pilates/Yoga Mix <small>(outside on 3.5)</small> | 10:30 - 11:30 am Rocket Yoga* | |
| | | 6-7 pm Rocket Yoga* | | | |

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

- (G) - Gym
- (PA) - Performing Arts
- (TR) - Training Room

*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App.

Times, classes, & locations are subject to change



THE Center
OF ANNA MARIA ISLAND
The community's gathering place

hello@centerami.org

(941) 778-1908

www.Centerami.org

407 Magnolia Ave
Anna Maria, FL 34216

| Open Outdoor Tennis/Pickleball Courts Schedule | | | | | |
|------------------------------------------------|-------------------|----------|---------|-----------|-----------------------|
| Mon | Tues | Wed | Thurs | Fri | Sat |
| 7am-8pm | 7 - 9am & 1 - 8pm | 10am-8pm | 1 - 8pm | 7am - 7pm | 8 - 10:30am & 1 - 3pm |

For Open Gym Times
Call (941) 778-1908

Tennis Court #3 reserved for private lessons
MWF 7:30 am - 7 pm
Tues/Thurs 7:30-10:30 am & 1 - 8 pm

Looking for a Tennis Game? Stop by the front desk to add your name to the list.

Tennis Lessons*

Tennis Pro EJ: (941) 725-9273.
Tennis Pro Cody: richardcwright85@gmail.com

Tennis Legends Schedule

Tues/Thurs/Sat 10:30 am - 1 pm

InBody: Body Composition Analyzer: centerami.org/inbody

Personal Training Available!
See Front Desk for more info

No Indoor Pickleball: 3.5, 3.6, 3.7, 3.9, & 3.28
Pickleball will end at noon on 3.27

Indoor Pickleball Schedule

Monday-Saturday

10:30 am-1 pm

Pickleball Lessons*

Lessons with Josh, (941) 518-0655.
Lessons with Janet, (813) 625-4356.

Full Moon Women's Circle*

Monday, Mar. 2nd | 5:30-7:30 pm

Macrame Turtle Keychain*

Thursday, Mar. 10th | 6:30-7:30pm

Senior Outings*

Monday, Mar. 9th | Ringling Museum
Friday, Mar. 27th | Mazzaro's Italian Market

iPhone Training

Tuesday, Mar. 10th: iPhone Basics
Thursday, Mar. 12th: iPhone: Beyond the Basics
10:30-11:45 am

OLLI: Our Amazing Solar System*

Wednesday, Mar. 11th | 11am-12:30pm

Clothes Swap

Friday, Mar. 13th | 5:30-7:30pm

Paper Crafting*

Thursday, Mar. 19th | 2-4pm

Crochet Car Coasters Workshop*

Thursday, Mar. 17, 24, & 31 | 6:30-7:30pm

Book Club

Monday, Mar. 9th | 1pm

Intro to Human Design*

Wednesday, Mar. 25 | 5:30-7pm

Italian Culinary Tours: The Other Italy*

Thursday, Mar. 26th | 2-4pm



MARCH 2026

John Oates
and The Good Road Band Concert*

Sunday, March 1st

Murder Mystery*

Friday March 6th & Saturday, March 7th

St. Patrick's Day Parade*

Sunday, March 15th

Bingo

Friday, Mar. 20th | 6-8pm

Wine Tasting*

Saturday, March 28th

Beach Cleanup

Saturday, Mar. 21st | 9-11am



Scan the QR Code to support
your non-profit!
For more info on donating contact
development@centerami.org

Center Hours:

Monday-Thursday: 7 am - 8 pm

Friday: 7 am - 7 pm

Saturday: 8 am - 3 pm

~Times, classes, and locations are subject to change

*Must pre-register

Gentle Yoga & Angel Colors: FREE

Thursday, Mar. 5th & Mar. 12th | 10-11:15am

AMI Community Run Club

Last Sunday of the Month | 8:30am

Ice Baths*

Wednesdays | 12pm - 1pm

Adult Spring Soccer Presented by Sandbar*

Last Day to Register March 11th

Youth Spring Soccer*

Last Day to Register March 14th

35+ Adult Flag Football*

Last Day to Register March 20th

Adult 3 v 3 Basketball*

Last Day to Register March 26th

Youth Classes & Camps*
www.centerami.org/youth/classes/
youthprograms@centerami.org

After School for K-5th
Spring Break Camp: K-5th: March 16-20
Spring Break Skim Boarding Camp
All Day Camp: K-5th: March 23rd
Youth Play & Life Skills
Future Ace's Tennis Program
Youth Martial Arts
Youth Tumbling
Youth Basketball with AMI Hoops