**Group Fitness Schedule:** 



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:45 - 8:45 am Cardio Power	7 - 7:45 am Active Isolated Stretching	7:45 - 8:45 am Cardio, Core & More	7:45-8:45am Barre*	7:45 - 8:45 am Balance, Core & Stretch	9 - 10 am Iron Yoga	
7:45-8:45am Barre*	8 - 9 am Total Body Conditioning	8 - 9 am Vinyasa Yoga*	8 - 9 am	8:15 - 9 am Reboot*		
	9:15 - 10:15 am Pilates/Yoga Mix	9:15 - 10:15am Reboot 60*	Cardio Power	9:15 - 10:15 am Indoor Cycle*		
9:15 - 10:15 am Vinyasa Yoga	10 - 11 am Slow Flow Yoga*	9:15-10:15 am Indoor Cycle*	9:15 - 10:15 am	9:15-10:15am All Levels Yoga	10:15 - 11am HIIT*	
9:15 - 10:15 am Cycle Sculpt*	1 - 2 pm Pedaling for	9:15-10:15am All Levels Yoga	Restorative Yoga*	10:30 - 11:30 am Restorative Yoga with Reiki*		
10:30 - 11 am Body Blast*	Parkinson's*	10:30 - 11 am	9:15-10:15 am	5:30 - 6:15 pm		
	5:30 - 6:15 pm HIIT*	Body Blast*	Pilates/Yoga Mix	HIIT*		

(G) - Gym

(PA) - Performing Arts

(TR) - Training Room

Times, classes, & locations are subject to change

\*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App. For the most up to date schedule visit https://centerami.ezfacility.com/Sessions

The Center is closed on Jan. 1st.



The community's gathering place

- hello@centerami.org
- **(941)** 778-1908
- www.Centerami.org
- 407 Magnolia Ave Anna Maria, FL 34216

Open Outdoor Tennis/Pickleball Courts Schedule								
Mon	Tues	Wed	Thurs	Fri	Sat			
7am-8pm	7 - 9am & 1 - 8pm	10am-8pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm			

For Open Gym Times Call (941) 778-1908

Tennis Court #3 reserved for private lessons MWF 7:30 am- 7 pm Tues/Thurs 7:30-10:30 am & 1 - 8 pm

Tennis Lessons\*

Tennis Pro EJ: (941) 725-9273. Tennis Pro Cody: richardcwright85@gmail.com Tennis Legends Schedule

Tues/Thurs/Sat 10:30 am - 1 pm

InBody: Body Composition Analyzer: centerami.org/inbody

Personal Training Available! See Front Desk for more info

Indoor Pickleball Schedule

Monday-Saturday

10:30 am-1 pm

Pickleball Lessons\*

Lessons with Josh, (941) 518-0655. Lessons with Janet, (813) 625-4356.

## Chakra Workshop\*

Thursday, Jan. 8 & 15 10:30 am - 12 pm

# 2026 Vision Board Workshop\*

Friday, Jan. 9th I 11am-1pm

#### Tech U Classes

Tuesday, Jan. 13: iPhone Basics Thursday, Jan. 15<sup>th</sup>: iPhone: Beyond the Basics 10:30-11:45 am

#### Blood Mobile at The Center

Tuesday, Jan. 13th I 8am-2pm

# Strategies For Tax Effective Charitable Giving with Ellenton CPA

Thursday, Jan. 15th I 2pm

# Cooking Milanesa de Pollo & Mexican Rice with Chef Leticia\*

Saturday, January 17<sup>th</sup> I 12:30-3pm

#### **Book Club**

Monday, Jan. 19th I 1pm development@centerami.org for info

## Italian Culinary Tours: The Other Italy\*

Thursday, Jan. 22nd I 2-4pm

### Senior Outings\*

Jan. 30<sup>th</sup> I 9am-2pm Hard Rock Casino

# **JAN 2026**



# Bingo

Friday, Jan. 16<sup>th</sup> I 6-8pm

# Family Fun Night

Friday, Jan. 16th I 6-8pm

# The Wailers Live at The Center

Saturday, Jan. 24th

# Lighting the Path Ahead Fall Campaign

Donate now until Monday, Jan. 12<sup>th</sup>
Join us on Wednesday, Jan 14<sup>th</sup> at 6:30pm for
the Lighting Celebration



Scan the QR Code to support your non-profit & get your lantern to help light our path ahead! For more info on donating contact development@centerami.org



#### Center Hours:

Monday-Thursday: 7 am - 8 pm Friday: 7 am - 7 pm Saturday: 8 am - 3 pm

~Times, classes, and locations are subject to change

\*Must pre-register

#### K-5th Before & After School\*

Monday-Friday youthprograms@centerami.org

### K-5th & 6th -9th Winter Camp\*

Jan. 2 & 5 8am-6pm youthprograms@centerami.org

# K-5<sup>th</sup> All Day Camp\*

Monday, Jan. 19th 8am-6pm youthprograms@centerami.org

# Youth Classes\* www.centerami.org/youth/classes/

Youth Hip Hop
Youth Play & Life Skills
Youth Speed & Conditioning Training
Future Ace's Tennis Program
Youth Martial Arts
Youth Tumbling
Youth Basketball with AMI Hoops
Cooking Classes

#### Farmers Market at Roser Church

Tuesdays I 9am-2pm

#### Ice Baths\*

Wednesdays | 12pm - 1pm



#### **DBTB** Cafe

Wednesdays - Fridays 8am - 12pm