

Group Fitness Schedule:



NOVEMBER 2025

| Monday                               | Tuesday                                      | Wednesday                             | Thursday                             | Friday  | Saturday                                      |
|--------------------------------------|--|---------------------------------------|--------------------------------------|---|---|
| 7:45 - 8:45 am<br>Functional Fitness | 7 - 7:45 am<br>Active Isolated<br>Stretching | 7:45 - 8:45 am<br>Cardio, Core & More | 7:45-8:45am<br>Barre*                | 7:45 - 8:45 am<br>Balance, Core & Stretch                 | 9 - 10 am<br>Iron Yoga<br>(in PA Room 11/15*) |
| 7:45-8:45am<br>Barre*                | 8 - 9 am<br>Total Body Conditioning          | 8 - 9 am<br>Vinyasa Yoga*             | 8 - 9 am<br>Gutts & Butts            | 8:15 - 9 am<br>Reboot*                                    |   |
|                                      | 9:15 - 10:15 am<br>Pilates/Yoga Mix          | 9:15 - 10:15am<br>Reboot 60*          |                                      | 9:15 - 10:15 am<br>Indoor Cycle*                          |   |
| 9:15 - 10:15 am<br>Vinyasa Yoga      | 10 - 11 am<br>All Levels Yoga*               | 9:15-10:15 am<br>Indoor Cycle*        | 9:15 - 10:15 am<br>Restorative Yoga* | 9:15-10:15am<br>Cardio Power                              | 10:15 - 11am<br>HIIT*                         |
| 9:15 - 10:15 am<br>Cycle Sculpt*     | 1 - 2 pm<br>Pedaling for<br>Parkinson's*     | 9:15-10:15am<br>Cardio Power          |                                      | 10:30 - 11:30 am<br>Restorative Yoga<br>with Reiki*       |   |
| 10:30 - 11 am<br>Body Blast*         |  | 5:30 - 6:15 pm<br>HIIT*               | 10:30 - 11 am<br>Body Blast*         | 9:15-10:15 am<br>Pilates/Yoga Mix                         |   |
|                                      |  |                                       |                                      | 11:30am-12:30pm<br>Strength Intervals*<br>(no class 11/6) |   |

- (G) - Gym
- (PA) - Performing Arts
- (TR) - Training Room

Times, classes, & locations are subject to change

\*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App.

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

The Center is closed November 27-29

| Open Outdoor Tennis/Pickleball Courts Schedule |                   |          |         |           |                       |
|--|-------------------|----------|---------|-----------|-----------------------|
| Mon  | Tues              | Wed      | Thurs   | Fri       | Sat                   |
| 7am-8pm  | 7 - 9am & 1 - 8pm | 10am-8pm | 1 - 8pm | 7am - 7pm | 8 - 10:30am & 1 - 3pm |

For Open Gym Times  
Call (941) 778-1908

Tennis Court #3 reserved for private lessons  
MWF 7:30 am - 7 pm  
Tues/Thurs 7:30-10:30 am & 1 - 8 pm

Tennis Lessons\*  
  
Tennis Pro EJ: (941) 725-9273.  
Tennis Pro Cody: richardcwright85@gmail.com

Tennis Legends Schedule  
  
Tues/Thurs/Sat 10:30 am - 1 pm

Personal Training Available!  
See Front Desk for more info

No Indoor Pickleball 11/8 & 11/15.  
Pickleball will end at 12pm on 11/22

Indoor Pickleball Schedule  
  
Monday-Saturday  
  
10:30 am-1 pm

Pickleball Lessons\*  
  
Lessons with Josh, (941) 518-0655.  
Lessons with Janet, (813) 625-4356.

THE Center  
OF ANNA MARIA ISLAND  
The community's gathering place

hello@centerami.org

(941) 778-1908

www.Centerami.org

407 Magnolia Ave  
Anna Maria, FL 34216

## Full/New Moon Women's Circle\*

Full: Monday, Nov. 3 | 6-8 pm  
New: Monday, Nov. 17 | 6-8 pm

## Papercraft with MaryKate\*

Thursday, Nov. 20 | 2-4 pm

## Tech U Classes

Tuesday, Nov. 11 – Beginner's  
Thursday, Nov. 13 – Q&A  
10:30-11:45 am

## Co-Ed Community Circle\*

Wednesday, Nov. 12 | 6-8 pm

## Chakra Workshop\*

Thursday, Nov. 13 & 20  
10:30 am - 12 pm

## Book Club

Monday, Nov. 17th | 1pm

## Island Photography Workshop\*

Saturday, Nov. 22  
9:30 - 11:30 am

## Massages, Cupping & Acupuncture\*

See front desk to book your appointment!

## Winter Sports\*

Registration ends in December  
Youth Flag Football, Youth Girls' Flag, Youth  
Cheer, Adult Flag, and 35+ Adult Soccer.  
Contact sports@centerami.org

# NOV 2025



The Center will be  
closed Nov. 27-29.  
We are thankful  
for you!

## Family Fun Night

Friday, Nov. 21 | 6-8pm

## Lester Family Fun Day

Saturday, Dec. 6 | 10:30am-2pm

## John Oates Live at The Center

Sunday, March 1

## Lighting the Path Ahead Fall Campaign

Wednesday, Nov. 12 - Monday, Jan. 12<sup>th</sup>



Scan the QR Code to support  
your non-profit & get your lantern  
to help light our path ahead!  
For more info on donating contact  
development@centerami.org



### Center Hours:

Monday-Thursday: 7 am - 8 pm

Friday: 7 am - 7 pm

Saturday: 8 am - 3 pm

~Times, classes, and locations  
are subject to change

\*Must pre-register

## K-5th Before & After School\*

Monday-Friday  
youthprograms@centerami.org

## K-5th All Day Camp\*

Tuesday, Nov. 11 | 8am-6pm  
youthprograms@centerami.org

## K-5th Fall Break Camp\*

Nov. 24-26 8am-6pm  
youthprograms@centerami.org

## Youth Cooking: Making Quesadillas\*

Monday, Nov. 17 | 4-5:30pm

## Youth Classes\* [www.centerami.org/youth/classes/](http://www.centerami.org/youth/classes/)

Youth Play & Life Skills  
Youth Speed & Conditioning Training  
Future Ace's Tennis Program  
Youth Martial Arts  
Youth Tumbling  
Youth Basketball with AMI Hoops

## Farmers Market at Roser Church

Tuesdays | 9am-2pm

## Ice Baths\*

Wednesdays | 12 pm - 1 pm



## DBTB Cafe

Wednesdays - Fridays  
8 am - 12 pm