

Group Fitness Schedule:



DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 am Cardio Power	7 - 7:45 am Active Isolated Stretching	7:45 - 8:45 am Cardio, Core & More	7:45-8:45am Barre*	7:45 - 8:45 am Balance, Core & Stretch	9 - 10 am Iron Yoga (in PA Room 12/6*)
7:45-8:45am Barre*	8 - 9 am Total Body Conditioning	8 - 9 am Vinyasa Yoga* (No class 12/10)	8 - 9 am Cardio Power	8:15 - 9 am Reboot*	
	9:15 - 10:15 am Pilates/Yoga Mix	9:15 - 10:15am Reboot 60*		9:15 - 10:15 am Indoor Cycle*	
9:15 - 10:15 am Vinyasa Yoga	10 - 11 am Slow Flow Yoga*	9:15-10:15 am Indoor Cycle* (No class 12/10)	9:15 - 10:15 am Restorative Yoga*	9:15-10:15am All Levels Yoga	10:15 - 11am HIIT*
9:15 - 10:15 am Cycle Sculpt*	1 - 2 pm Pedaling for Parkinson's*	9:15-10:15am All Levels Yoga		10:30 - 11:30 am Restorative Yoga with Reiki*	
10:30 - 11 am Body Blast*		5:30 - 6:15 pm HIIT*	10:30 - 11 am Body Blast*	9:15-10:15 am Pilates/Yoga Mix	
			11:30am-12:30pm Strength Intervals*		

- (G) - Gym
- (PA) - Performing Arts
- (TR) - Training Room

*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App.

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

The Center will be closing at 5pm on Dec. 10th. We are closed Dec. 24th & 25th and Jan. 1st. We will also be closing at noon on Dec. 31st.

Times, classes, & locations are subject to change



- hello@centerami.org
- (941) 778-1908
- www.Centerami.org
- 407 Magnolia Ave
Anna Maria, FL 34216

Open Outdoor Tennis/Pickleball Courts Schedule

Mon	Tues	Wed	Thurs	Fri	Sat
7am-8pm	7 - 9am & 1 - 8pm	10am-8pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm

For Open Gym Times
Call (941) 778-1908

Tennis Court #3 reserved for private lessons
MWF 7:30 am- 7 pm
Tues/Thurs 7:30-10:30 am & 1 - 8 pm

Tennis Lessons*

Tennis Pro EJ: (941) 725-9273.
Tennis Pro Cody: richardcwright85@gmail.com

Tennis Legends Schedule

Tues/Thurs/Sat 10:30 am - 1 pm

Personal Training Available!
See Front Desk for more info

No Indoor Pickleball 12/6/25

Indoor Pickleball Schedule

Monday-Saturday

10:30 am-1 pm

Pickleball Lessons*

Lessons with Josh, (941) 518-0655.
Lessons with Janet, (813) 625-4356.

Full/New Moon Women's Circle*

Full: Monday, Dec. 1 | 6-8 pm
New: Monday, Dec. 22 | 6-8 pm

Tech U Classes

Tuesday, Dec. 9
Thursday, Dec. 11
10:30-11:45 am

Senior Outings*

Dec. 5: Mazzaro's Italian Market
Dec. 19: St. Pete Pier

Chakra Workshop*

Thursday, Dec. 4 & 11 and Jan. 8 & 15
10:30 am - 12 pm

Book Club

Monday, Dec. 15th | 1pm
Book: The First Ladies
by Marie Benedict & Victoria Christopher Murray

Cooking Milanesa de Pollo & Mexican Rice with Chef Leticia*

Saturday, January 17th
12:30-3pm

Massages, Cupping & Acupuncture*

See front desk to book your appointment!

Winter Sports*

Registration ends in December
Youth Flag Football, Youth Girls' Flag, Youth Cheer, Adult Flag, and 35+ Adult Soccer.
Contact sports@centerami.org

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Lester Family Fun Day

Saturday, Dec. 6 | 10:30am-2pm

Blue Oyster Cult Live at The Center

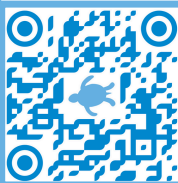
Wednesday, Dec. 10

Bingo & Family Fun Night

Friday, Dec. 19 | 6-8pm

Lighting the Path Ahead Fall Campaign

Donate now until Monday, Jan. 12th



Scan the QR Code to support your non-profit & get your lantern to help light our path ahead!
For more info on donating contact development@centerami.org



Center Hours:

Monday-Thursday: 7 am - 8 pm

Friday: 7 am - 7 pm

Saturday: 8 am - 3 pm

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*Must pre-register

K-5th Before & After School*

Monday-Friday
youthprograms@centerami.org

K-5th Winter Camp*

Dec. 22, 23, 26, 29, & 30 and Jan. 2 & 5
8am-6pm
youthprograms@centerami.org

6th-9th Winter Camp*

Dec. 22, 23, 26, 29 & 30 and Jan. 2 & 5
9am-5pm
youthprograms@centerami.org

Youth Classes*

www.centerami.org/youth/classes/

Youth Hip Hop
Youth Play & Life Skills
Youth Speed & Conditioning Training
Future Ace's Tennis Program
Youth Martial Arts
Youth Tumbling
Youth Basketball with AMI Hoops
Cooking Classes

Farmers Market at Roser Church

Tuesdays | 9am-2pm

Ice Baths*

Wednesdays | 12 pm - 1 pm

DBTB Cafe

Wednesdays - Fridays
8 am - 12 pm

