

Group Fitness Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 am Functional Fitness	7 - 7:45 am Active Isolated Stretching	7:45 - 8:45 am Cardio, Core & More	8 - 9 am Gutts & Butts	7:45 - 8:45 am Balance, Core & Stretch	9 - 10 am Iron Yoga (Oct. 11th & 18th in PA room)
9:15 - 10:15 am Vinyasa Yoga	8 - 9 am Total Body Conditioning	8 - 9 am Vinyasa Yoga	9:15 - 10:15 am Restorative Yoga	8:15 - 9 am Reboot	
	9:15 - 10:15 am Pilates/Yoga Mix	9:15 - 10:15am Reboot 60		9:15 - 10:15 am* Indoor Cycle	
9:15 - 10:15 am Cycle Sculpt*	10 - 11 am All Levels Yoga	9:15-10:15 am* Indoor Cycle	9:15-10:15 am Pilates/Yoga Mix	10:30 - 11:30 am Restorative Yoga with Reiki	10:15 - 11am HIIT
10:30 - 11 am Body Blast	1 - 2 pm Pedaling for Parkinson's	10:30 - 11 am Body Blast		5:30 - 6:15 pm HIIT	
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(PA) - Performing Arts

(TR) - Training Room

(G) - Gym

*Must pre-register for classes held in PA, TR, LC at the front desk or on the MemberMe+ App.

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

Times, classes, & locations are subject to change



Mon	Tues	Wed	Thurs	Fri	Sat
7am-8pm	7 - 9am & 1 - 8pm	10am-8pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm

For Open Gym Times
Call (941) 778-1908

Tennis Court #3 reserved for private lessons
MWF 7:30 am - 7 pm
Tues/Thurs 7:30-10:30 am & 1 - 8 pm

Tennis Lessons*
Tennis Pro EJ: (941) 725-9273.
Tennis Pro Cody: richardcwright85@gmail.com

Tennis Legends Schedule
Tues/Thurs/Sat 10:30 am - 1 pm

Personal Training Available!
See Front Desk for more info

Indoor Pickleball Schedule
Monday-Saturday
10:30 am-1 pm

***No Indoor Pickleball on Oct. 11th or Oct. 18th**

Pickleball Lessons*
Lessons with Josh, (941) 518-0655.
Lessons with Janet, (813) 625-4356.

hello@centerami.org

(941) 778-1908

www.Centerami.org

407 Magnolia Ave
Anna Maria, FL 34216

Full/New Moon Women's Circle*

Full: Monday, Oct. 6th | 6-8 pm
New: Monday, Oct. 20th | 6-8 pm

Co-Ed Community Circle*

Wednesday, Oct. 15^h | 6-8 pm

Saving Your Belongings through Fire & Water Disasters

Friday, Oct. 17^h | 10 am- 12 pm

Think Better, Live Free

Monday, Nov. 3rd | 12-2 pm

Tech U Classes

Tuesday, Nov. 11 – Beginner's
Thursday, Nov. 13 – Q&A
10:30-11:45 am

Island Photography Workshop*

Saturday, Nov. 22nd
9:30 - 11:30 am

Book Club

Monday, Oct. 20th | 1pm
Oct's book: The River is Waiting by Wally Lamb

Massages, Cupping & Acupuncture

See front desk to book your appointment!

Ice Baths*

Wednesdays & Saturdays | 12 pm - 1 pm

OCT 2025

FARMERS MARKET
STARTS OCT. 7TH
TUESDAYS 9AM - 2PM
LOCATED AT
ROSER CHURCH
519 PINE AVE

SUPPORT LOCAL

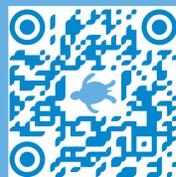
DBTB
JULIE FARR & BRYAN

Roser Church
SACRED BLACK LEADERS
The community's gathering place

Center
SACRED BLACK LEADERS
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Family Fun Night

Friday, Oct. 24th 6-8pm



Scan the QR Code to support your non-profit!
For more info on donating contact
Jillian Ptak,
development@centerami.org



- hello@centerami.org
- (941) 778-1908
- www.Centerami.org
- 407 Magnolia Ave
Anna Maria, FL 34216

Center Hours:
Monday-Thursday: 7 am - 8 pm
Friday: 7 am - 7 pm
Saturday: 8 am - 3 pm

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*Must pre-register

9.19.25

K-5th Before School*

Available Pick-up from Target Parking Lot.
Drop-off at AME
youthprograms@centerami.org

K-5th After School*

After School Pick-up from AME
youthprograms@centerami.org

K-5th All Day Camp*

Monday, Oct. 13th | 8am-6pm
youthprograms@centerami.org

Youth Classes www.centerami.org/youth/classes/

Skimboarding with AMI Skim & Surf
Youth Play & Life Skills
Youth Speed & Conditioning Training
Future Ace's Tennis Program
Youth Martial Arts
Youth Tumbling
Youth Basketball with AMI Hoops



Dolly Parton's Imagination Library*

Free Books for 0-5 year olds

Athlete Combine Testing*

Ages: 7-18
Saturday, Oct. 25th
9:30AM-12:30PM



DBTB Cafe

Tuesdays - Saturdays
8 am - 12 pm