

Group Fitness Schedule:

AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 am Strength, Flexibility & Core	7 - 7:45 am Active Isolated Stretching	7:45 - 8:45 am Cardio, Core & More	8 - 9 am Gutts & Butts	7:45-8:45 am Balance, Core & Stretch	9 - 10 am Iron Yoga
9:15 - 10:15 am Vinyasa Yoga	8 - 9 am Total Body Conditioning	8 - 9 am Vinyasa Yoga	9:15 - 10:15 am Restorative Yoga	8 - 9 am Restorative Yoga with Reiki	
	9:15 - 10:15 am Pilates/Yoga Mix	9:15 - 10:15am Reboot 60		8:15 - 9 am Reboot	
9:15 - 10:15am Cycle Sculpt*	10 - 11 am Vinyasa Yoga		9:15-10:15 am Pilates/Yoga Mix	9:15 - 10:15 am* Indoor Cycle	10:15 - 11am HIIT
10:30 - 11 am Body Blast	1 - 2 pm Pedaling for Parkinson's	10:30 - 11 am Body Blast		5:30 - 6:15 pm HIIT	
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- (PA) - Performing Arts
- (TR) - Training Room
- (G) - Gym

*Must pre-register for classes held in PA, TR, LC at the front desk or on the MemberMe+ App.

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

Times, classes, & locations are subject to change

THE Center
OF ANNA MARIA ISLAND
The community's gathering place

- hello@centerami.org
- (941) 778-1908
- www.Centerami.org
- 407 Magnolia Ave
Anna Maria, FL 34216

Open Outdoor Tennis/Pickleball Courts Schedule					
Mon	Tues	Wed	Thurs	Fri	Sat
7am-8pm	7 - 9am & 1 - 8pm	10am-8pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm

For Open Gym Times
Call (941) 778-1908

Tennis Court #3 reserved for private lessons
MWF 7:30 am- 7 pm
Tues/Thurs 7:30-10:30 am & 1 - 8 pm

Tennis Lessons*
Tennis Pro EJ: (941) 725-9273. Tennis Pro Cody: richardcwright85@gmail.com

Tennis Legends Schedule	
Tues/Thurs/Sat	10:30 am - 1 pm

The Center will be closed
August 4-9
for maintenance.
No gym activities
Aug. 18th until 1pm

Indoor Pickleball Schedule
Monday-Saturday (starting 8.11.25)
10:30 am-1 pm

Pickleball Lessons*
Lessons with Josh, (941) 518-0655. Lessons with Janet, (813) 625-4356.

Full/New Moon Women's Circle*

Full: Monday, Aug. 11th | 6-8 pm
New: Monday, Aug. 25th | 6-8 pm

FREE- Crisis-Ready: Protecting Your Business Before Disaster Strikes

Friday, August 1st
12 - 2pm

FREE- Rooted in the Storm: A Community Workshop for Emotional Grounding & Resilience

Saturday, August 16th
11 am - 12:30pm

Cooking Class with Chef Leticia: Hands-On Tamale Making

Saturday, August 30th
12 - 2:30pm

Massages, Cupping & Acupuncture

See front desk to book your appointment!

Book Club

Monday, Aug. 18th | 1pm

Ice Baths*

Wednesdays & Saturdays | 12 pm - 1 pm



7.31.25

DBTB Cafe

Tuesdays - Saturdays
8 am - 12 pm

AUG. 2025

CLOSED

THE CENTER WILL BE CLOSED AUG. 4-9 FOR MAINTENANCE



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Center Hours:

Monday-Thursday: 7 am - 8 pm
Friday: 7 am - 7 pm
Saturday: 8 am - 3 pm

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are subject to change



Scan the QR Code to support
your non-profit!
For more info on donating contact
Jillian Ptak,
development@centerami.org

K-5th Before & After School

Starts Aug. 11th
youthprograms@centerami.org

Youth Skimboarding*

Saturday, Aug. 23rd & 30th
8:45 - 11 am

Youth Speed & Conditioning Training*

Tuesdays, 4:30 - 5:30 pm
Fridays, 4:30 - 5:30 pm
Saturdays, 9 - 10 am

Youth Play & Life Skills*

youthpgrams@centerami.org

Youth Martial Arts*

Tuesdays, 6:45 - 7:30 pm

Youth Fall Soccer: 3- 17 year olds*

Last Day to Register: Aug. 22nd

Youth T-Ball: 5-7 year olds*

Last Day to Register: Sept. 1st

Adult Fall Soccer*

Last Day to Register: Aug. 26th

Adult 35+ Fall Soccer*

Last Day to Register: Sept. 2nd

Adult 3v3 Basketball*

Last Day to Register: Aug. 29th