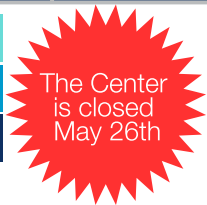


Group Fitness Schedule:

MAY 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 am Strength, Flexibility & Core	7 - 7:45 am Active Isolated Stretching	7:45 - 8:45 am Cardio, Core & More	8 - 9 am Gutts & Butts	7:45-8:45 am Balance, Core & Stretch	9 - 10 am Iron Yoga (Class in PA on May 10th & 17th)
	8 - 9 am Total Body Conditioning				
9:15 - 10:15 am All Levels Yoga	9 - 10 am Vinyasa Yoga	9 - 10 am Tai Chi	9 - 10 am Restorative Yoga	9 - 10 am Tai Chi	10:15 - 11am HIIT
	9:15 - 10:15 am Pilates/Yoga Mix	9:15 - 10:15 am (PA)* Indoor Cycle			
9:15 - 10:15am Cycle Sculpt	1 - 2 pm* Pedaling for Parkinson's	9:15 - 10:15am Reboot 60	9:15-10:15 am Pilates/Yoga Mix	9:15 - 10:15 am* Indoor Cycle	
10:30 - 11 am Body Blast	5:30 - 6:15 pm HIIT	10:30 - 11 am Body Blast		5:30 - 6:15 pm HIIT	

- (PA) - Performing Arts
- (G) - Gym
- (TR) - Training Room



Times, classes, & locations are subject to change

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

\*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App.



- hello@centerami.org
- (941)778-1908
- www.Centerami.org
- 407 Magnolia Ave  
Anna Maria, FL 34216

Open Outdoor Tennis/Pickleball Courts Schedule					
Mon	Tues	Wed	Thurs	Fri	Sat
7am-8pm	7 - 9am & 1 - 8pm	7- 8am 10am-5pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm
Open Gym Times Mon- Sat 1 - 3 pm Call (941)778-1908 for evening times			Tennis Court #3 reserved for private lessons MWF 7:30 am- 7 pm Tues/Thurs 7:30-10:30 am & 1 pm - 8 pm		
Tennis Lessons*			Tennis Legends Schedule		
Tennis Pro EJ: (941) 725-9273. Tennis Pro Cody: richardcwright85@gmail.com			Tues/Thurs/Sat 10:30 am - 1 pm		

No Indoor Pickleball  
May 10th or 17th

Indoor Pickleball Schedule Monday-Saturday	
Advance/Intermediate: 10:30-12pm	
Beginners: 12pm-1:30pm	
Pickleball Lessons*	
Lessons with Josh, (941) 518-0655. Lessons with Janet, (813) 625-4356.	

## Massages, Cupping & Acupuncture

See front desk to book your appointment!

## Senior Outings\*

Selby Gardens: Friday, May 16th | 8:45am-2pm  
Hard Rock Casino: May 30th | 8:45am-2pm

## Cinco De Mayo Cooking Class\*

Saturday, May 3rd | 12-2pm

## Mother's Day Flower Arranging\*

Friday, May 9th | 5-6pm

## Full/New Moon Women's Circle\*

Full: Monday, May 12th | 6-8pm  
New: Wednesday, May 28<sup>th</sup> | 6-8pm

## Healthy Hearing Education Seminar & Ear Screening

Friday, May 2nd, 16th, & 30th | 9am-12pm

## Book Club

Monday, May 19th | 1pm

## Ice Baths\*

Wednesdays | 2pm - 3pm

## DBTB Cafe

Wednesdays - Fridays | 7am-2pm

## Anna Maria Community Farmers Market

Tuesdays | 9am-2pm  
May 27<sup>th</sup> last Market of the year

# MAY 2025

Kansas  
with special guest the Outlaws

May 2nd  
at the Bradenton Area Convention Center

## Crawfish Boil

May 3rd | 6 - 9 pm

## Hunt for a Cure

May 10th | 6 - 9 pm

## City of Anna Maria Memorial Day Event

May 26th | 10am



**The Center is closed May 26th  
in observation of Memorial Day.**



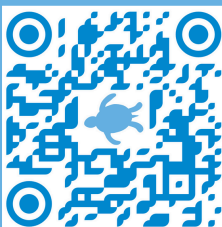
## Youth Summer Indoor Soccer\*

Ages: 3-17 Deadline to Register: May 30th

## Adult Summer Flag Football\*

Last day to Register: June 3rd

Scan below to  
support your  
non-profit!



## Center Hours:

Monday-Thursday: 7 am - 8 pm

Friday: 7 am - 7 pm

Saturday: 8 am - 3 pm

~Times, classes, and locations  
are subject to change

**\*Must Pre-Register :  
Contact [hello@centerami.org](mailto:hello@centerami.org)**

## Youth Speed & Conditioning Training\*

Tuesdays, 4:30 – 5:30pm  
Fridays, 4:30 – 5:30pm  
Saturdays, 9 – 10am

More Youth Programs  
[www.centerami.org/youth/classes/](http://www.centerami.org/youth/classes/)

Basketball Training with AMI Hoops  
Tumbling Classes  
Martial Arts  
Hip-Hop Dance Classes  
Future Ace's Tennis Program  
Play & Life Skills

K-5th Summer Camp\*  
Presented by Tom Sanger Pools

9 weeks: June 2nd-August 1st  
8am-6pm  
Must register the Thursday prior to care.

Summer My Way:  
Choose between Sports & Discovery

Specialty Camps:  
Ceramics, Disney Steam, Jewelry Making,  
Play-Doh Making, Basketball , Tumbling  
Flag Football Skills & Drills, Yoga , Fishing,  
Fairy Hair & Glitter Tattoos, Photography,  
Archery, Skimboarding, Pickleball , &  
Volleyball

For more info visit:  
[centerami.org/youth/summercamp/](http://centerami.org/youth/summercamp/)

Adventure Time (6<sup>th</sup> -9<sup>th</sup> Grade)  
Summer Camp\*

For more info [youthprograms@centerami.org](mailto:youthprograms@centerami.org)