

Group Fitness Schedule:

JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 am Strength, Flexibility & Core	7 - 7:45 am Active Isolated Stretching	7:45 - 8:45 am Cardio, Core & More	8-9 am Gutts & Butts	7:45-8:45 am Balance, Core & Stretch	9:15 - 10:15 am Iron Yoga
	8 - 9 am Total Body Conditioning	9 - 10 am Tai Chi	9:15-10:15 am Pilates/Yoga Mix	8 - 9 am Functional Full Body	
9:15 - 10:15 am All Levels Yoga	9:15 - 10:15 am Pilates/Yoga Mix	9:15 - 10:15 am (PA)* Indoor Cycle		10:30-11:30 am Find Peace After the Storms	
	1 - 2 pm* Pedaling for Parkinson's	10:30 - 11 am Body Blast	9:15 - 10:15 am* Indoor Cycle		
	6 - 7 pm*\$ Yoga Nidra & Crystal Singing Bowl Sound Bath	11:30 am - 12:30 pm Reboot 60			

- (PA) - Performing Arts
- (G) - Gym
- (TR) - Training Room

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

*Must pre-register for classes held in PA & TR at the front desk or on the MemberMe+ App. Times, classes, & locations are subject to change



-  hello@centerami.org
-  (941)778-1908
-  www.Centerami.org
-  407 Magnolia Ave
Anna Maria, FL 34216

Open Outdoor Tennis/Pickleball Courts Schedule					
Mon	Tues	Wed	Thurs	Fri	Sat
7am-8pm	7 - 9am & 1 - 8pm	7am - 8pm	1 - 8pm	7am - 7pm	8 - 10:30am & 1 - 3pm
<p>Open Gym Times Mon- Sat 1 - 3 pm Call (941)778-1908 for evening times</p>					
Tennis Lessons*			Tennis Legends Schedule		
Tennis Pro EJ: (941) 725-9273. Tennis Pro Cody: richardcwright85@gmail.com			Tues/Thurs/Sat 10:30 am - 1 pm		

The Center is closed January 1st

Indoor Pickleball Schedule
Monday - Saturday
10:30 am - 1 pm
Pickleball Lessons*
Lessons with Josh, (941) 518-0655. Lessons with Janet, (813) 625-4356.

Yoga Nirda & Crystal Singing Bowl
Sound Bath*

Tuesdays | 6pm - 7pm

Ice Baths*

Mondays | 9am -12pm

Van Wezel Dance Class

Jan. 9, 21 & 31 | 11am-12:15pm

Senior Outing: St. Pete Pier

Jan. 16th | 8:15am-2pm

Book Club

Jan. 20th | 1pm

Book: Darling Girls by Sally Hepworth

OLLI at Ringing College presents
The Story of Frank Lloyd Wright*

Jan. 23rd | 11am-12:30pm

***Must Pre-Register**

To register: contact hello@centerami.org
~Times, classes, and locations
are subject to change

Center Hours:

Monday-Thursday: 7 am - 8 pm

Friday: 7 am - 7 pm

Saturday: 8 am - 3 pm

JANUARY 2025

HAPPY NEW YEAR

2025

The Center is closed January 1st.

Bradenton Gulf Islands Concert Series

The Wailers: January 11th
Robby Krieger of The Doors: February 8th
The Moody Blues' John Lodge: March 24th
The Infamous Stringdusters: April 5th

BINGO

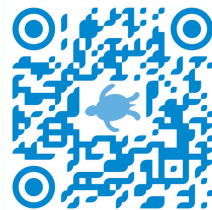
Fridays
January 17th, February 21st, March 14th &
April 18th
6-8pm

Build Back The Beach*

Looking for Volunteers
January 25 11am-1pm & 1pm-4pm
January 26th 11am-1pm

DBTB Cafe

Wednesdays - Fridays
7am-2pm



**Support your non-profit!
Join in our campaign
and give now until
January 28th!**

12.20.24

Beyond The Classroom Afterschool*

K-5th Graders: Pick-up from AME to 6pm

BTC Open House

Wednesday, Jan. 8th 6:15pm-7:15pm

Youth Lacrosse Clinic

January 8, 15, 22 & 29
3rd-5th Grade | 4pm-4:50pm
6th-9th Grade | 5pm-5:50pm

Youth Basketball*

Tuesdays: K-5th: 4:30 - 5:30 pm
Thursdays: 6th-9th: 5:30 - 6:30 pm
Private Lessons available:
Mondays & Wednesdays

Youth Hip-Hop*

Thursdays
K-5th: 5:45 pm - 6:45 pm
6th & up: 6:45 pm - 7:45 pm

Youth Tumbling*

Wednesdays
Tots: 3:30pm-4pm
Beginner/Intermediate: 4:05 PM – 4:45 PM
Advanced Tumbling: 4:50 PM – 5:30 PM

Youth Beginner Jazz & Ballet*

Ages 5-11
Wednesdays, 5:35pm-6:05pm

Teenie Yogini- Yoga for Girls*

Wednesdays, 4pm-5pm