

Group Fitness Schedule:

MAY 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45-8:45 a.m. (G) Strength, Flexibility & Core	7-7:45 a.m. (G) Active Isolated Stretching	7:45-8:45 a.m (G) Cardio, Core & More	8-9 a.m. (G)* Gutts & Butts	7:45-8:45 a.m. (G) Balance, Core & Stretch	8:15-9:15 a.m. (PA)* Vinyasa Yoga
	8 - 9 a.m. (G)* Total Body Conditioning	9 - 10 a.m. (G) Tai Chi	8:30-9:30 a.m. (PA)* Vinyasa Yoga	7:45-8:45 a.m (PA) Power Flow Yoga	
	8:30- 9:30 a.m. (PA)* Vinyasa Yoga	9:15 - 10:15 a.m. (PA)* Indoor Cycle	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (G) Tai Chi	9:15-10:15 a.m. (G) Iron Yoga
9:15-10:15 a.m. (G) All Levels Yoga (Last class May 13th)	9:15-10:15 a.m. (G) Pilates/Yoga Mix	10:30- 11 a.m. (Turf) Body Blast	1 - 2 p.m. (PA)* Adaptive Yoga	9:15-10:15 a.m. (PA)* Indoor Cycle	
	1 - 2 p.m. (PA)* Pedaling for Parkinsons	10:30- 11:15 a.m. (PA)* Foundation Training			
		11:30 a.m. - 12:30 p.m. (Turf) Reboot 60			
	5:30-6:30 p.m. (PA)* Amped All Levels Yoga (Last Class May 8th)				

*Must pre-register for classes held in Performing Arts Room (PA) at the front desk or on the MemberMe+ App.

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

(G) - Gym
(PA) - Performing Arts



Times, classes, and locations are subject to change

Tennis Schedule:

Tuesday	Thursday	Saturday
Tennis: Legends 10:30 am-1 pm	Tennis: Legends 10:30 am-1 pm	Tennis: Legends 10:30 am-1 pm

Tennis Court #3 reserved for private lessons
MWF 7:30 a.m.-close, Wed. 3:30 p.m.-close
Thurs. 7:30-10:30 a.m., & Thurs. 1 p.m. to close

Open Gym Schedule:

- Monday: 1 to 3:30 p.m.
6 to 8:00 p.m.
- Tuesday: 1 to 3:30 p.m.
6 to 8:00 p.m.
- Wednesday: 1 to 3:30 p.m.
- Thursday: 1 to 3:30 p.m.
6 to 8:00 p.m.
- Friday: 1 to 3:30 p.m.
6 to 7:00 p.m.
- Saturday: 1 to 3:00 p.m.

Indoor Pickleball Schedule:

All Play
Monday-Saturday 10:30 am-1 pm



hello@centerami.org
(941)778-1908
www.Centerami.org

Center Hours:
Monday-Thursday
7 a.m. - 8 p.m.
Friday
7 a.m. - 7 p.m.
Saturday
8 a.m. - 3 p.m.

Open Outdoor Tennis/Pickleball Courts Schedule:

- Monday: 7 a.m. to 8 p.m.
- Tuesday: 7 a.m. to 9 am and 1 to 5 p.m.
- Wednesday: 7 a.m. to 5 p.m.
- Thursday: 7 a.m. to 9 a.m. and 11 a.m. to 5 p.m.
- Friday: 7 a.m. to 7 p.m.
- Saturday: 8 a.m. to 10:30 am and 1 to 3 p.m.

Closed: Monday, May 27th

Closed in observation of Memorial Day



***Must Pre-Register**

To register for any of the classes or events please contact hello@centerami.org

~Times, classes, and locations are subject to change

Center Hours:

Monday-Thursday
7 a.m. - 8 p.m.

Friday
7 a.m. - 7 p.m.

Saturday
8 a.m. - 3 p.m.



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 407 Magnolia Ave
Anna Maria, FL 34216

MAY 2024

Youth Tennis*

Tuesdays: Drop-in: K-5th: 5-5:45 p.m.
Wednesdays: 2nd-5th: 5-5:45 p.m.
Thursdays: K-5th: 5-5:45 p.m.

Youth Tumbling*

Thursdays
Tots: 3:15-3:45 p.m.
Beginner: 4-4:30 p.m.
Advanced: 4:30-5:15 p.m.

Youth Hip-Hop*

Thursdays
K-5th: 5:30-6:30 p.m.
6th & up: 6:30-7:30 p.m.

Youth Yoga*

Mondays
K-5th: 4 - 5 p.m.

After School & All Day Camps*

Contact youthprograms@centerami.org

Youth Babysitting Class*

Friday, May 29th
9 a.m.- 3 p.m.

Summer Camp*

Summer My Way: K-5th
Adventure Time: 6th-9th
Specialty Camps: For all ages
Starts June 3rd
www.centerami.org/summercamp
Contact youthprograms@centerami.org

Ice Bath Wednesdays

Wednesdays | 9 a.m.-12 p.m.

Adult Book Club

The Second Monday of every Month at 2 p.m.
May 13th Book:
Daisy Jones & The Six
By: Taylor Jenkins Reid

Senior Outings*

May 7th
Dali Museum

Beach Clean-up

May 4th | 9 -11 am

88 Keys: Piano Lessons*

Tuesdays/Thursdays
30 minutes lessons
between 3:30 - 6:30 p.m.

Pickleball Lessons*

Lessons with Josh, (941) 518-0655.
Lessons with Janet, (813) 625-4356.

Tennis Lessons*

Tennis Pro EJ: (941) 725-9273.
Tennis Pro Cody: richardcwright85@gmail.com

Ladies Tennis Clinics*

Starting May 7
Tuesdays 9-10:30 am

Sports Leagues Coming soon*

Youth Indoor
Adult Flag Football
contact: sports@centerami.org