

Group Fitness Schedule:

APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45-8:45 a.m. (G) Strength, Flexibility & Core	7-7:45 a.m. (G) Active Isolated Stretching	7:45-8:45 a.m (G) Cardio, Core & More	8-9 a.m. (G)* Gutts & Butts	7:45-8:45 a.m. (G) Balance, Core & Stretch	8:15-9:15 a.m. (PA)* Vinyasa Yoga
	8 - 9 a.m. (G)* Total Body Conditioning	9 - 10 a.m. (G) Tai Chi	8:30-9:30 a.m. (PA)* Vinyasa Yoga	7:45-8:45 a.m (PA) Power Flow Yoga	
	8:30- 9:30 a.m. (PA)* Vinyasa Yoga	9:15 - 10:15 a.m. (PA)* Indoor Cycle (No Class April 3rd)	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9:15-10:15 a.m. (G) Tai Chi	
9:15-10:15 a.m. (G) All Levels Yoga	9:15-10:15 a.m. (G) Pilates/Yoga Mix	10:30- 11 a.m. (Turf) Body Blast			
	1 - 2 p.m. (PA)* Pedaling for Parkinsons	10:30- 11:15 a.m. (PA)* Foundation Training	1 - 2 p.m. (PA)* Adaptive Yoga	9:15-10:15 a.m. (PA)* Indoor Cycle (No Class April 5th)	9:15-10:15 a.m. (G) Iron Yoga
		11:30 a.m. - 12:30 p.m. (Turf) Rebot 60			
5:30-6:30 p.m. (PA)* Amped All Levels Yoga					

*Must pre-register for classes held in Performing Arts Room (PA) at the front desk or on the MemberMe+ App.
Fitness classes normally held in gym on 4/6, 4/19 & 4/26 will be held in a different location and will require pre-registration

For the most up to date schedule visit <https://centerami.ezfacility.com/Sessions>

(G) - Gym
 (PA) - Performing Arts

Indoor Pickleball Schedule:

No inside pickleball 4/6, 4/19 or 4/26

Advance/ Intermediate	Beginners
Monday-Saturday 10:30 am-12 pm	Monday-Saturday 12 pm-2 pm

Tennis Schedule:

Tennis Court #3 reserved for private lessons MWF 7:30 a.m.-close,
 Wed. 3:30 p.m.-close Thurs. 7:30-10:30 a.m., & Thurs. 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
Pickleball All Play 10:30-2pm	Tennis: Legends 10:30 am-1 pm	Pickleball All Play 10:30-2pm	Tennis: Legends 10:30 am-1 pm	Pickleball All Play 10:30-2pm	Tennis: Legends 10:30 am-1 pm

Open Gymnasium Schedule:
 No open gym 4/5, 4/6, 4/18, 4/19, 4/25, or 4/26
 Monday: 2 to 3:30 p.m. and 6 to 8 p.m.
 Tuesday: 2 to 3:30 p.m. and 6 to 8 p.m.
 Wednesday: 2 to 3 p.m.
 Thursday: 2 to 3:30 p.m. and 6 to 8 p.m.
 Friday: 2 to 3:30 p.m. and 6 to 7 p.m.
 Saturday: 2 to 3 p.m.

Times, classes, and locations are subject to change

Open Outdoor Courts Schedule:
 Monday: 2 to 8 p.m.
 Tuesday: 1 to 5 p.m.
 Wednesday: 2 to 5 p.m.
 Thursday: 1 to 5 p.m.
 Friday: 2 to 7 p.m.
 Saturday: 1 to 3 p.m.



hello@centerami.org
 (941)778-1908
 www.Centerami.org

Center Hours:
 Monday-Thursday
 7 a.m. - 8 p.m.
 Friday
 7 a.m. - 7 p.m.
 Saturday
 8 a.m. - 3 p.m.

Bradenton Gulf Island Concert Series:
Tickets now on sale!*

Apr. 6th : Co-Founder of The Beach Boys
Al Jardine and his Endless Summer Band

Giving Challenge

APRIL 9 – 10 NOON TO NOON

Pickleball Lessons

Lessons with Josh, (941) 518-0655.
Lessons with Janet, (813) 625-4356.

Tennis Lessons

Tennis Pro EJ: (941) 725-9273.
Tennis Pro Cody: richardcwright85@gmail.com

Center Hours:

Monday-Thursday
7 a.m. - 8 p.m.

Friday
7 a.m. - 7 p.m.

Saturday
8 a.m. - 3 p.m.



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407 Magnolia Ave
Anna Maria, FL 34216

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Youth Tennis*

Tuesdays: Drop-in: K-5th: 5-5:45 p.m.
Wednesdays: 2nd-5th: 5-5:45 p.m.
Thursdays: K-5th: 5-5:45 p.m.

Youth Tumbling*

Thursdays
Tots: 3:15-3:45 p.m.
Beginner: 4-4:30 p.m.
Advanced: 4:30-5:15 p.m.

Youth Hip-Hop*

Thursdays
K-5th: 5:30-6:30 p.m.
6th & up: 6:30-7:30 p.m.

Youth Yoga*

Mondays
K-5th: 4 - 5 p.m.

After School & All Day Camps*

Contact youthprograms@centerami.org

Youth Babysitting Class*

Friday, May 29th
9 a.m.- 3 p.m.

Summer Camp*

Starts June 3rd
Contact youthprograms@centerami.org

*Must Pre-Register

To register for any of the classes or events please
contact hello@centerami.org

~Times, classes, and locations are subject to change

Ice Bath Wednesdays

Wednesdays | 9 a.m.-12 p.m.

OneBlood Blood Drive

April 8th | 8:30 a.m.-1:30 p.m.

Adult Book Club

The Second Monday of every Month at 2 p.m.
April 8th Book:
Someone Else's Bucket List
by Amy T. Matthews

Senior Outings*

Friday, April 12th
9:15 a.m.- 2:30 p.m.
St. Pete Pier

Family Fun Night

April 12th | 6 - 8 p.m.

Beach Clean-up

April 13th | 9 -11 a.m.

88 Keys: Piano Lessons*

Tuesdays/Thursdays
30 minutes lessons
between 3:30 - 6:30 p.m.

Dog Training*

4 week Session: April 17 & 24 and May 1 & 8
Wednesdays 6 - 7:30 p.m.

Yoga Nidra & Crystal Singing Bowl Sound Bath*

Tuesdays 6 - 7 p.m.