

# Group Fitness Schedule:

# MARCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45-8:45 a.m. (G) Strength, Flexibility & Core	7-7:45 a.m. (G) Active Isolated Stretching	7:45-8:45 a.m (G) Cardio, Core & More	8-9 a.m. (G)* Gutts & Butts	7:45-8:45 a.m. (G) Balance, Core & Stretch	8:15-9:15 a.m. (PA)* Vinyasa Yoga
8-9 a.m. (PA)* Cardio Barre	8-9 a.m. (G)* Total Body Conditioning	8-9 a.m. (PA)* Cardio Barre	8:30-9:30 a.m. (PA)* Vinyasa Yoga	7:45-8:45 a.m (PA) Power Flow Yoga	
9:15-10:15 a.m. (PA)* Cycle and Sculpt	8:30- 9:30 a.m. (PA)* Vinyasa Yoga	9-10 a.m (G) Tai Chi	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (G) Tai Chi (no class 3/1)	9:15-10:15 a.m. (G) Iron Yoga
9:15-10:15 a.m. (G) All Levels Yoga	9:15-10:15 a.m. (G) Pilates/Yoga Mix		9:15-10:15 a.m. (PA)* Indoor Cycle	1 - 2 p.m. (PA)* Adaptive Yoga	
	1 - 2 p.m. (PA)* Pedaling for Parkinsons	5:30-6:30 p.m. (PA)* Amped All Levels Yoga (starts March 13th)	2:30 - 3:30pm (PA)* Beginning Line Dancing		
			3:30 - 4:30pm (PA)* Intermediate Line Dancing		

\*Must pre-register for classes held in Performing Arts Room (PA) & Training Room (TR) at the front desk or on the MemberMe+ App.  
**Fitness classes normally held in gym on 3/1, 3/2, & 3/23 will be held in a different location and will require pre-registration**

## Pickleball Schedule: No inside pickleball 3/1, 3/2, 3/22, & 3/23

Advance/ Intermediate	Beginners
Monday-Saturday 10:30 am-12 pm	Monday-Saturday 12 pm-2 pm

For the most up to date schedule visit  
<https://centerami.ezfacility.com/Sessions>

(G) - Gym  
 (PA) - Performing Arts

## Open Outdoor Courts Schedule:

Monday: 2 to 8 p.m.  
 Tuesday: 1 to 5 p.m.  
 Wednesday: 2 to 5 p.m.  
 Thursday: 1 to 5 p.m.  
 Friday: 2 to 7 p.m.  
 Saturday: 1 to 3 p.m.

For Open Gymnasium times please call  
 The Center at  
 (941)778-1908

## Tennis Schedule:

Tennis Court #3 reserved for private lessons MWF 7:30 a.m.-close,  
 Wed. 3:30 p.m.-close Thurs. 7:30-10:30 a.m., & Thurs. 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
Pickleball All Play 10:30-2pm	Tennis: Legends 10:30 am-1 pm	Pickleball All Play 10:30-2pm	Tennis: Legends 10:30 am-1 pm	Pickleball All Play 10:30-2pm	Tennis: Legends 10:30 am-1 pm

✉ customerservice@centerami.org  
 ☎ (941)778-1908  
 🌐 www.Centerami.org



Bradenton Gulf Island Concert Series:  
Tickets now on sale!\*

Apr. 6th : Al Jardine (The Beach Boys)

Murder Mystery:

Friday, March 1 & Saturday, March 2

AMI St. Patrick's Day Parade

Sunday, March 17th 4pm-6pm

Wine Tasting

Saturday, March 23rd

**Center Hours:**

**Monday-Thursday**  
7 a.m. - 8 p.m.

**Friday**  
7 a.m. - 7 p.m.

**Saturday**  
8 a.m. - 3 p.m.



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 407 Magnolia Ave  
Anna Maria, FL 34216

**League Sports\***

Youth Soccer: Reg by March 15th  
Adult Soccer: Reg by March 8th  
Adult Basketball: Reg by March 23rd  
For more info: recreation@centerami.org

**Pickleball Lessons**

Lessons with Josh, (941) 518-0655.  
Lessons with Janet, (813) 625-4356.

**Tennis Lessons**

Tennis Pro EJ: (941) 725-9273.  
Tennis Pro Cody: richardcwright85@gmail.com

**Youth Tennis\***

Tuesdays: Drop-in: K-5th: 5-5:45 p.m.  
Wednesdays: 2nd-5th: 5-5:45 p.m.  
Thursdays: K-5th: 5-5:45 p.m.

**Youth Tumbling\***

Thursdays  
Tots: 3:35-3:45 p.m.  
Beginner: 4-4:30 p.m.  
Advanced: 4:30-5:15 p.m.

**Youth Hip-Hop\***

Thursdays  
K-5th: 5:30-6:30 p.m.  
6th & up: 6:30-7:30 p.m.

**After School & All Day Camps\***

Contact youthprograms@centerami.org

**Spring Break Camp**

March 25th -29th  
Contact youthprograms@centerami.org

**MARCH 2024**

**Ice Bath Wednesdays**

Wednesdays | 9 a.m.-12 p.m.

**Youth Babysitting Class\***

Friday, March 15th  
9 a.m.- 3 p.m.

**Dog Training\***

Session 1: March 20 & 27 and April 3 & 10  
Session 2: April 17 & 24 and May 1 & 8  
Wednesdays 6 - 7:30 p.m.

**Adult Book Club**

The Second Monday of every Month  
at 2 p.m.  
1st meeting: March 11th  
Book: Educated by Tara Westover

**Gulf Shellfish Institute Talk**

Wednesday, March 20th  
3:30 - 4:15 p.m.  
FREE

**88 Keys: Piano Lessons\***

Tuesdays/Thursdays  
30 minutes lessons  
between 3:30 - 6:30 p.m.

**\*Must Pre-Register**

To register for any of the classes or events  
please contact  
customerservice@centerami.org

\*Times, classes, and locations are subject to  
change