

Group Fitness Schedule:

FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45-8:45 a.m. (G) Strength, Flexibility & Core	7-7:45 a.m. (G) Active Isolated Stretching	7:45-8:45 a.m (G) Cardio, Core & More	8-9 a.m. (G)* Gutts & Butts	7:45-8:45 a.m. (G) Balance, Core & Stretch	8:15-9:15 a.m. (PA)* Vinyasa Yoga
8-9 a.m. (PA)* Cardio Barre	8-9 a.m. (G)* Total Body Conditioning	8-9 a.m. (PA)* Cardio Barre	8:30-9:30 a.m. (PA)* Vinyasa Yoga	7:45-8:45 a.m (PA) Power Flow Yoga	
9:15-10:15 a.m. (PA)* Cycle and Sculpt	8:30- 9:30 a.m. (PA)* Vinyasa Yoga	9-10 a.m (G) Tai Chi	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (G) Tai Chi	9:15-10:15 a.m. (G) Iron Yoga
9:15-10:15 a.m. (G) All Levels Yoga	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9:15-10:15 a.m. (PA)* Indoor Cycle	9:15-10:15 a.m. (PA)* Indoor Cycle (starts 2.8)	9:15-10:15 a.m. (PA)* Indoor Cycle	
	1 - 2 p.m. (PA)* Pedaling for Parkinsons		1 - 2 p.m. (PA)* Adaptive Yoga		
			2:30 - 3:30pm (PA)* Beginning Line Dancing (starts 2.8)		
			3:30 - 4:30pm (PA)* Intermediate Line Dancing (starts 2.8)		

*Must pre-register for classes held in Performing Arts Room (PA) & Training Room (TR) at the front desk or on the MemberMe+ App.

Fitness classes normally held in gym on 2/17, 2/23, 2/28, 2/29, 3/1, & 3/2 will be held in a different location and will require pre-registration

Pickleball Schedule: No inside pickleball 2/17, 2/23, 2/28, 2/29, 3/1, & 3/2

Advanced play	All levels play
Monday-Saturday 10:30 am-11:30 am	Monday-Saturday 11:30 am-1 pm

For the most up to date schedule visit
<https://centerami.ezfacility.com/Sessions>

(G) - Gym
(PA) - Performing Arts

Open Outdoor Courts Schedule:

Monday: 1 to 8 p.m.
Tuesday: 1 to 5 p.m.
Wednesday: 1 to 5 p.m.
Thursday: 1 to 5 p.m.
Friday: 1 to 7 p.m.
Saturday: 1 to 3 p.m.

For Open Gymnasium times please call
The Center at
(941)778-1908

Tennis Schedule: Tennis Court #3 reserved for private lessons MWF 7:30 a.m.-close, Wed. 3:30 p.m.-close Thurs. 7:30-10:30 a.m., & Thurs. 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
	Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm

✉ customerservice@centerami.org
☎ (941)778-1908
🌐 www.Centerami.org



**Bradenton Gulf Island Concert Series:
Tickets now on sale!***

Feb. 23rd: Guess Who Alumni
Apr. 6th : Al Jardine (The Beach Boys)

For tickets visit centerami.org/events

**Murder Mystery:
Save the date**

Friday, March 1 & Saturday, March 2

Center Hours:

Monday-Thursday

7 a.m. - 8 p.m.

Friday

7 a.m. - 7 p.m.

Saturday

8 a.m. - 3 p.m.



 customerservice@centerami.org

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 www.Centerami.org

 407 Magnolia Ave
Anna Maria, FL 34216

Pickleball Lessons

Lessons with Josh,
call (941) 518-0655.

Lessons with Janet,
call (813) 625-4356.

Tennis Lessons

With Tennis Pro EJ.
Contact EJ: (941) 725-9273.

With Tennis Pro Cody
Contact Cody: richardcwright85@gmail.com

Youth Tennis*

Tuesdays: Drop-in: K-5th: 5-5:45 p.m.
Wednesdays: 2nd-5th: 5-5:45 p.m.
Thursdays: K-5th: 5-5:45 p.m.

Youth Tumbling*

Thursdays
Tots: 3:35-3:45 p.m.
Beginner: 4-4:30 p.m.
Advanced: 4:30-5:15 p.m.

Youth Hip-Hop*

Thursdays
K-5th: 5:30-6:30 p.m.
6th & up: 6:30-7:30 p.m.

After School & All Day Camps*

Contact youthprograms@centerami.org

***Must Pre-Register**

To register for any of the classes or
events please contact
customerservice@centerami.org

*Times, classes, and locations are
subject to change

FEBRUARY 2024

Ice Bath Wednesdays

Wednesdays | 9 a.m.-12 p.m.

Senior Hands Only CPR*

Wednesday, Feb. 7th
10:30 a.m.- 12 p.m.

Adult Tap Dancing*

Thursdays 4:30-5:30 p.m.
Starts Feb. 8th

Krav Maga Self-Defense*

All Ages (13+): Monday, Feb. 19th
Must register by Feb. 15th

Seniors: Wednesday, Feb. 21st
Must register by Feb. 17th

**Optimize Your Life
Parkinson's**

Wednesday, Feb. 14th
10:30 a.m.- 12 p.m.
FREE

Oyster River Ecology Talk

Wednesday, Feb. 21st
1:30 - 2:30 p.m.
FREE

88 Keys: Piano Lessons*

Tuesdays/Thursdays
30 minutes lessons
between 3:30 - 6:30 p.m.