

Group Fitness Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45-8:45 a.m. (G) Strength, Flexibility & Core	7-7:45 a.m. (G) Active Isolated Stretching	7:45-8:45 a.m (G) Cardio, Core & More	8-9 a.m. (G)* Gutts & Butts	7:45-8:45 a.m. (G) Balance, Core & Stretch	8:15-9:15 a.m. (PA)* Vinyasa Yoga
8-9 a.m. (PA)* Cardio Barre	8-9 a.m. (G)* Total Body Conditioning	8-9 a.m. (PA)* Cardio Barre (classes start 1.10.24)		7:45-8:45 a.m (PA) Power Flow Yoga	
9:15-10:15 a.m. (PA)* Cycle and Sculpt	8:30- 9:30 a.m. (PA)* Vinyasa Yoga	9-10 a.m (G) Tai Chi	8:30-9:30 a.m. (PA)* Vinyasa Yoga	9-10 a.m. (G) Tai Chi	9:15-10:15 a.m. (G) Iron Yoga
9:15-10:15 a.m. (G) All Levels Yoga	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9:15-10:15 a.m. (PA)* Indoor Cycle	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9:15-10:15 a.m. (PA)* Indoor Cycle	
	1 - 2 p.m. (PA)* Pedaling for Parkinsons		1 - 2 p.m. (PA)* Adaptive Yoga (no class 1.4.24)		

*Must pre-register for classes held in Performing Arts Room (PA) & Training Room (TR) at the front desk or on the MemberMe+ App.

Fitness classes normally held in gym on 1.13.24 & 1.26.24 will be held outside.

Pickleball Schedule: No inside pickleball 1.13.24 or 1.26.24

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 am-1 pm	10:30 am-1 pm	10:30 am-1 pm	10:30 am-1 pm	10:30 am-1 pm	10:30 am-1 pm

Tennis Schedule: Tennis Court #3 reserved for private lessons MWF 7:30 a.m.-close, Wed. 3:30 p.m.-close Thurs. 7:30-10:30 a.m., & Thurs. 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
	Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm

For the most up to date schedule visit
<https://centerami.ezfacility.com/Sessions>

(G) - Gym
(PA) - Performing Arts

Open Outdoor Courts Schedule:
Monday: 1 to 8 p.m.
Tuesday: 1 to 8 p.m.
Wednesday: 1 to 3 p.m.
Thursday: 1 to 3 p.m.
Friday: 1 to 7 p.m.
Saturday: 1 to 3 p.m.

Open Gymnasium Schedule:
Monday-Saturday: 1 to 3 p.m.
Mon/Tu/Wed: 6 to 8 p.m.
Friday: 6 to 7 p.m.
*No open gym: 1.13.24 or 1.26.24
*No open gym 1 to 3 p.m: Jan 2-8, 15

✉ customerservice@centerami.org

☎ (941)778-1908

🌐 www.Centerami.org

**Bradenton Gulf Island Concert Series:
Tickets now on sale!***

Jan. 13th : Foghat
Jan. 26th : A.J. Croce
Feb. 23rd: Guess Who Alumni
Apr. 6th : Al Jardine (The Beach Boys)

For tickets visit centerami.org/events

Center Hours:
Monday-Thursday
7 a.m. - 8 p.m.
Friday
7 a.m. - 7 p.m.
Saturday
8 a.m. - 3 p.m.



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 407 Magnolia Ave
Anna Maria, FL 34216

Youth Yoga*

Mondays 4pm-5pm
Session Jan. 22nd-Feb. 12th

Youth Tennis*

Tuesdays: Drop-in: K-5th: 5-5:45 p.m.
Wednesdays: 2nd-5th: 5-5:45 p.m.
Thursdays: K-5th: 5-5:45 p.m.
Sessions start Jan. 2nd & 30th

Youth Tumbling*

Thursdays
Tots: 3:35-3:45 p.m.
Beginner: 4-4:30 p.m.
Advanced: 4:30-5:15 p.m.
Session 1: Jan. 11-Feb. 29

Youth Hip-Hop*

Thursdays
K-5th: 5:30-6:30 p.m.
6th & up: 6:30-7:30 p.m.
Session starts Jan. 4th

Terrific Tots Time

Thursdays
9-10am
FREE

After School & All Day Camps*

Contact youthprograms@centerami.org

***Must Pre-Register**

To register for any of the classes or events please contact customerservice@centerami.org

JANUARY 2024

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Dink & Drink: Adult Pickleball

Wednesdays | 6 - 8 p.m.

Pickleball Lessons

Lessons with Josh, call (941) 518-0655.
Lessons with Janet, call (813) 625-4356.

Tennis Lessons

With Tennis Pro EJ.
Contact EJ: (941) 725-9273.

With Tennis Pro Cody
Contact Cody: richardowright85@gmail.com

Ice Bath Wednesdays

Wednesdays | 9 a.m.-12 p.m.

Healing Strong Support Group

Wednesday 6:30-8 p.m.
1.3.24, 2.7.24, 3.6.23 & 4.3.23
FREE

Suddenly in Command

Saturday, January 27th
9am-1pm

Devs Bevs Breath and Yoga Under the Stars

Wednesday, January 31st
8:30 -9:30 p.m.