

Group Fitness Schedule:

10.26.23	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-8 AM	7:45-8:45 a.m. (G) Strength, Flexibility & Core	7-7:45 a.m. (G)* Active Isolated Stretching	7:45-8:45 a.m. (PA)* Vinyasa Yoga		7:45-8:45 a.m. (G) Balance, Core & Stretch	
8-9 AM		8-8:30 & 8:30 a.m. (TR)* 30-min Body Blast	7:45am-8:45 a.m. (G) Cardio, Core & More	8-9 a.m. (G)* Gutts & Butts	7:45-8:45 a.m (PA) Power Flow Yoga	8:15-9:15 a.m. (PA)* Vinyasa Yoga
9-10 AM	8-8:30 & 8:30-9 a.m. (TR)* 30-Min Body Blast	8-9 a.m. (G)* Total Body Conditioning	8-8:30 & 8:30-9 a.m. (TR)* 30-Min Body Blast		9-10 a.m. (G) Tai Chi	9-10 a.m. (G) Tai Chi
	9:15-10:15 a.m. (PA)* All Levels Yoga Starts 11/13	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (G) Tai Chi	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9:15-10:15 a.m. (PA)* Indoor Cycle No Class 11/10	9:15-10:15 a.m. (G) Iron Yoga
			9:15-10:15 a.m. (PA)* Indoor Cycle No class 11/29		9:15-10:15 a.m. (PA)* Indoor Cycle No Class 11/10	
11 AM-1 PM	11:30 a.m.-12:30 p.m. (TR)* Reboot 60		11:30 a.m.-12:30 p.m. (TR)* Reboot 60		11:30 a.m.-12:30 p.m. (TR)* Reboot 60	
4pm-5pm	4:30-5 p.m. (TR)* 30-Min Body Blast			4:30-5 p.m. (TR)* 30-Min Body Blast		

*Must pre-register for classes held in Performing Arts Room (PA) & Training Room (TR) at the front desk or on the MemberMe+ App. Please arrive to your class before the start time. No one is allowed to enter a class 10 minutes after its start time.

Pickleball Schedule: The Center will be closed November 23-25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 am-1 pm					

Follow this link for the most updated schedule:
<https://centerami.ezfacility.com/Sessions>

(G) - Gym
(PA) - Performing Arts
(TR) - Training Room

Tennis Schedule:

Tennis Court #3 reserved for private lessons MWF 7:30 a.m.-close, Thursdays 7:30-10:30 a.m., Thursdays 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
	Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm

Open Outdoor Courts Schedule:

Monday: 1 to 8 p.m.
Tuesday: 1 to 8 p.m.
Wednesday: 1 to 6 p.m.
Thursday: 1 to 8 p.m.
Friday: 1 to 7 p.m.
Saturday: 1 to 3 p.m.

Open Gymnasium Schedule:

Monday-Saturday: 1 to 3 p.m.
Tu/We/Thu: 6 to 8 p.m.
Friday: 6 to 7 p.m.

Center Hours:

M-TH 7 a.m. - 8 p.m. Friday 7 a.m. - 7 p.m. Saturday 8 a.m. - 3 p.m.

Center Hours:

M-TH
7 a.m. - 8 p.m.
Friday
7 a.m. - 7 p.m.
Saturday
8 a.m. - 3 p.m.



407 Magnolia Ave
(941) 778-1908

info@centerami.org

www.centerami.org

See other side for daily class schedules. Classes and programs may change. Visit www.centerami.org for latest calendar.



Center Closed

Nov. 23-25

Pickleball Lessons

Sign up for pickleball lessons with Josh or Janet.

To schedule with Josh, call (941) 518-0655.

To schedule with Janet, call (813) 625-4356.

Tennis Lessons

With Tennis Pro EJ. For more info: Contact EJ @ (941) 725-9273.

Dink & Drink: Adult Pickleball

Wednesdays | 6:30 - 8:30 p.m.

Pedaling for Parkinsons*

Tuesdays | 1 - 2 p.m.

Adaptive Yoga*

Thursdays | 1 - 2 p.m.

Full Moon Yoga

Wednesday, Nov. 29th
8:30 - 9:30 p.m.

Proceeds Benefit the Anna Maria Island Turtle Watch and Shorebird Monitoring

Beach Clean-up

Saturday, Nov. 4th
9 a.m. - 11 a.m.

Community Celebration

Celebrating 65 years together
Friday, Nov. 10th
6 - 8 p.m.

smiledeep Soccer Tournament*

Saturday, Nov. 11th
Starting at 9 a.m.
For more info: culture@centerami.org

Lester Family Fun Day

Saturday, Dec. 2nd
10:30 a.m.-2 p.m.

Bradenton Gulf Island Concert Series: Tickets now on sale!*

Dec. 9th
Simply Queen

Jan. 13th
Foghat

Feb. 23rd
Guess Who Alumni

Apr. 6th
Al Jardin (The Beach Boys)

Youth Classes/Programs

Visit Centerami.org
or email youthprograms@centerami.org
for information on our Youth Classes/Programs

Ice Bath Wednesdays

Wednesdays | 9 a.m.-12 p.m.

Tech Tuesday Helpdesk

Tuesdays | 8 - 10:30 a.m.

Healing Strong Cancer Support Group

Wednesdays | Upcoming Dates:
Nov. 1st & Dec. 6th
6:30-8 p.m.
FREE

Healthy Hearing: Education Seminar

Friday, Nov. 3rd
10 a.m. -11 a.m.
FREE

General AED/CPR Certification Class*

Wednesday, Nov. 8th
10:30 a.m. - 1:30 p.m.
Must register by 11.2.23

Osteoporosis Management and Prevention Workshop

Thursday, Nov. 2nd
10:30 a.m. - 12 p.m.
FREE

***Must Pre-Register**

To register for any of the classes or events please contact customerservice@centerami.org