

Group Fitness Schedule:

JULY 2023

7/11	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-8 AM	7:45-8:45 a.m. (PA)* Strength, Flexibility & Core	7-7:45 a.m. (PA)* Active Isolated Stretching	7:45-8:45 a.m. (PA)* Cardio, Core & More		7:45-8:45 a.m. (PA)* Balance, Core, & Stretch	
8-9 AM	8-8:30 & 8:30-9 a.m. (TR)* 30-min Body Blast	8-8:30 & 8:30-9 a.m. (TR)* 30-min Body Blast	8-8:30 & 8:30-9 a.m.(TR)* 30-min Body Blast	8-9 a.m. (PA)* Gutts & Butts		**Starting 7/22** 8:15-9:15 a.m. (PA)* Smooth Flow Yoga
9-10 AM	9:15-10:15 a.m. (PA)* Total Recovery (Formerly iRestore/Rollassage)	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (PA)* Tai Chi 9:15-10:15 a.m. (TR)* Group Indoor Cycle	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (PA)* Tai Chi	9:15-10:15 a.m. (G) Iron Yoga
11 AM-1 PM	11:30 a.m.-12:30 p.m. (TR)* Reboot 60		11:30 a.m.-12:30 p.m. (TR)* Reboot 60		11:30 a.m.-12:30 p.m. (TR)* Reboot 60	
4-5 PM	4:30-5 p.m. (TR)* 30-Min Body Blast			4:30-5 p.m. (TR)* 30-Min Body Blast		

*Must pre-register for classes held in Performing Arts Room (PA) & Crossfit Room (CF) at the front desk or on the MemberMe+ App. Please arrive to your class before the start time, no one is allowed to enter a class 10 minutes after its start time.

(G) - Gym
(PA) - Performing Arts
(TR) - Training Room

*Must Pre-Register
Additional Fees

Pickleball Schedule: (Gymnasium & Outside)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-9 am All Play	7-9 am All Play	7-9 am All Play	7-9 am All Play	10:30 am-1 pm All Play *7-10 am on 7/28*	10:30 am-1 pm All Play
OUTSIDE 10:30 am-1 pm		OUTSIDE 10:30 am-1 pm		OUTSIDE 10:30 am-1 pm	

The Center will be closed Tuesday, July 4 for Independence Day and August 7-12 for maintenance and training.

Follow this link for the most updated schedule:
<https://centerami.ezfacility.com/Sessions>

Tennis Schedule:

Tennis Court #3 reserved for private lessons MWF 7:30-8 p.m., Thursdays 7:30-10:30 a.m., Thursdays 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
	Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm

Open Outdoor Courts Schedule:
Monday: 1 to 8 p.m.
Tuesday: 1 to 8 p.m.
Wednesday: 1 to 6 p.m.
Thursday: 1 to 8 p.m.
Friday: 1 to 7 p.m.
Saturday: 1 to 3 p.m.

Open Gymnasium Schedule:
Wednesday: 6 to 8 p.m.
Thursday: 6 to 8 p.m.
Friday: 1 to 2 and 6 to 7 p.m.
Saturday: 1 to 3 p.m.

Center Hours:
M-TH 7 a.m. - 8 p.m. Friday 7 a.m. - 7 p.m. Saturday 8 a.m. - 3 p.m.



Summer My Way/Adventure Time Teen Camp*

Kindergarten-5th Grade
6th-9th Grade
June 5-August 4

Register by: Thursday before care
More info: centerami.org/summercamp/

mBot Robot Camp*

3rd-5th Grade
July 17th-20th
Monday-Thursday | 9 a.m.-12 p.m.
Cost: \$165 Member | \$190 Non-Member
Register by: Thursday, July 13th

Kreative Kids Acting Camp*

Kindergarten-6th Grade | July 17-20th & July 24-27
Monday-Thursday | 9 a.m.-12 p.m.
+ Friday, July 28th from 6-6:30 p.m.
Cost: \$260 Member | \$275 Non-Member
Register by: Thursday, July 13th

Babysitting Class*

6th-9th Grade | Wednesday, July 19
9 a.m.-3 p.m.
Cost: \$85 Member | \$100 Non-Member
Register by: Friday, July 14th

Youth Fishing Camp*

Kindergarten-6th Grade | July 24-27
Kindergarten-2nd Grade: 9-10:30 a.m.
3rd-6th Grade: 10:45 a.m.-12:15 p.m.
Cost: \$90 Member | \$105 Non-Member
Register by: Thursday, July 20th

Youth Volleyball Camp*

5th-9th Grade | July 24-27 | Monday-Thursday
Beginners: 4-6 p.m. | Intermediate: 6-8 p.m.
Cost: \$100 Member | \$125 Non-Member
Register by: Thursday, July 20th

Youth/Teen Soccer Camp*

Kindergarten-5th Grade
July 3-7, July 10-14, July 17-21, July 24-28, July 31-Aug 4
Monday-Thursday | 2-4 p.m.
Cost: \$130 Member | \$155 Non-Member
Register by: Thursday before care
6th-9th Grade
Workshop 2: Monday, July 17th
10 a.m.-12 p.m.
Cost: \$40 Member | \$50 Non-Member
Register by: Thursday, July 13th

Ice Bath Wednesdays

July 5-26 | Wednesdays
9 a.m.-12 p.m.
Cost: \$10 Member | \$15 Non-Member

Paddling Workshop*

Friday, July 14
9 a.m.-1 p.m.
Cost: \$15 Member | \$20 Non-Member
Register by: Thursday, July 6

Save the Date: LaPensee Bowling Tournament

Saturday, September 9
More Info Coming Soon!

Pedaling for Parkinsons*

July 13-August 31 | Thursdays | 1-2 p.m.

Pickleball Lessons

Interested in learning how to play pickleball?
Sign up for pickleball lessons with Josh or Janet.
To schedule with Josh, call (941) 518-0655.
To schedule with Janet, call (813) 625-4356.

Youth Soccer

September 5-November 7
Evaluations: Monday, August 21 @ 6:30 p.m.
11-13Y & 14-17Y
Tuesday, August 22 @ 6:30 p.m.
8-10 Y
(No evaluations for 3-5Y and 6-7Y)
Games played: Monday & Tuesday
Cost: \$20 Member | \$150 Non-Member
Register by: Friday, August 18

Adult Soccer

September 7-November 9
Evaluations/Pickup Game: August 16 @ 6 p.m.
Games played: Thursday
Cost: \$20 Member | \$130 Non-Member
Register by: Tuesday, August 15

Adult Basketball

September 18-November 20
Evaluations: Monday, September 4 - Time TBD
Games played: Monday
Cost: \$20 Member | \$100 Non-Member
Register by: Friday, September 1

Youth Basketball

September 30-November 18
Evaluations: Wednesday, September 13 - Time TBD
Games played: Saturday
Cost: \$20 Member | \$100 Non-Member
Register by: Friday, September 8th

Dink & Drink Adult Pickleball

Wednesdays | 6:30-8:30 p.m.
Cost: \$5 Member | \$10 Non-Member

Tennis Lessons

With Tennis Pro EJ.
For more info: Contact EJ @ (941) 725-9273

JULY
2023
7/11/23

Center Hours:

M-TH
7 a.m. - 8 p.m.
Friday
7 a.m. - 7 p.m.
Saturday
8 a.m. - 3 p.m.



407 Magnolia Ave
(941) 778-1908
info@centerami.org
www.centerami.org

See other side for
daily class schedules.
Classes and
programs may
change.

***Must Pre-Register**
Additional Fees