

Group Fitness Schedule:

JUNE 2023

5/17	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-8 AM	7:45-8:45 a.m. (PA)* Strength, Flexibility & Core	7-7:45 a.m. (PA)* Active Isolated Stretching	7:45-8:45 a.m. (PA)* Cardio, Core & More		7:45-8:45 a.m. (PA)* Balance, Core, & Stretch	
8-9 AM	8-8:30 & 8:30-9 a.m. (CF)* 30-min Body Blast	8-8:30 & 8:30-9 a.m. (CF)* 30-min Body Blast	8-8:30 & 8:30-9 a.m.(CF)* 30-min Body Blast	8-9 a.m. (PA)* Gutts & Butts		
9-10 AM	9:15-10:15 a.m. (PA)* Total Recovery	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (CF)* Group Indoor Cycle 9-10 a.m. (PA)* Tai Chi	9:15-10:15 a.m. (G) Pilates/Yoga Mix	9-10 a.m. (CF)* Group Indoor Cycle 9-10 a.m. (PA)* Tai Chi	*NEW TIME* 9:15-10:15 a.m. (G) Iron Yoga
11 AM-1 PM	11:30 a.m.-12:30 p.m. (CF)* Reboot 60		11:30 a.m.-12:30 p.m. (CF)* Reboot 60		11:30 a.m.-12:30 p.m. (CF)* Reboot 60	
4-5 PM	4:30-5 p.m. (CF)* 30-Min Body Blast	4:30-5 p.m. (CF)* 30-Min Body Blast		4:30-5 p.m. (CF)* 30-Min Body Blast		

*Must pre-register for classes held in Performing Arts Room (PA) & Crossfit Room (CF) at the front desk or on the MemberMe+ App. Please arrive to your class before the start time, no one is allowed to enter a class 10 minutes after its start time.

(G) - Gym
(PA) - Performing Arts
(CF) - Crossfit

Pickleball Schedule: (Gymnasium & Outside)

*Must Pre-Register # Additional Fees

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-9 am All Play	7-9 am All Play	7-9 am All Play	7-9 am All Play	10:30 am-1 pm All Play	10:30 am-1 pm All Play
OUTSIDE 10:30 am-1 pm		OUTSIDE 10:30 am-1 pm		OUTSIDE 10:30 am-1 pm	

No pickleball or open gymnasium on June 5th and 10th. The Center will close early on June 2nd at 2 p.m.
Follow this link for the most updated schedule: <https://centerami.ezfacility.com/Sessions>

Tennis Schedule:

Tennis Court #3 reserved for private lessons MWF 7:30-8 p.m., Thursdays 7:30-10:30 a.m., Thursdays 1 p.m. to close

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
	Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm

Open Outdoor Courts Schedule:	Open Gymnasium Schedule:
Monday: 1 to 8 p.m.	Thursday: 6 to 8 p.m.
Tuesday: 1 to 8 p.m.	Friday: 1 to 2 and 6 to 7 p.m.
Wednesday: 1 to 6 p.m.	Saturday: 1 to 3 p.m.
Thursday: 1 to 8 p.m.	
Friday: 1 to 7 p.m.	
Saturday: 1 to 3 p.m.	

Center Hours:		
M-TH	Friday	Saturday
7 a.m. - 8 p.m.	7 a.m. - 7 p.m.	8 a.m. - 3 p.m.



**JUNE
2023**

5/17/23

Center Hours:

**M-TH
7 a.m. - 8 p.m.
Friday
7 a.m. - 7 p.m.
Saturday
8 a.m. - 3 p.m.**



**407 Magnolia Ave
(941) 778-1908**

**info@centerami.org
www.centerami.org**

**See other side for
daily class schedules.
Classes and
programs may
change.**

***Must Pre-Register
Additional Fees**



Youth Hip Hop

April 6-June 29th
9 and under: 5:45-6:45 p.m.
10 and older: 6:45-7:45 p.m.
Cost: \$15 Drop-In

CPR & First Aid Certification

Monday, June 2
10:30 a.m.-1:30 p.m.
Register by: Thursday, May 25
Cost: \$90 Member | \$100 Non-Member

Youth Indoor Soccer

Ages 3-4, 5-7, 8-10, 11-14
June 13th-August 8th
Monday & Tuesday games
Register by: Friday, May 26th
Evaluations/Draft:
Ages 11-14: Tuesday, May 30th @ 6 p.m.
Ages 8-10: Wednesday, May 31st @ 6 p.m.
No evaluations for Ages 3-4 and 5-7
Cost: \$10 Member | \$100 Non-Member

**Summer My Way/Adventure
Time Teen Camp**

Kindergarten-5th Grade
6th-9th Grade
June 5-August 4
Register by: Thursday before care
More info: centerami.org/summercamp/

Ice Bath Wednesdays

June 7-28 | Wednesdays
9 a.m.-12 p.m.
Cost: \$10 for member | \$15 Non-Member

Adult Flag Football

June 15th-August 10th
Thursday games
Register by: Tuesday, May 30th
Evaluation Pick Up Game: June 1 at 6 p.m.
Draft: June 1 at 7 p.m.
Cost: \$10 Member | \$120 Member

Interactive Dog Training

Session 2: June 7, June 14, June 21, & June 28
Wednesdays | 6:15-7:30 p.m.
Register by: Thursday, June 1
Cost: \$100 Member | \$120 Non-Member

Youth/Teen Soccer Camp

Kindergarten-5th Grade
June 5-8, June 12-15, June 19-22, June 26-29
Monday-Thursday | 2-4 p.m.
Cost: \$130 Member | \$155 Non-Member
6th-9th Grade
Workshop 1: Monday, June 5
10 a.m.-12 p.m.
Register by: Thursday, June 1
Cost: \$40 Member | \$50 Non-Member

Boating Workshop

Friday, June 16
9 a.m.-1 p.m.
Register by: Thursday, June 8
Cost: \$15 Member | \$20 Non-Member

Adult Kickball

June 19th-August 14th
Monday games | Bring your own team
Register by: Monday, June 5th
Cost: \$10 Member | \$100 Non-Member

Paddling Workshop

Friday, July 14
9 a.m.-1 p.m.
Register by: Thursday, July 6
Cost: \$15 Member | \$20 Non-Member

Dink & Drink Adult Pickleball

Wednesdays | 6:30-8:30 p.m.
Cost: \$5 Member | \$10 Non-Member

Tumbling & Dance Camp

Kindergarten-2nd Grade | Thursday, June 8
10 a.m.-12 p.m.
Register by: Thursday, June 1
3rd-5th Grade | Tuesday, June 13
6th-9th Grade | Thursday, June 15
9:30 a.m.-12 p.m.
Register by: Thursday, June 8
Cost: \$55 Member | \$65 Non-Member

OneBlood Blood Drive

Tuesday, June 20 | 8:30 a.m.-1:30 p.m.
Appointments recommended

Pickleball Lessons

Interested in learning how to play pickleball? Sign up for pickleball lessons with Josh or Janet. To schedule with Josh, call (941) 518-0655. To schedule with Janet, call (813) 625-4356.

Youth Tennis Fundamentals

Kindergarten-6th Grade | June 5-8 | 3-5 p.m.
Register by: Thursday, June 1
Cost: \$175 Member | \$200 Non-Member

July 4 -- Closed

The Center will be closed on Tuesday, July 4. All summer camps and activities are cancelled for this day.

Tennis Lessons

With Tennis Pro EJ.
For more info: Contact EJ @ (941) 725-9273