

Group Fitness Schedule:

MARCH
2023
2/24/23

Center Hours:
M-TH
7 a.m. - 8 p.m.
Friday
7 a.m. - 7 p.m.
Saturday
8 a.m. - 3 p.m.

(G) - Gym
(PA) - Performing Arts
(CF) - Crossfit

***Must Pre-Register**
Additional Fees

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 - 8:45 a.m. (G) Muscle Works	7-7:45 a.m. (G) Active Isolated Stretching	7:45-8:45 a.m. (G) Cardio, Core & More	8-9 a.m. (G) Gutts & Butts	7:45-8:45 a.m. (G) Balance, Core, & Stretch	8:15-9:15 a.m. (PA)* Vinyasa Yoga
7:45-8:45 a.m. (PA) Morning Soul Flow		7:45-8:45 a.m. (PA)* Vinyasa Yoga - All Levels		7:45-8:45 a.m. (PA)* Cardio Barre	
8-8:30 & 8:30-9 a.m. (CF)* 30-Min Body Blast (NO CLASS 3/27)	8-8:30 & 8:30-9 a.m. (CF)* 30-min Body Blast	8-8:30 & 8:30-9 a.m.(CF)* 30-min Body Blast		9-10 a.m. (G) Tai Chi	
9-10 a.m. (PA)* Cycle and Sculpt	8-9 a.m. (G)	9-10 a.m. (G) Tai Chi	9:15-10:15 a.m. & 10:30-11:30 a.m. (PA)*	9-10 a.m. (PA)* Group Indoor Cycle	9-10 a.m. (G) Iron Yoga
9-10 a.m. (G) Monday Sweat Fest	Total Body Conditioning	9-10 a.m. (PA)* Group Indoor Cycle	iRestore (NO CLASS 3/2)	9-10 a.m. (PA)* Group Indoor Cycle	
10:15-11:15 a.m. (PA)* Cardio Barre		10:15-11:15 a.m.(PA)* Cardio Barre		10:15-11:15 a.m. (PA)*	
10:15-11:15 a.m. (G) Cardio FUNction	9:15-10:15 a.m. (G) Pilates/Yoga Mix	10:15-11:15 a.m. (G) Cardio FUNction	9:15-10:15 a.m. (G) Pilates/Yoga Mix	Vinyasa Yoga - All Levels	
11:30 a.m.-12:30 p.m. (CF)* Reboot 60		11:30 a.m.-12:30 p.m. (CF)*		11:30 a.m.-12:30 p.m. (CF)* Reboot 60	
4:30-5 p.m. (CF)* 30-Min Body Blast (NO CLASS 3/27)	4:30-5 p.m. (CF)* 30-Min Body Blast	Reboot 60	4:30-5 p.m. (CF)* 30-Min Body Blast (NO CLASS 3/2)	10:15-11:15 (G) Low-Impact Cardio Blast	

*Must pre-register for classes held in Performing Arts Room (PA) at the front desk or on the MemberMe+ App. Please arrive to your class before the start time, no one is allowed to enter a class 10 minutes after its start time.

Pickleball Schedule: (Gymnasium)

Tennis Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Play 11:30 am-2 pm	Upper Intermediate/ Advanced 10:30 am-12 pm	All Play 11:30 am-2 pm	Upper Intermediate/Advanced 10:30 am-12 pm	All Play 11:30 am-2 pm	Upper Intermediate/Advanced 10:30-11:30 am
	Lower Intermediate/Beginner 12-2 p.m.		Lower Intermediate/Beginner 12-2 pm		Lower Intermediate/Beginner 11:30 am-1 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 7:30-10:30 am	Round Robin 8:30-10:30 am
	Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm		Tennis: Legends 10:30 am-1 pm

Open Outdoor Courts Schedule:
Monday/Wednesday - 10:30 a.m. to 6 p.m.
Tuesday/Thursday - 1 to 6 p.m.
Friday - 10:30 a.m. to 7 p.m.
Saturday - 1 to 3 p.m.

Open Gymnasium Schedule:
Contact front desk - (941) 778-1908
Follow this link for the most updated schedule:
<https://centerami.ezfacility.com/Sessions>

Tennis Court #3 reserved for private lessons MWF 7:30-8 p.m., Thursdays 7:30-10:30 a.m., Thursdays 1 p.m. to close

The Center gymnasium will be closed Saturday, March 18 and Tuesday, March 21 and Friday, March 31.



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8 a.m. - 3 p.m.



407 Magnolia Ave
(941) 778-1908

info@centerami.org
www.centerami.org

**See other side for
daily class schedules.
Classes & programs
may change.**

***Must Pre-Register
Additional Fees**

Senior Outings

All Senior Outings are currently on hold.
We apologize and look forward to restoring the Senior Outings program as quickly as possible.

Community Connections

Friday, March 24 | 5-8 p.m.

Beyond The Classroom*

Kindergarten-5th Grade
Program runs until 6 p.m.
After school care for children including homework help,
arts & crafts, games and more.

Youth Day Camp*#

Friday, March 10 | 8 a.m.-6 p.m. | K-5th Grade
Register by: 2/2

Spring Break Camp*#

March 13-17 | 8 a.m.-6 p.m. | K-5th

Bishop Museum Workshop: Kids/Families

March 1: Our Solar System
March 22: Paleontology & Fossils
Register by: 2/23 and 2/16

Pedaling for Parkinsons*

March 7-March 28 | Tuesdays | 1-2 p.m.

Adaptive Yoga for Parkinson's

March 2, 9, 23 & 30 | 1-2 p.m.

Dev's Bevs Ice Bath Wednesdays

Wednesdays | 9 am-12 pm | March 1-March 29

General AED/CPR Certification Class

March 1 | 10:30 a.m.-12 p.m. | Register by: 2/23

Bishop Museum Workshop: For Adults

Thursdays | 10:30-11:15 a.m.
March 2: Manatees & Their Environment
March 23: Our Solar System
Register by: 2/23 & 2/16

Full Moon Yoga Fundraiser

March 7 | 8:30-9:30 p.m. | Register by: 3/3
Benefits the Anna Maria Island Historical Society

Tech Tuesdays with Loretta

Tuesdays | March 7, 14, 21 & 28 | 8-10:30 a.m.

iPhone Training with Loretta*#

March 9 & March 23 | 10:30 a.m.-12 p.m.
Register by: 2/2 & 2/16

Line Dancing with Bob and Bonnie (Beginner and Intermediate)

Tuesdays | March 7-March 28
Beginners: 9:00-10:00 a.m.
Intermediate: 10-11 a.m.

OLLI Presents: The Second Mrs. Ringling

March 8 | 10:30 a.m.-12 p.m. | Register by: 2/2

Dolly Parton's Imagination Library Kickoff Event

Monday, March 13 | 1-2 p.m.

Sip & Craft with MaryKate

March 15 | 6-8 p.m. | Register by: 3/9

Make Your Own Candles with Sip N Wick

March 29 | 6-8 p.m. | Register by: 2/23

Tennis Lessons

With Tennis Pro EJ. Info: Call EJ @ (941) 725-9273

Youth Soccer

Ages 3-5, 6-7, 8-10, 11-13, & 14-17
March 27-May 23 | Games on Tuesday nights
(Monday nights if needed)
Register by: March 17
Evaluations:
Monday, March 20: 11-13Y & 14-17Y @ 6:30 p.m.
Wednesday, March 22: 8-10Y @ 6:30 p.m.

Adult Soccer

March 23-May 25 | Register by: March 7
Evaluations/Draft: March 8 @ 6 p.m.
Games played on Thursday nights

T-Ball

Ages 4-6 | April 10-May 22 | Register by: March 27
Evaluations/Draft: April 3 | Games on Monday nights

Pickleball Lessons

Interested in learning how to play pickleball? Sign up
for pickleball lessons with Josh or Janet.
To schedule a lesson with Josh, call (941) 518-0655.
To schedule a lesson with Janet, call (813) 625-4356.

Health & Wellness Fair

March 31 | 9 a.m.-4 p.m. | Register by: 2/16

Bingo

Friday, March 10 | 6-8 p.m.

2023 St. Patrick's Day Parade

Sunday, March 12 | 4-6 p.m.
Interested participants must fully complete a
participation form by Wednesday, March 8.
Find forms at centerami.org/events and return to The
Center or Duffy's.

Beach Cleanup

Saturday, March 4 | 9-11 a.m.

Concert: THE ORCHESTRA

Tuesday, March 21
Doors open at 6 p.m. | Opening act at 7 p.m.
Headliner around 8 p.m.