

# February at



**Center Hours:**  
 Monday-Thursday 7am-8pm  
 Friday 7am-7pm  
 Saturday 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30am-10:30am <b>Round Robin Tennis</b>	7am-7:45am (G) Active Isolated Stretching	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	8:00am-10:30am <b>Round Robin Tennis</b>
7:45am-8:45am (G) Muscle Works	7:30am-10:30am <b>Round Robin Tennis</b>	7:45am-8:45am (G) Cardio, Core, & More	8am-9am (G) Gutts & Butts	7:45am-8:45am (G) Balance, Core, & Stretch	8:30am-9:30am (PA) Vinyasa Yoga
9am-10am (G) Restorative Yoga	8am-9am (G) Total Body Conditioning	7:45am-8:45am (PA) Island Flow Yoga	9:15am-10:15am (G) Pilates/Yoga Mix	9am-10am (Outside) CardioBarre <i>No Class on 02/11</i>	9:00am-10am (G) Iron Yoga
9am-10am (PA) Cycle Sculpt*	9:15am-10:15am (G) Pilates/Yoga Mix	9am-10am (Outside) CardioBarre	9:15am-10:15am (PA) IRestore*	9am-10am (PA) Group Indoor Cycle*	9:30-10:30am (CF) BoxFit
9:30-10:30am (CF) BoxFit	10:30am-1pm <b>Tennis: Legends</b>	9am-10am (G) Tai Chi	9:30-10:30am (CF) Kickboxing/Muay Thai	9am-10am (G) Tai Chi	10:30am-1pm <b>Tennis: Legends</b>
10:15am-11:15am (G) Cardio FUNCTION	10:30am-12:30pm <b>Open Pickleball</b>	9am-10am (PA) Group Indoor Cycle*	10:30am-1pm <b>Tennis: Legends</b>	10:15am-11:15am CardioZone <i>No Class on 02/11</i>	10:30am-12:30pm <b>Open Pickleball</b> <i>No Indoor Pickleball 02/19</i>
10:15am-11:15am (PA) IRestore*	12:30pm -1:30pm Pickleball Advanced Play	10:15am-11:15am (G) Cardio FUNCTION	10:30am-12:30pm <b>Open Pickleball</b>	10:30am-7pm <b>Open Tennis</b>	12pm-1pm Pickleball Advanced Play <i>No Indoor Pickleball 02/19</i>
10:30am-8pm <b>Open Tennis</b>	1pm-8pm <b>Open Tennis</b>	10:30am-8pm <b>Open Tennis</b>	12:30pm -1:30pm Pickleball Advanced Play	11:30am-1pm <b>Open Pickleball</b> <i>No Indoor Pickleball 02/18</i>	1pm-3pm <b>Open Tennis</b>
11:30am-1pm <b>Open Pickleball</b>	2pm-3:30pm <b>Open Gymnasium</b>	11:30-1pm <b>Open Pickleball</b>	1pm-8pm <b>Open Tennis</b>	1pm -2pm Pickleball Advanced Play <i>No Indoor Pickleball 02/18</i>	2pm-3:30pm <b>Open Gymnasium</b> <b>No Open Gym 02/19</b>
1pm -2pm Pickleball Advanced Play	6pm-8pm <b>Open Gymnasium</b> <b>No Open Gym 02/15</b>	1pm -2pm Pickleball Advanced Play	2pm-3:30pm <b>Open Gymnasium</b> <b>No Open Gym 02/17</b>	2pm-3:30pm <b>Open Gymnasium</b> <b>No open gym 02/18</b>	<b>02/18 &amp; 02/19: All classes in Gym will be held outside</b> <i>Outdoor Classes- weather permitting</i>
2-3:30pm <b>Open Gymnasium</b> <b>No Open Gym 02/07, 02/14</b>		2pm-3:30pm <b>Open Gymnasium</b> <b>No Open Gym 02/09, 02/16, 02/23</b>			

Gym is closed 2/18-2/19

\*Must pre-register for Group Indoor Cycle, Cycle Sculpt and IRestore at the front desk or on the MemberMe+ App.

Please arrive to your class before the start time, no one is allowed to enter a class 10 minutes after it's start time

(G)= Gym  
(PA)= Performing Arts

3rd Tennis Court Reserved for Private Lessons MWF 7:30am-8pm

TRS 7:30am-10:30am, 1pm- Close

# February at The Center

## Youth Center

### Youth Jazz & Hip-Hop Dance Class\*

5-16 years old  
Thursdays 6pm-7pm

### Beyond The Classroom After School\*

Pick-up from AME, Dismissal to 6pm

### Presidents Day Camp Feb. 21st\*

K-5th grade 8am-6pm  
Cost: \$45 non members/ \$40 members

## Culture

### Line Dance with Bob and Bonnie #

Tuesdays, 10:30am- noon  
Cost: \$10 non members/ free members

### Learn to play the Ukulele #

Feb 16th and March 30th  
Cost: \$60 non members/ \$50 members  
includes instrument  
Cost: \$35 non members/ \$25 members  
without ukulele

### Mah Jongg for Beginners

\*Must Register by Jan. 27th\*  
Tuesdays, Starting Feb. 1st, 10am-12pm

### Paper Crafting

Feb. 2 & 16, March 2 & 16, 2:30-4pm  
Cost: Members: \$15, Non-Members \$20  
\*Must register at Front Desk by Jan. 31st

### The Art of Meditation

Starting Feb. 10th, Thursday's, 6-7pm  
Cost: Members: \$5, Non-Members: \$10  
\*Must register at Front Desk by Jan. 31st

## Events

**BINGO**  
2/11, 3/11, & 4/8  
6pm- 8pm

**Murder Mystery**  
Friday, Feb. 18th or  
Saturday, Feb. 19th  
Doors open at 6pm

**Don Felder Concert**  
Feb. 20th  
Doors open at 6pm

## Monthly Beach Clean-Up

2/5/2021 9am-11am  
3/5/2021 9am-11am  
Meet at The Center

For more info: [customerservice@centeramiorg](mailto:customerservice@centeramiorg)

## Sports Center

### Tennis Lessons\*

With the Tennis Pro EJ. For more info:  
contact EJ at 941.725.9273



407 Magnolia Ave  
(941)778-1908

[info@centerami.org](mailto:info@centerami.org)

[www.centerami.org](http://www.centerami.org)

See other side for daily class schedule

Classes & programs may change

## Center Hours:

Monday-Thursday 7am-8pm

Friday 7am-7pm

Saturday 8am-3pm

## Fitness Center



**Our Fitness Area is open  
when we are!**

### HIIT Class #

Mondays, Tuesdays, Thursdays  
11:30am-12:30pm with Brenda

### Fitness & Recovery Class #

Mondays, Tuesdays, Thursdays  
4pm-5pm with Monica

### Youth Foundations in Fitness#

Mondays & Thursdays Ages 8-17  
5:15pm-6pm with Monica  
\*No Class on 02/17 & 02/21

### 30-Minute Morning Grind

Monday, Tuesdays, Wednesday's  
8:00-8:30am, AND 8:30-9:00am  
\*No Class on 2/21 & 02/28

### Interested in Personal Training?

Island Fitness is here to help.  
email: [islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

**The Fitness area is not the same as the  
Gymnasium or Gym**

\*Must pre-register; #Additional Fees required