

April at



Center Hours:
 Monday - Thursday: 7am-8pm Friday 7am-7pm
 Saturday: 8am-3pm

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|
| 7:30am-10:30am Round Robin Tennis | 7:30am-10:30am Round Robin Tennis | 7:30am-10:30am Round Robin Tennis | 7am-7:45am Active Isolated Stretching | 7:30am-10:30am Courts #1 & #2 Round Robin Tennis | 9:00am-10am Iron Yoga |
| 7:45am-8:45am Muscle Works | 7am-7:45am Active Isolated Stretching | 7:45am-8:45am Cardio, Core, & More | 7:30am-10:30am Round Robin Tennis | 7:45am-8:45am Balance, Core, and Stretch | 9:00am-10:30am Courts 1-3 Round Robin Tennis |
| 9am-10am Restorative Yoga | 8am-9am Body Blast | 9am-10am Tai Chi | 8am-9am Gutts & Butts | 9am-10am Group Indoor Cycle* <i>No class 4/23</i> | 10:30am-1pm Tennis: Legends |
| 10:15am-11:15am Cardio FUNCTION | 9:15am-10:15am Outside Pilates/Yoga Mix | 9am-10am Group Indoor Cycle* <i>No Class 4/21</i> | 9:15am-10:15am Pilates/Yoga Mix | 9am-10am Tai Chi | 11:45am-2pm Pickleball |
| 10:30am-8pm Open Tennis | 11:45am-2pm Pickleball | 10:15am-11:15am Cardio FUNCTION | 10:30am-11:30am ALL LEVELS Yoga | 9am-10am Tai Chi | 1pm-2pm Open Tennis |
| 11:45am-2pm Pickleball | 10:30am-1pm Tennis: Legends | 10:30am-8pm Open Tennis | 10:30am-1pm Tennis: Legends | 11:45am-2pm Pickleball | 2pm-3pm Open Gymnasium |
| 2pm-3pm Open Gymnasium | 1pm-8pm Open Tennis | 11:45am-2pm Pickleball | 11:30am-12:30pm Outside Rollasage | 10:30am-7pm Open Tennis | |
| 6pm-8pm Open Gymnasium | 2pm-3pm Open Gymnasium | 2pm-3pm Open Gymnasium | 11:45am-2pm Pickleball | 2pm-3pm Open Gymnasium | |
| | 6pm-8pm Open Gymnasium | 6pm-8pm Open Gymnasium | 1pm-8pm Open Tennis | 6pm-7pm Open Gymnasium | |
| | | | 2pm-3pm Open Gymnasium | | |
| | | | 6pm-8pm Open Gymnasium | | |

*Class sizes will be limited. For busy classes a number system will be in place.

*Must Pre-register

We recommend that for fitness classes you bring your own mat and weights.

Tennis Court #3
 Reserved for Private Lessons MWF 7:30am-8pm
 TRS 7:30am-10:30am
 TRS 1pm-Close

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Sports Center

League Sports*

Visit www.centerami.org or email
connor@centerami.org for more
information

Tennis Lessons*

With the Tennis Pro EJ For more
information contact EJ at 941.725.9273

Youth Soccer*

Spirit Day April 6th

First game April 13th
for more info contact connor@centerami.org

Adult Red Cup Kickball

Register as a team!
Register by 4/09 @ 4pm
Must be 21+

Adult Soccer*

Register by 4/01 @ 4pm
First game 4/08

Youth Center

Youth Jazz & Hip -Hop Dance Class*

5-16 years old
Thursdays 6pm-7pm
For more info contact
youthprograms@centerami.org

Beyond The Classroom After School*

Pick-up from AME
Dismissal -6pm
For more info contact
youthprograms@centerami.org

Celebration for The Center!

Go Green 2 Campaign & \$50,000 Challenge
BBQ & Family fun event
11am-12pm 4/24/2021
Fundraising challenge runs through 5/31/21
for more info contact jim@centerami.org

Fitness Center



Our Fitness Area is
open when we are!

HIIT Class

Monday, Tuesday, Thursday
10:30am-11:30am
Starts Monday April 12th

Interested in Personal Training?

Island Fitness is here to help.
email: islandfitness@hotmail.com

See other side for daily schedule of
Fitness Classes

The Fitness area is not the same
as the Gymnasium or Gym



407 Magnolia Ave
(941)778-1908

info@centerami.org

www.centerami.org

See other side for daily class schedule

Classes & programs may change