

November at



Center Hours:
 Monday - Friday: 7am-7pm
 Saturday: 7am-2pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	9am-10am Iron Yoga
7:45am-8:45am Muscle Works	7am-7:45am Active Isolated Stretching	7:45am-8:45am Cardio, Core, & More	8am-9am Gutts & Butts	7:45am-8:45am Balance, Core, and Stretch	9:00am-10:30am Courts 1-3 Round Robin Tennis
9am-10am Vinyasa Yoga	8am-9am Body Blast	9am-10am Tai Chi	9:15am-10:15am Pilates/Yoga Mix	9am-10am Group Indoor Cycle* No class 11/6	10:30am-12:30pm Pickleball
10:15am-11:15am Cardio FUNction	9:15am-10:15am Pilates/Yoga Mix	9am-10am Group Indoor Cycle*	10:30am-12:30pm Pickleball	9am-10am Tai Chi	10:30am-1pm Tennis: Legends
10:30am-6pm Open Tennis Court #2	10:30am-12:30pm Pickleball	10:15am-11:15am Cardio FUNction	10:30am-1pm Tennis: Legends	10:30am-12:30pm Pickleball	1pm-2pm Open Tennis Court 2 & 3
10:30am-6pm Outdoor Pickleball Court #1	1pm-3pm Open Gymnasium	10:30am-8pm Open Tennis Court #2	1pm-3pm Open Gymnasium	10:30am-6pm Outdoor Pickleball Court #1	12:30pm-2pm Open Gymnasium
11:30am-3pm Pickleball	1pm-6pm Outdoor Pickleball Court #1	10:30am-6pm Outdoor Pickleball Court #1	1pm-6pm Open Tennis Court #2	10:30am-6pm Open Tennis Court #2	
6pm-7pm Open Gymnasium	10:30am-1pm Tennis: Legends	11:30am-3pm Pickleball	1pm-6pm Outdoor Pickleball Court #1	10:30am-6pm Open Tennis Court #2	
	1pm-6pm Open Tennis Court #2	6pm-7pm Open Gymnasium	6pm-7pm Open Gymnasium	1pm-3pm Open Gymnasium	We recommend that for Fitness classes you bring your own mat and weights.
	6pm-7pm Open Gymnasium			6pm-7pm Open Gymnasium	Tennis Court #3 Reserved for Private Lessons MWF 7:30am-8pm TRS 7:30am-10:30am TRS 1pm-Close

Please note classes & programs may change.

**Must Pre-register*

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Saturday: 7am-2pm

Sports Center

League Sports*

Visit www.centerami.org or email connor@centerami.org for more information

Tennis Lessons*

With the Tennis Pro EJ For more information contact EJ at 941.725.9273

Youth Flag Football*

for more info contact connor@centerami.org
Coming December 2020

Youth Center

Youth Jazz & Hip -Hop Dance Class*

5-16 years old

Thursdays 6pm-7pm
For more info contact

youthprograms@centerami

Beyond The Classroom After School*

Pick-up from AME

Dismissal -6pm

For more info contact

youthprograms@centerami.org

K-5th Grade All Day Camps*

All Day Camps run: 8am-6pm

Wednesday, Nov. 11th

Fall Break Camp

Nov. 23-25

For more info contact

youthprograms@centerami.org

***Must Pre-register**

The Center will be closed

Nov. 26th - 28th



Up-Coming Events

Go Green 2 Speaker Series

11/14/2020

5:30pm -7:30pm

at Holmes Beach Community Field

Starlight Movies Series

11/14/2020

"Dolphin Tale" starts at 7:30pm
at Holmes Beach Community Field



407 Magnolia Ave
(941)778-1908

info@centerami.org
www.centerami.org

See other side for daily class schedule

Classes & programs may change

Fitness Center



Our Fitness Area is
open when we are!

Please Note

The Fitness area is not the same
as the Gymnasium or Gym

HIIT Transformation Program*

Monday, Tuesday, Thursday
11:30am-12:30pm

Fitness Room Orientations

are available and are FREE
email: Islandfitness@hotmail.com

Interested in Personal Training?

Island Fitness is here to help.
email: islandfitness@hotmail.com

See other side for daily schedule
of Fitness Classes