

March at



Center Hours:
Monday - Friday: 7am-8pm
Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	8:30am-9:30am Restorative Yoga	*Must Pre-register \$ additional fees for members
7:45am-8:45am Body Blast	7am-7:45am Active Isolated Stretching	7:45am-8:45am Cardio, Core, & More	8am-9am Gutts & Butts	7am-7:45am Active Isolated Stretching <i>No class 3/21 or 3/27</i>	8:30am-9:30am <i>No class 2.29.20</i> Group Indoor Cycle*	
8:30am-9:30am Intermediate Vinvasa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinvasa	9:15am-10:15am Pilates/Yoga Mix	7:45am-8:45am <i>20/20/20</i>	9am-10am Iron Yoga	No gym activities on Thursday, March 19 Friday March 20th after 10am Saturday, March 21
9:15am-10:15am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:45am-10:45am Cardio Barre	8:30am-9:30am Restorative Yoga	9:00am-10:30am Round Robin Tennis	
9:45am-10:45am Cardio Barre	9:15am-10:15am Restorative Yoga	9am-10am Group Indoor Cycle*	10:30am-1:30pm Pickleball	9am-10am Group Indoor Cycle*	10:30am-1:30pm Pickleball	Open Gymnasium times subject to change for recreational events
10:15am-11:15am Cardio Flex	10:30am-1:30pm Pickleball	10:15am-11:15am Rollassage*	10:30am-1pm Tennis: Legends	9am-10am Tai Chi	10:30am-1pm Tennis: Legends	
10:30am-8pm Open Tennis Court #2	1pm-8pm Outdoor Pickleball Court #1	10:15am-11:15am Strengthen & Lengthen	11am-12:30pm Line Dancing	9am-10am Tai Chi	1pm-3pm Open Tennis Courts 2 & 3	~Please note basketball hoops will not be up for open gym. Soccer nets will be.
10:30am-8pm Outdoor Pickleball Court #1	10:30am-1pm Tennis: Legends	11:15am-12:15am Cardio Flex	1pm-8pm Open Tennis Court #2	10:15am-11:15am Rollassage*	1:30pm-3pm Open Gymnasium	
11:30am-1:30pm Pickleball	1pm-8pm Open Tennis Court #2	11:30am-12:30pm Rollassage*	1pm-8pm Outdoor Pickleball Court #1	10:30am-8pm Outdoor Pickleball Court #1	1pm-3pm Outdoor Pickleball Court #1	Tennis Court #3 Reserved for Private Lessons MWF 10:30am-8pm TRS 1pm-Close
1:30pm-3:15pm Open Gymnasium~	1:30pm-3:15pm Open Gymnasium	10:30am-8pm Open Tennis Court #2	1:30pm-3:15pm Open Gymnasium	10:30am-8pm Open Tennis Court #2		
5:15pm-6:15pm All Ages Karate* \$	5:30pm-6:30pm Group Indoor Cycle*	10:30am-8pm Outdoor Pickleball Court #1	5:15pm-6:15pm All Ages Karate* \$	10:30am-8pm Open Tennis Court #2		Please note classes & programs may change.
	5:30pm-7:30pm Ukulele Lessons*\$ 3/10 & 4/17 <i>New song each class</i>	12:30pm-3pm Pickleball	6:30pm-7:30pm Youth Jazz/Hip-Hop*\$	1:30pm-3:15pm Open Gymnasium~		
		6:30pm-7:30pm The Art of Meditation\$	6pm-9pm Italian Culinary Tour*\$ <i>Thursda, March 5th</i>	6pm-8pm Open Gymnasium		

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Sports Center

League Sports Going on Now*
 Youth Flag Football
 Adult Flag Football
 Adult Indoor Soccer
 Adult Volleyball

League Sports Coming Soon*
 Youth Soccer
 Youth Basketball
 T-Ball
 Adult Soccer
 Adult Basketball
 Adult Kickball

For info on leagues timothy@centerami.org

Tennis Lessons*

With the Tennis Pro EJ For more information contact EJ at 941.725.9273

Youth Center

Youth Dance*\$
 Jazz & Hip Hop:
 Thursdays 6:30pm-7:30pm

Beyond The Classroom K-5th Grades*

After School Program
 Monday-Friday till 6pm
 All Day Camps 8:30am-6pm
 For more info contact
ashley@centerami.org

Spring Break Camp

March 16-20
 8:30am-6pm
 Register by Thurs. 3.12.20
 For more info: ashley@centerami.org

Save The Date

BINGO
 Mar. 6th 6pm-8pm

The Grass Roots
 Thursday, March 19th

Tour of Homes
 Thursday, March 21st

Seniors

AMI Resident
 Community Connections Socials
 The 2nd Friday of every month at 6pm

Senior Adventures
 in partnership with Annie Silver
 Must Reserve a spot for all trips at Center Front desk
 3/13 Mazzaros in St. Pete at 10am
 3/20 Chicken Dinner 6pm at Annie's Silver
 3/27 Book Sale at Annie's Silvers

More Culture classes

Canning Class*\$
 March 18th
 6pm-8pm

Italian Culinary Tour*\$

April 14th
 11:30am-1:30pm

The Center of AMI
 407 Magnolia Ave
 (941)778-1908
www.centerami.org

See other side for daily class schedule

Classes & programs may change

***Must Pre-register**

Fitness Center



Our Fitness Area is open when we are!

Please Note

The Fitness area is not the same as the Gymnasium or Gym

March Maddness HIIT Classes*\$

March 2, 4, 6, 9, 11, 13, 16, 18, 25, & 30
 12pm-1pm (classes are limited)

Fitness Room Orientations

are available and are FREE
 email: Islandfitness@hotmail.com

Interested in Personal Training?

Island Fitness is here to help.
 email: islandfitness@hotmail.com

See other side for daily schedule of Fitness Classes