

# February at



**Center Hours:**  
 Monday - Friday: 7am-8pm  
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	8:30am-9:30am <b>Restorative Yoga</b>	<i>*Must Pre-register</i>
7:45am-8:45am <b>Body Blast</b>	7am-7:45am <b>Active Isolated Stretching</b>	7:45am-8:45am <b>Cardio, Core, &amp; More</b>	8am-9am <b>Gutts &amp; Butts</b>	7am-7:45am <b>Active Isolated Stretching</b>	8:30am-9:30am <i>No class 2.29.20</i> <b>Group Indoor Cycle*</b>	
8:30am-9:30am <b>Intermediate Vinyasa</b>	8am-9am <b>Muscle Works</b>	8:30am-9:30am <b>Intermediate Vinyasa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	7:45am-8:45am <b>20/20/20</b>	9am-10am <b>Iron Yoga</b>	<b>No gym activities on</b> Thursday, Feb. 13th Friday, Feb. 7th after 3pm Thursday, Feb. 27th after 1pm Friday, Feb. 28th Saturday, Feb. 29th
9:15am-10:15am <b>Strengthen &amp; Lengthen</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	9:45am-10:45am <b>Cardio Barre</b>	8:30am-9:30am <b>Restorative Yoga</b>	9:00am-10:30am Courts 1-3 <b>Round Robin Tennis</b>	
9:45am-10:45am <b>Cardio Barre</b>	9:15am-10:15am <b>Restorative Yoga</b>	9am-10am <b>Group Indoor Cycle*</b>	10:30am-1:30pm <b>Pickleball</b>	9am-10am <b>Group Indoor Cycle*</b>	10:30am-1:30pm <b>Pickleball</b>	
10:15am-11:15am <b>Cardio Flex</b>	10:30am-1:30pm <b>Pickleball</b>	10:15am-11:15am <b>Rollassage*</b>	10:30am-1pm <b>Tennis: Legends</b>	9am-10am <b>Tai Chi</b>	10:30am-1pm <b>Tennis: Legends</b>	<i>~Please note basketball hoops will not be up for open gym. Soccer nets will be.</i>
10:30am-8pm <b>Open Tennis Court #2</b>	1pm-8pm <b>Outdoor Pickleball Court #1</b>	10:15am-11:15am <b>Strengthen &amp; Lengthen</b>	11am-12:30pm <b>Line Dancing</b>	10:15am-11:15am <b>Rollassage*</b>	1pm-3pm <b>Open Tennis Courts 2 &amp; 3</b>	
10:30am-8pm <b>Outdoor Pickleball Court #1</b>	10:30am-1pm <b>Tennis: Legends</b>	11:15am-12:15am <b>Cardio Flex</b>	1pm-8pm <b>Open Tennis Court #2</b>	10:30am-1:30pm <b>Pickleball</b>	1:30pm-3pm <b>Open Gymnasium</b>	<b>Tennis Court #3</b> Reserved for Private Lessons MWF 7:30am-8pm TRS 7:30am-10:30am TRS 1pm-Close
11:30am-1:30pm <b>Pickleball</b>	1pm-8pm <b>Open Tennis Court #2</b>	11:30am-12:30pm <b>Rollassage*</b>	1pm-8pm <b>Outdoor Pickleball Court #1</b>	10:30am-8pm <b>Outdoor Pickleball Court #1</b>	1pm-3pm <b>Outdoor Pickleball Court #1</b>	
1:30pm-3:15pm <b>Open Gymnasium~</b>	1:30pm-3:15pm <b>Open Gymnasium</b>	10:30am-8pm <b>Open Tennis Court #2</b>	1:30pm-3:15pm <b>Open Gymnasium</b>	10:30am-8pm <b>Open Tennis Court #2</b>		
5:15pm-6:15pm <b>All Ages Karate* \$</b>	5:30pm-6:30pm <b>Group Indoor Cycle*</b>	10:30am-8pm <b>Outdoor Pickleball Court #1</b>	5:15pm-6:15pm <b>All Ages Karate* \$</b>	1:30pm-3:15pm <b>Open Gymnasium~</b>		<i>Please note classes &amp; programs may change.</i>
	5:30pm-7:30pm <b>Ukulele Lessons*\$</b> 2/11/ 3/10, & 4/17 <i>New song each class</i>	12:30pm-3pm <b>Pickleball</b>	6:30pm-7:30pm <b>Youth Jazz/Hip-Hop*\$</b>	6pm-8pm <b>Open Gymnasium</b>		
		5:30pm-6:30pm <b>Youth Ballet/Tap*\$</b>	6:30pm-9pm <b>Italian Culinary Tour*\$</b> Feb. 6th			
		6:30pm-7:30pm <b>The Art of Meditation\$</b>				

# February at The Center

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## Sports Center

### League Sports Going on Now\*

Youth Flag Football  
Adult Flag Football  
Adult Indoor Soccer  
Adult Volleyball

### League Sports Coming Soon\*

Youth Soccer  
Youth Basketball  
T-Ball  
Adult Soccer  
Adult Basketball  
Adult Kickball

For info on leagues [timothy@centerami.org](mailto:timothy@centerami.org)

### Tennis Lessons\*

With the Tennis Pro EJ For more information  
contact EJ at 941.725.9273

## Youth Center

### Youth Dance\*\$

Ballet & Tap:  
Wednesdays 5:30pm-6:30pm  
Jazz & Hip Hop:  
Thursdays 6:30pm-7:30pm

### Beyond The Classroom K-5th Grades\*

After School Program  
Monday-Friday till 6pm  
All Day Camps 8:30am-6pm  
For more info contact  
[ashley@centerami.org](mailto:ashley@centerami.org)

### All Day Camp 2.17.20

8:30am-6pm  
Register by Thurs. 2.13.20  
For more info: [ashley@centerami.org](mailto:ashley@centerami.org)

## Save The Date

### BINGO

Feb. 7th & Mar. 6th 6pm-8pm

### Danny Seraphine from Chicago

Thursday, February 13th

### Murder Mystery

Mardi Gras Theme: Pick Your Night  
Friday, February 28th or Saturday, 29th

### The Grass Roots

Thursday, March 19th

### Tour of Homes

Thursday, March 21st

## Seniors

### AMI Resident

Community Connections Socials  
The 2nd Friday of every month at 6pm

### Senior Adventures

in partnership with Annie Silver  
Must Reserve a spot for all trips at Center Front desk  
~2.7.20 10am at The Center Meals on Wheels  
~2.14.20 Leave at 9:15am from Annie Silver: trip to Sunny  
Side for Concert and Brunch  
~2.21.20 Leave at 10am from Annie Silver: trip to James  
Museum in St. Pete  
~2.28.20 10am-1pm at Booksale & Potluck at Annie Silver

### The Center of AMI

407 Magnolia Ave  
(941)778-1908  
[www.centerami.org](http://www.centerami.org)

See other side for daily class schedule

Classes & programs may change

**\*Must Pre-register**

1.27.20

## Fitness Center



**Our Fitness Area is open  
when we are!**

### Please Note

The Fitness area is not the same as  
the Gymnasium or Gym

### HIIT Classes\*\$

Jan. 6th-Feb. 28th  
MWF 12pm-1pm

### Fitness Room Orientations

are available and are FREE  
email: [Islandfitness@hotmail.com](mailto:Islandfitness@hotmail.com)

### Interested in Personal Training?

Island Fitness is here to help.  
email: [islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

See other side for daily schedule  
of Fitness Classes