

January at



Center Hours:
 Monday - Friday: 7am-8pm Saturday: 8am-3pm
 Business hours for until Jan. 4 will be limited

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	8:30am-9:30am Restorative Yoga
7:45am-8:45am Body Blast	7am-7:45am Active Isolated Stretching	7:45am-8:45am Cardio, Core, & More	8am-9am Gutts & Butts	7am-7:45am Active Isolated Stretching	9am-10am Iron Yoga
8:30am-9:30am Intermediate Vinyasa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinyasa	9:15am-10:15am Pilates/Yoga Mix	7:45am-8:45am 20/20/20	9:00am-10:30am Courts 1-3 Round Robin Tennis
9:15am-10:15am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:45am-10:45am Cardio Barre <i>Classes start 1/6</i>	8:30am-9:30am Restorative Yoga	10:30am-1:30pm Pickleball
9:45am-10:45am Cardio Barre	9:15am-10:15am Restorative Yoga	9am-10am Group Indoor Cycle*	10:30am-1:30pm Pickleball	9am-10am Group Indoor Cycle*	10:30am-1pm Tennis: Legends
10:15am-11:15am Cardio Flex	10:30am-1:30pm Pickleball	10:15am-11:15am Rollassage*	10:30am-1pm Tennis: Legends	9am-10am Tai Chi	1pm-3pm Open Tennis Court 2 & 3
10:30am-8pm Open Tennis Court #2	1pm-8pm Outdoor Pickleball Court #1	10:15am-11:15am Strengthen & Lengthen	1pm-8pm Open Tennis Court #2	10:15am-11:15am Rollassage*	1:30pm-3pm Open Gymnasium
10:30am-8pm Outdoor Pickleball Court #1	10:30am-1pm Tennis: Legends	11:15am-12:15am Cardio Flex	1pm-8pm Outdoor Pickleball Court #1	10:30am-1:30pm Pickleball	1pm-3pm Outdoor Pickleball Court #1
11:30am-1:30pm Pickleball	1pm-8pm Open Tennis Court #2	11:30am-12:30pm Rollassage*	1:30pm-3:15pm Open Gymnasium	10:30am-8pm Outdoor Pickleball Court #1	
1:30pm-3:15pm Open Gymnasium	1:30pm-3:15pm Open Gymnasium	10:30am-8pm Open Tennis Court #2	5:15pm-6:15pm All Ages Karate* \$	10:30am-8pm Open Tennis Court #2	
5:15pm-6:15pm All Ages Karate* \$	5:30pm-6:30pm Group Indoor Cycle*	10:30am-8pm Outdoor Pickleball Court #1	6pm-8pm Open Gymnasium	1:30pm-3:15pm Open Gymnasium	Tennis Court #3 Reserved for Private Lessons MWF 7:30am-8pm TRS 7:30am-10:30am TRS 1pm-Close
6pm-8pm Open Gymnasium <i>until Volleyball starts</i>	5:30pm-7:30pm Ukulele Lessons*\$ 1/14, 2/11/ 3/10, & 4/17 <i>New song each class</i>	12:30pm-3pm Pickleball		6pm-8pm Open Gymnasium	

*Must Pre-register

\$ additional fees
for members

Open Gymnasium times
subject to change for
recreational events

No gym activities on
Thursday, Jan. 23

Please note classes &
programs may change.

Janaury at The Center

Sports Center

League Sports*

Visit www.centerami.org for more

Adult Volleyball

BRING YOUR OWN TEAM

Last day to reg: January 15th

For more info: timothy@centerami.org

Adult Flag Football

Last day to reg: January 15th

Evals: 1/16/20 at 6pm

For more info: timothy@centerami.org

Tennis Lessons*

With the Tennis Pro EJ For more information contact EJ at 941.725.9273

Youth Center

Youth Dance*\$

Ballet & Tap:

Wednesdays 5:30pm-6:30pm

Jazz & Hip Hop:

Thursdays 6:30pm-7:30pm

Beyond The Classroom K-5th Grades*

After School Program

Monday-Friday till 6pm

All Day Camps 8:30am-6pm

For more info contact

ashley@centerami.org

MLK GO Green All Day Camp

8:30am-6pm

Register by Jan. 16th

For more info: ashley@centerami.org

Save The Date

BINGO

Jan 10th, Feb. 7th, & Mar. 6th 6pm-8pm

Starship Feat. Mickey Thomas

Thursday, January 23rd

Danny Seraphine from Chicago

Thursday, February 13th

Murder Mystery

February 28th and 29th

The Grass Roots

Thursday, March 19th

Holiday Hours

30-Dec	7am-6:30pm	2-Jan	7am-6:30pm
31-Dec	7am-1pm	3-Jan	7am-6:30pm
1-Jan	Closed	4-Jan	8am-1:30pm

Seniors

AMI Resident

Community Connections Socials

The 2nd Friday of every month at 6pm



407 Magnolia Ave

(941)778-1908

info@centerami.org
www.centerami.org

See other side for daily class schedule

Classes & programs may change

***Must Pre-register**

12.23.19

Center Hours:

Monday - Friday: 7am-8pm Saturday: 8am-3pm

Bussiness hours for until Jan. 4 will be limited

Fitness Center



Our Fitness Area is open when we are!

Please Note

The Fitness area is not the same as the Gymnasium or Gym

Balance Workshop\$*

Jan. 14th 10:30am-12:30pm

HIIT Classes*\$

Jan. 6th-Feb. 28th

MWF 12pm-1pm

iRestore: Hips & Back Workshop*\$

Jan. 30th 11am-1pm

Fitness Room Orientations

are available and are FREE

email: Islandfitness@hotmail.com

Interested in Personal Training?

Island Fitness is here to help.

email: islandfitness@hotmail.com

See other side for daily schedule of Fitness Classes