

# September at



**Center Hours:**  
 Monday - Friday: 7am-8pm  
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	8:30am-9:30am <b>Vinvasa Flow</b>
8am-9am <b>Body Blast</b>	8am-9am <b>Muscle Works</b>	8am-9am <b>Cardio, Core, &amp; More</b>	8am-9am <b>Gutts &amp; Butts</b>	8am-9am <b>20/20/20</b>	9am-10am <b>Iron Yoga</b>
8:30am-9:30am <b>Intermediate Vinyasa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	8:30am-9:30am <b>Intermediate Vinyasa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Group Indoor Cycle*</b>	9:00am-10:30am Courts 1-3 <b>Round Robin Tennis</b>
9:15am-10:15am <b>Strengthen &amp; Lengthen</b>	9:15am-11am <b>Pickleball</b>	9am-10am <b>Tai Chi</b>	9:15am-11am <b>Pickleball</b>	9am-10am <b>Tai Chi</b>	9am-12pm <b>Pickleball</b>
9:15am-11am <b>Pickleball</b>	9:15am-10:15am <b>Restorative Yoga</b>	10:15am-11:15am <b>Strengthen &amp; Lengthen</b>	10:30am-1pm <b>Tennis: Legends</b>	9:15am-11am <b>Pickleball</b>	10:30am-1pm <b>Tennis: Legends</b>
10:15am-11:15am <b>Cardio Flex</b>	1pm-8pm <b>Outdoor Pickleball Court #1</b>	9:15am-11am <b>Pickleball</b>	11:15am-3pm <b>Open Gymnasium</b>	10:30am-8pm <b>Outdoor Pickleball Court #1</b>	1pm-3pm <b>Open Tennis Court 2 &amp; 3</b>
10:30am-8pm <b>Open Tennis Court #2</b>	10:30am-1pm <b>Tennis: Legends</b>	10:30am-8pm <b>Open Tennis Court #2</b>	1pm-8pm <b>Open Tennis Court #2</b>	10:30am-8pm <b>Open Tennis Court #2</b>	12pm-3pm <b>Open Gymnasium</b>
10:30am-8pm <b>Outdoor Pickleball Court #1</b>	11:15am-3pm <b>Open Gymnasium</b>	10:30am-8pm <b>Outdoor Pickleball Court #1</b>	1pm-8pm <b>Outdoor Pickleball Court #1</b>	11:15am-3pm <b>Open Gymnasium</b>	1pm-3pm <b>Outdoor Pickleball Court #1</b>
11:15am-3pm <b>Open Gymnasium</b>	1pm-8pm <b>Open Tennis Court #2</b>	11:15am-3pm <b>Open Gymnasium</b>	5:15pm-6:15pm <b>All Ages Karate* \$</b>	6pm-8pm <b>Open Gymnasium</b>	
5:15pm-6:15pm <b>All Ages Karate* \$</b>	5:30pm-6:30pm <b>Group Indoor Cycle*</b>	6pm-8pm <b>Open Gymnasium</b>			
6pm-8pm <b>Open Gymnasium</b>	6pm-8pm <b>Open Gymnasium</b>				

*\*Must Pre-register*

*\$ additional fees for members*

*Please note classes & programs may change.*

Tennis Court #3  
 Reserved for Private Lessons MWF 7:30am-8pm  
 TRS 7:30am-10:30am  
 TRS 1pm-Close

Basketball hoops are not available for open gym, soccer nets are.  
**Open Gymnasium times subject to change for recreational events**

# September at The Center

## Sports Center

### League Sports\*

Visit [www.centerami.org](http://www.centerami.org) for more

### Youth Fall Soccer

Must Register by September 14th  
For more information  
[timothy@centerami.org](mailto:timothy@centerami.org)

### Tennis Lessons\*

With the Tennis Pro EJ For more  
information contact EJ at 941.725.9273

### Adult Fall Soccer League

Coming in September/October  
For more information  
[timothy@centerami.org](mailto:timothy@centerami.org)

## Youth Center

### Beyond The Classroom K-5th Grades\*

After School Program  
Monday-Friday till 6pm  
Pick-up from AME  
For more info contact  
[ashley@centerami.org](mailto:ashley@centerami.org)

## Save The Date

### CENTER CLOSED

September 2nd  
in observation of Labor Day

### The LaPensee Bowling Tournament

Saturday, September 7th  
5pm at Bowlero Bradenton  
Get your tickets now  
at The Center front desk

### The Ugly Grouper Golf Tournament

Friday, October 4th

## Seniors

AMI Resident  
Community Connections Socials  
The 2nd Friday of every month at 6pm

Page Turners Book Club will meet on Monday,  
Sept. 9th at 4pm (*instead of the 1st Monday of the*



407 Magnolia Ave  
(941)778-1908

[info@centerami.org](mailto:info@centerami.org)  
[www.centerami.org](http://www.centerami.org)

See other side for daily class schedule  
Classes & programs may change

## Center Hours:

Monday - Friday: 7am-8pm

Saturday: 8am-3pm

## Fitness Center



Our Fitness Area is  
open when we are!

## Please Note

The Fitness area is not the same  
as the Gymnasium or Gym

Fitness Room Orientations  
are available and are FREE  
email: [Islandfitness@hotmail.com](mailto:Islandfitness@hotmail.com)

Interested in Personal Training?  
Island Fitness is here to help.  
email: [islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

See other side for daily schedule  
of Fitness Classes

\*Must Pre-register

8.21.19