

August at



Center Hours:
 Monday - Friday: 7am-8pm
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:15am-8am Active Isolated Stretching	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	8:30am-9:30am Vinvasa Flow
8am-9am Body Blast	7:30am-10:30am Courts #1 & #2 Round Robin Tennis	8am-9am Cardio, Core, & More	8am-9am Gutts & Butts	8am-9am 20/20/20	9am-10am Iron Yoga
8:30am-9:30am Intermediate Vinyasa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinyasa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Group Indoor Cycle*	9:00am-10:30am Courts 1-3 Round Robin Tennis
9:15am-10:15am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:15am-11am Pickleball	9am-10am Tai Chi	9am-12pm Pickleball
9:15am-11am Pickleball	9:15am-11am Pickleball	10:15am-11:15am Strengthen & Lengthen	10:30am-1pm Tennis: Legends	9:15am-11am Pickleball	10:30am-1pm Tennis: Legends
10:15am-11:15am Cardio Flex	9:15am-10:15am Restorative Yoga	9:15am-11am Pickleball	11:15am-3pm Open Gymnasium	10:30am-8pm Outdoor Pickleball Court #1	1pm-3pm Open Tennis Court 2 & 3
10:30am-8pm Open Tennis Court #2	1pm-8pm Outdoor Pickleball Court #1	10:30am-8pm Open Tennis Court #2	1pm-8pm Open Tennis Court #2	10:30am-8pm Open Tennis Court #2	12pm-3pm Open Gymnasium
10:30am-8pm Outdoor Pickleball Court #1	10:30am-1pm Tennis: Legends	10:30am-8pm Outdoor Pickleball Court #1	1pm-8pm Outdoor Pickleball Court #1	11:15am-3pm Open Gymnasium	1pm-3pm Outdoor Pickleball Court #1
11:15am-3pm Open Gymnasium	11:15am-3pm Open Gymnasium	11:15am-3pm Open Gymnasium	5:15pm-6:15pm All Ages Karate* \$	6pm-8pm Open Gymnasium	
5:15pm-6:15pm All Ages Karate* \$	1pm-8pm Open Tennis Court #2	6pm-8pm Open Gymnasium			No Open Gym Aug. 13th
6pm-8pm Open Gymnasium	5:30pm-6:30pm Group Indoor Cycle*				Basketball hoops are not available for open gym, soccer nets are.
	6pm-8pm Open Gymnasium				Open Gymnasium times subject to change for recreational events

*Must Pre-register

\$ additional fees for members

Please note classes & programs may change.

Tennis Court #3
 Reserved for Private Lessons MWF 7:30am-8pm
 TRS 7:30am-10:30am
 TRS 1pm-Close

August at The Center

Sports Center

League Sports*

Visit www.centerami.org for more

Youth Fall Soccer

Must Register by September 14th
For more information
timothy@centerami.org

Tennis Lessons*

With the Tennis Pro EJ For more
information contact EJ at 941.725.9273

Adult Fall Soccer League

Coming in September/October
For more information
timothy@centerami.org

Youth Center

Beyond The Classroom K-5th Grades*

After School- Monday-Friday till 6pm
For more info contact
ashley@centerami.org

Save The Date

CENTER CLOSED

September 2nd
in observation of Labor Day

The LaPensee Bowling Tournament

Saturday, September 7th
5pm at Bowlero Bradenton
Get your tickets now
at The Center front desk

Seniors

AMI Resident
Community Connections Socials
The 2nd Friday of every month at 6pm
****For August it will be on
August 16th****



407 Magnolia Ave
(941)778-1908

info@centerami.org
www.centerami.org

See other side for daily class schedule
Classes & programs may change

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Fitness Center



Our Fitness Area is
open when we are!

Please Note

The Fitness area is not the same
as the Gymnasium or Gym

Fitness Room Orientations
are available and are FREE
email: Islandfitness@hotmail.com

Interested in Personal Training?
Island Fitness is here to help.
email: islandfitness@hotmail.com

See other side for daily schedule
of Fitness Classes

Healthy Backs and Happy Hips

August 17th 11am-1:30pm
Must pre-register at the front desk
Space is limited

***Must Pre-register**

8.8.19