

# June at



**Center Hours:**  
 Monday - Friday: 7am-8pm  
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:15am-8am <b>Active Isolated Stretching</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	8:30am-9:30am <b>Vinyasa Flow</b>
8am-9am <b>Body Blast</b>	7:30am-10:30am Courts #1 & #2 <b>Round Robin Tennis</b>	8am-9am <b>Cardio, Core, &amp; More</b>	8am-9am <b>Gutts &amp; Butts</b>	8am-9am <b>20/20/20</b>	9am-10am <b>Iron Yoga</b>
8:30am-9:30am <b>Intermediate Vinyasa</b>	8am-9am <b>Muscle Works</b>	8:30am-9:30am <b>Intermediate Vinyasa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Group Indoor Cycle*</b>	9:00am-10:30am Courts 1-3 <b>Round Robin Tennis</b>
9:15am-10:15am <b>Strengthen &amp; Lengthen</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	9:15am-10:15am <b>Restorative Yoga</b>	9am-10am <b>Tai Chi</b>	9am-12pm <b>Pickleball</b>
10:15am-11:15am <b>Cardio Flex</b>	9:15am-10:15am <b>Restorative Yoga</b>	10:15am-11:15am <b>Strengthen &amp; Lengthen</b>	10:30am-1pm <b>Tennis: Legends</b>	10:30am-11:30am <b>Rollassage*</b>	10:30am-1pm <b>Tennis: Legends</b>
10:30am-8pm <b>Open Tennis Court #2</b>	1pm-8pm <b>Outdoor Pickleball Court #1</b>	9:15am-10:30am <b>Pickleball</b>	1pm-8pm <b>Open Tennis Court #2</b>	9:15am-10:30m <b>Pickleball</b>	1pm-3pm <b>Open Tennis Court 2 &amp; 3</b>
10:30am-8pm <b>Outdoor Pickleball Court #1</b>	10:30am-1pm <b>Tennis: Legends</b>	10:30am-8pm <b>Open Tennis Court #2</b>	1pm-8pm <b>Outdoor Pickleball Court #1</b>	10:30am-8pm <b>Outdoor Pickleball Court #1</b>	12pm-3pm <b>Open Gymnasium</b>
5:15pm-6:15pm <b>All Ages Karate* \$</b>	1pm-8pm <b>Open Tennis Court #2</b>	10:30am-8pm <b>Outdoor Pickleball Court #1</b>	5:15pm-6:15pm <b>All Ages Karate* \$</b>	10:30am-8pm <b>Open Tennis Court #2</b>	1pm-3pm <b>Outdoor Pickleball Court #1</b>
6:15pm-7pm <b>Youth Jiu-Jitsu* \$</b>	5:30pm-6:30pm <b>Group Indoor Cycle*</b>	6:15pm-7pm <b>Youth Jiu-Jitsu* \$</b>	6pm-8pm <b>Open Volleyball in Gymnasium</b>	5:30pm-8pm <b>Open Gymnasium</b>	
5:30pm-8pm <b>Pick-up Basketball</b>	5:30pm-8pm <b>Open Gym unless there are indoor soccer games</b>	7pm-8pm <b>Adult Jiu-Jitsu* \$</b>			
7pm-8pm <b>Adult Jiu-Jitsu* \$</b>		5:30pm-8pm <b>Open Gym unless there are indoor soccer games</b>			

*Check with Front Desk for location of class.*

*\*Must Pre-register*

*\$ additional fees for members*

*Please note classes & programs may change.*

Tennis Court #3  
 Reserved for Private Lessons MWF 7:30am-8pm  
 TRS 7:30am-10:30am  
 TRS 1pm-Close

**Open Gymnasium times subject to change for recreational events**

# June at The Center

**Center Hours:**  
Monday - Friday: 7am-8pm  
Saturday: 8am-3pm

## Youth Center

### Drop-in Day Care

Monday-Friday Mornings  
9am to 12pm

### Beyond The Classroom K-5th Grades\*

After School- Monday-Friday till 6pm

For more info contact  
[ashley@centerami.org](mailto:ashley@centerami.org)

### Summer Camp\*

Register Now! [Ashley@centerami.org](mailto:Ashley@centerami.org)

### Summer My Way\*

8:30am-5:30pm  
Must Register the  
Thursday prior to Care  
Pick between Sports & Discovery  
Ages 5-12

### Sailing Camp\*

June 17-20 or  
June 24-27  
9am-12pm  
Ages 8-14

### Cooking Camp\*

July 8th-11th  
9am-12pm

### Robotics Camp\*

July 15th -19th  
9am-12pm

### Drama Camp\*

July 22th-16th and  
July 29th- Aug. 2nd  
Performances on Aug. 2nd

*\*Must Pre-register*

## Save The Date

### CENTER CLOSED

July 4th for Independence Day  
Aug 5-10 for staff training and maintenance

## Sports Center

### League Sports\*

Visit [www.centerami.org](http://www.centerami.org) for more information

### Youth Indoor Soccer

Registration Ends June 8th  
Ages 5-14  
Games start June 18th

### Tennis Lessons\*

With the Tennis Pro EJ For more information  
contact EJ at 941.725.9273

## Seniors

AMI Resident  
Community Connections Socials  
The 2nd Friday of every month at 6pm



(941)778-1908

[info@centerami.org](mailto:info@centerami.org)  
[www.centerami.org](http://www.centerami.org)

*See other side for daily class schedule*

*Classes & programs may change*

## Fitness Center



**Our Fitness Area is  
open when we are!**

### Please Note

The Fitness area is not the same  
as the Gymnasium or Gym

### Fitness Room Orientations

are available and are FREE  
email: [Islandfitness@hotmail.com](mailto:Islandfitness@hotmail.com)

### Interested in Personal Training?

Island Fitness is here to help.  
email: [islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

See other side for daily schedule  
of Fitness Classes

### Healthy Backs and Happy Hips

July 13th 11am-1:30pm  
Must pre-register at the front desk  
Space is limited