

December at



Center Hours:
 Monday - Thursday: 7am-9pm
 Friday: 7am-8pm Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	8am-9am Open Gymnasium
7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	No open gym 12.1.18
8am-9am Intermediate Vinyasa	8am-9am Muscle Works	8am-8:50am Cardio, Core, & More	8am-9am Gutts & Butts	8am-8:50am 20/20/20	9am-10am Iron Yoga
8am-9am Body Blast	9:15am-10:15am Pilates/Yoga Mix	8am-9am Intermediate Vinyasa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Group Indoor Cycle*	9:00am-10:30am Round Robin Tennis
9:15am-10:15am Strengthen & Lengthen	9:15am-10:15am Restorative Yoga	9am-10am Tai Chi	10:30am-12:30pm Pickleball	9am-10am Tai Chi	10am-11am Power Yoga
10:15am-11:15am Cardio Flex	10:30am-12:30pm Pickleball	10am-11am Rollassage*	10:30am-1pm Tennis: Legends	10:30am-12:30pm Pickleball	10:15am-12:30pm Pickleball
10:30am-8pm Open Tennis	10:30am-1pm Tennis: Legends	10:15am-11:15am Strengthen & Lengthen	1pm-3pm Open Gymnasium	10:30am-8pm Open Tennis	10:30am-1pm Tennis: Legends
12:15pm -2:15pm Pickleball	1pm-8pm Open Tennis	11:15am-12:15pm Cardio Flex	1pm-8pm Open Tennis	6:45pm-8pm Open Gymnasium	1pm-3pm Open Tennis
5:15pm-6:15pm All Ages Karate* \$	1pm-3pm Open Gymnasium	12:15pm -2:15pm Pickleball	5:15pm-6:15pm All Ages Karate* \$	No open gym 11.30.18	1pm-3pm Open Gymnasium
6pm-8pm Open Gymnasium	5:30pm-6:30pm Group Indoor Cycle*	1pm-8pm Open Tennis	6:45pm-9pm Open Gymnasium		No open gym 12.1.18
	6pm-9pm Open Gymnasium	6pm-9pm Open Gymnasium			

- Sports Center
- Fitness Center
- Culture Center
- Youth Center
- Senior Center

Check with Front Desk for location of class.

Please note classes & programs may change.

**Must Pre-register \$ additional fees for members*

Open Gymnasium times subject to change for recreational events

December at The Center

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Saturday: 8am-3pm

Sports Center

Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information contact EJ at 941.725.9273

Youth Flag Football

Tuesday and Wednesday Nights
Season Starts: Decmeber 15th

Adult Flag Football

Last Day to Register: Dec. 29th
Evaluations: Jan. 3rd
Season Starts: Jan. 10th

Youth Wrestling

Practice on Thursdays and
Fridays 5:15pm - 6:30pm

Seniors

Senior Adventures

in partnership with Annie Silver
Community Center
E-mail amy@centerami.org for info

AMI Resident

Community Connections Socials

The 2nd Friday of
every month at 6pm
There will be no Social in December

Save The Date

50/50 Golf Ball Drop
Win half the money!
See front desk for info!

Lester Family Fun Day
Saturday, December 1st
10:30am-2pm

The Center will be closed
December 24th and 25th.
We will also be closed
December 31st and January 1st.

The Center hours
December 26th- 28th
7am-6pm

Happy Holidays

Stay Connected



(941)778-1908

info@centerami.org
www.centerami.org

Youth Center

Drop-in Day Care

Monday-Thursday Mornings

9am to 1pm

Monday-Thursday Nights

5:30pm to 7:30pm

Friday Mornings

10am to 1pm

Saturday mornings:

9am to 11am

Beyond The Classroom

All Day Camps

Winter Camp December 26-28 and
January 2-4. Email Ashley@centerami.org
After School- Monday-Friday till 6pm

Fitness Center



Fitness Room Orientation are available
and are FREE. Islandfitness@hotmail.com

Interested in Personal Training? Island
Fitness is here to help. email:
islandfitness@hotmail.com

Our Fitness Area is open when we are!