

# July at The Center



**Center Summer Hours:**  
 Monday - Friday: 7am-8pm  
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	9am-10am <b>Iron Yoga</b>
7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	9:00am-10:30am <b>Round Robin Tennis</b>
8am-9am <b>Intermediate Vinysa</b>	8am-9am <b>Muscle Works</b>	8am-8:50am <b>Cardio, Core, &amp; More</b>	8am-9am <b>Gutts &amp; Butts</b>	8am-9am <b>20/20/20</b>	10am-11am <b>Power Yoga</b>
8am-9am <b>Body Blast</b>	8am-9am <b>Group Indoor Cycle*</b>	8am-9am <b>Intermediate Vinysa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	10:30am-1pm <b>Tennis: Legends</b>
9:15am-10:15am <b>Strengthen &amp; Lengthen</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	10:30am-1pm <b>Tennis: Legends</b>	10am-2pm <b>Pickleball</b>	10:15am-1:30pm <b>Pickleball</b>
10:15am-11:15am <b>Cardio Flex</b>	10:30am-1pm <b>Tennis: Legends</b>	10:15am-11:15am <b>Strengthen &amp; Lengthen</b>	1pm-3pm <b>Pickleball Outdoor</b>	10:30am-8pm <b>Open Tennis</b>	1pm-3pm <b>Open Tennis</b>
10:30am-1pm <b>Pickleball Outdoor</b>	1pm-3pm <b>Pickleball Outdoor</b>	10:30am-11:45am <b>Open Tennis</b>	3pm-8pm <b>Open Tennis</b>	6pm-8pm <b>Open Gymnasium</b>	1:30pm-3pm <b>Open Gymnasium</b>
1pm-8pm <b>Open Tennis</b>	3pm-8pm <b>Open Tennis</b>	10am-11:45am <b>Pickleball</b>	5:15pm-6:15pm <b>Youth Karate*\$</b>		
5:15pm-6:15pm <b>Youth Karate*\$</b>	6pm-8pm <b>Open Gymnasium</b>	5:30pm-6:30pm <b>Group Indoor Cycle*</b>	6:15pm-7:15pm <b>Teen &amp; Family Karate*\$</b>		
6pm-8pm <b>Open Gymnasium</b>		6pm-8pm <b>Open Gymnasium</b>	6pm-8pm <b>Open Gymnasium</b>		
6:15pm-7:15pm <b>Teen &amp; Family Karate*\$</b>					

- Sports Center
- Fitness Center
- Culture Center
- Youth Center
- Senior Center

*\*Must Pre-register  
 \$ additional fees  
 for members*

Please note during the day  
 Summer Camp uses gym  
 9am-5:30pm  
 Monday-Thursday

**Open Gymnasium times  
 subject to change for  
 recreational events**

*Check with Front Desk for  
 Please note classes &*

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## Sports Center

### Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information email  
[will@centerami.org](mailto:will@centerami.org)

### Adult Football

June 23rd Last Day to Register  
Games on Thursday Nights

### Youth Indoor Soccer

June 30th Last Day to Register  
July 2nd Evaluations

### Youth Fall Soccer

Aug 25th Last Day to Register  
Aug 28th Evaluations

### Senior Adventures

in partnership with Annie Silver  
Community Center  
E-mail [amy@centerami.org](mailto:amy@centerami.org) for info

### AMI Resident Community Connections Socials

The 2nd Friday of  
every month at 6pm

## Save The Date

The Center will be closed Wed. July 4th  
for Independence Day and August 6-11  
for staff training and maintenance

The LePensee Bowling Tournament  
September 8th

## Fitness Center



Fitness Room Orientation are available  
and are FREE. [islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

Interested in Personal Training? Island Fitness  
is here to help. email:  
[islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

## CrossFit at The Center

For information about CrossFit Kids or Anna Maria  
CrossFit at The Center contact Shay  
[ANNAMARIACROSSFIT@GMAIL.COM](mailto:ANNAMARIACROSSFIT@GMAIL.COM)

## Stay Connected



(941)778-1908

[info@centerami.org](mailto:info@centerami.org)  
[www.centerami.org](http://www.centerami.org)

## Youth Center

### Drop-in Day Care

Monday-Friday Mornings  
9am to 1pm

Monday-Thursday Nights  
5:30pm to 7:30pm

Saturday mornings:  
9am to 11am

### Summer My Way

Summer Camp K-6th Grade\*\$  
Must register the Tuesday prior to Camp  
For more info: [lisa@centerami.org](mailto:lisa@centerami.org)

### Drama Camp

July 9th-12th & July 16th-20th  
9am -12pm (not including performances)  
For Ages 6-13

### Adventure Time Teens Summer Camp

Summer Camp 7th -10th Grades\*\$  
Must pre-register. Space is limited.  
For more info: [will@centerami.org](mailto:will@centerami.org)