

April at The Center



Center Hours:
 Monday & Friday: 7am-8pm
 Tuesday-Thursday: 7am-9pm
 Saturday: 9am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	9am-10am Iron Yoga
7:30am-10:30am Round Robin Tennis	7:15am-8am Active Isolated Stretching	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	9:00am-10:30am Round Robin Tennis
8:30am-9:30am Body Blast	7:30am-10:30am Round Robin Tennis	8am-8:50am Cardio, Core, & More	8am-9am Gutts & Butts	8am-8:50am 20/20/20	10am-11am Power Yoga
8:30am-9:30am Intermediate Vinyasa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinyasa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	10:30am-1pm Tennis: Legends
10am-11am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:30am-10:30am Restorative Yoga	9am-10am Group Indoor Cycle*	10:15am-12:30pm RadKids*\$\$
11am-12pm Cardio Flex	9:30am-10:30am Restorative Yoga	9:45am-10:45am Body R&R*	No Class 4/19	10:15am-12pm Open Gymnasium	12:30pm-2:30pm Pickleball
12:15pm-3pm Pickleball	No Class 4/17	No Class 4/18	10:30am-12pm Open Gymnasium	12:15pm-3pm Pickleball	
5pm-6pm Youth Karate* \$	10:30am-12pm Open Gymnasium	10am-11am Strengthen & Lengthen	10:30am-1pm Tennis: Legends	6pm-8pm Open Gymnasium	
6pm-8pm Open Gymnasium/ Basketball Practce	11am-12pm Cardio Flex	12:15pm-3pm Pickleball	12:15pm-3pm Pickleball		
6pm-7pm Teen & Family Karate*\$\$	10:30am-1pm Tennis: Legends	12:15pm-3pm Pickleball	5pm-6pm Youth Karate*\$\$	Please note: Beyond the Classroom is in the gym M-F 3pm-6pm & more During All Day Camps	
	12:15pm-3pm Pickleball	5:30pm-6:30pm Group Indoor Cycle*	6pm-7pm Teen & Family Karate*\$\$		
	5:15pm-6:30pm Youth Dance*\$\$	6pm-9pm Youth Basketbl League*\$\$	6pm-8pm Open Gymnasium/ Basketball Practce		
	6pm-9pm Youth Basketball				

- Sports Center**
- Fitness Center**
- Culture Center**
- Youth Center**
- Senior Center**

**Must Pre-register &
 \$ additional fees
 for members*

*Please note classes & programs may change
 Check with Front Desk for location of class*

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Sports Center

Open Tennis Times

Mon/Wed/Fri 10:30am -8pm
Tues/Thurs/Sat 1pm-close

Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information email

Current Leagues

Adult Soccer
Thursday Nights
Youth Soccer
Week nights
Youth Basketball
Wednesday Nights

Pickleball

Monday-Friday
12:15pm-3pm
Saturday
12:30pm-2:30pm

Senior Center

Senior Adventures*\$
First three Fridays of the month
See Front Desk for more info

*Must Pre-register/\$ additional fees for members

Save The Date

Giving Challenge
Double your doation
Noon May 1- Noon May 2

Center Closed
May 28th

Fitness Center



See Front desk about Fitness
Room Orientation

Interested in Personal Training? Island Fitness
is here to help. email:
islandfitness@centerami.org

CrossFit at The Center

For information about CrossFit Kids or Anna Maria
CrossFit at The Center contact Shay
ANNAMARIACROSSFIT@GMAIL.COM

Stay Connected



(941)778-1908

info@centerami.org
www.centerami.org

See other side for daily class schedule

Youth Center

Drop-in Day Care

Monday-Friday Mornings
9am to 1pm
Monday-Thursday Nights
5:30pm to 7:30pm
Saturday mornings:
9am to 11am

Beyond the Classroom

After School Program Available

Summer Camp Information
Coming Soon

For more info: lisa@centerami.org

RadKids

5 weeks*\$
Saturdays, March 31st to April 28th
10:15am to 12:15pm

Adventure Time Teens

Hang-out at The Center
After School
See Front Desk for more info

Culture Center

For info or to register on
Ringling College
Life Long Learning
[visit centerami.org](http://visit.centerami.org)

Wednesday, April 4th
6:30pm-7:30pm
Essential Oils & Skin Care