

# February at The Center

**Center Hours:**  
 Monday & Friday: 7am-8pm  
 Tuesday-Thursday: 7am-9pm  
 Saturday: 9am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	7am-8am <b>Open Gymnasium</b>	9am-10am <b>Iron Yoga</b>
7:30am-10:30am <b>Round Robin Tennis</b>	7:15am-8am <b>Active Isolated Stretching</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	9:00am-10:30am <b>Round Robin Tennis</b>
8:30am-9:30am <b>Body Blast</b>	7:30am-10:30am <b>Round Robin Tennis</b>	8am-8:50am <b>Balance &amp; Core</b>	8am-9am <b>Gutts &amp; Butts</b>	8am-8:50am <b>20/20/20</b>	10am-11am <b>Power Yoga</b>
8:30am-9:30am <b>Intermediate Vinysa</b>	8am-9am <b>Muscle Works</b>	8:30am-9:30am <b>Intermediate Vinysa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	10:30am-1pm <b>Tennis: Legends</b>
10am-11am <b>Strengthen &amp; Lengthen</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	9:30am-10:30am <b>Restorative Yoga</b>	9am-10am <b>Group Indoor Cycle*</b>	10:15am-12:30pm <b>Pickleball</b>
11am-12pm <b>Cardio Flex</b>	9:30am-10:30am <b>Restorative Yoga</b>	9:45am-10:45am & 11am-12pm <b>Body R&amp;R*</b>	10:30am-12pm <b>Open Gymnasium</b>	10:15am-12pm <b>Open Gymnasium</b>	12:30pm-3pm <b>Open Gymnasium</b>
12:15pm-3pm <b>Pickleball</b>	10:30am-11:30am <b>Tech Us</b>	10am-11am <b>Strengthen &amp; Lengthen</b>	10:30am-1pm <b>Tennis: Legends</b>	12:15pm-3pm <b>Pickleball</b>	*No gym activities 2/17 except Murder Mystery
1pm-2:30pm <b>RCLLA's Science Mondays*\$</b>	10:30am-12pm <b>Open Gymnasium</b>	11am-12pm <b>Cardio Flex</b>	12:15pm-3pm <b>Pickleball</b>	5:15pm-6:15pm <b>Youth Dance*\$</b>	*No gym activities after 10am on 2/24
3pm-4:30pm <b>RCLLA's The Essentials of Lifelong Vitality*\$</b>	10:30am-1pm <b>Tennis: Legends</b>	12:15pm-3pm <b>Pickleball</b>	2pm-3:30pm <b>Line Dancing</b>	6pm-8pm <b>Bingo</b> Feb. 9 & 23	
5pm-6pm <b>Youth Karate* \$</b>	12:15pm-3pm <b>Pickleball</b>	5pm-7pm <b>Wrestling Practice*\$</b>	5pm-6pm <b>Youth Karate*\$</b>	*No gym activities 2/16 except Murder Mystery	
6pm-8pm <b>Open Gymnasium</b>	5:15pm-6:15pm <b>Youth Dance*\$</b>	5:30pm-6:30pm <b>Group Indoor Cycle*</b>	5pm-7pm <b>Wrestling Practice*\$</b>	Please note: Beyond the Classroom is in the gym M-F 3pm-6pm	
	6pm-9pm <b>Adult Volleyball*\$ League in gym</b>	7pm-8:15pm <b>Art of Meditation\$</b>	7pm-9pm <b>Open Gymnasium</b>		
		7pm-9pm <b>Murder Mystery Closed Practice in gym</b>	*No gym activities after 3pm on 2/15		

*\*Must Pre-register &  
\$ additional fees  
for members*

*Please note classes & programs may change  
Check with Front Desk for location of class*

**Sports Center**  
**Fitness Center**  
**Culture Center**  
**Youth Center**  
**Senior Center**

# February at The Center

## Sports Center

### Adult Soccer

Deadline to Register is  
March 10th

### Youth Basketball

Deadline to Register is  
February 10th

### Open Tennis Times

Mon/Wed/Fri 10:30am -8pm  
Tues/Thurs/Sat 1pm-close

## Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information email  
will@centerami.org

## Current Leagues

### Adult Football

Thursday Nights

### Adult Volleyball

Tuesday Nights

### Youth Wrestling

Wednesday & Thursday afternoons  
and weekend Tournaments

### Youth Flag Football

Last Championships on 2/7

## Senior Center

### Senior Adventures\*\$\$

First three Fridays of the month  
See Front Desk for more info

## Save The Date

### 10th Annual Murder Mystery

February 16th & 17th

### 25th Annual Tour of Homes

March 17th

### BINGO

February 9th & 23rd  
March 9th & 23rd  
6pm to 8pm

### Volunteer Orientation:

February 1st and March 1st at 12pm

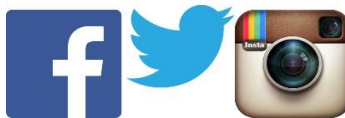
## Culture Center

Monday Feb. 5th  
11:30am & 6:30pm  
Essential Oils 101

For info or to register on  
Ringling College  
Life Long Learning  
visit centerami.org

Wednesdays  
11am-12:30pm  
RCLLA's Einstein's Circle

## Stay Connected



(941)778-1908

[info@centerami.org](mailto:info@centerami.org)  
[www.centerami.org](http://www.centerami.org)

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Saturday: 9am-3pm

## Youth Center

### Drop-in Day Care

Monday-Friday Mornings

9am to 1pm

Monday-Thursday Nights

5:30pm to 7:30pm

Saturday mornings:

9am to 11am

### Beyond the Classroom

After School Program  
See Front Desk for more info

### All Day Camp K-5th

February 19th

Contact [lisa@centerami.org](mailto:lisa@centerami.org) for more  
information

### Adventure Time Teens

Hang-out at The Center  
After School  
See Front Desk for more info

## Fitness Center

See Front desk about Fitness  
Room Orientation

Interested in Personal Training? Island  
Fitness is here to help. email:  
[islandfitness@centerami.org](mailto:islandfitness@centerami.org)

For information about CrossFit Kids or Anna  
Maria CrossFit at The Center contact Shay

[ANNAMARIACROSSFIT@GMAIL.COM](mailto:ANNAMARIACROSSFIT@GMAIL.COM)

Beginner Pickleballers please  
check in at front desk