

# April at



**Center Hours:**  
 Monday - Thursday: 7am-9pm  
 Friday: 7am-8pm      Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-7:45am <b>Open Gymnasium</b>	7am-7:45am <b>Open Gymnasium</b>	7am-7:45am <b>Open Gymnasium</b>	7am-7:45am <b>Open Gymnasium</b>	7am-7:45am <b>Open Gymnasium</b>	8am-9am <b>Open Gymnasium</b>
7:30am-10:30am <b>Round Robin Tennis</b>	7:15am-8am Active Isolated Stretching	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	7:30am-10:30am <b>Round Robin Tennis</b>	8:30am-9:30am Vinyasa Flow
8am-9am <b>Body Blast</b>	7:30am-10:30am <b>Round Robin Tennis</b>	8am-8:50am <b>Cardio, Core, &amp; More</b>	8am-9am <b>Gutts &amp; Butts</b>	8am-8:50am 20/20/20	9am-10am <b>Iron Yoga</b>
8:30am-9:30am <b>Intermediate Vinyasa</b>	8am-9am Muscle Works	8:30am-9:30am <b>Intermediate Vinyasa</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	8am-8:45am <b>Chair Yoga</b>	9:00am-10:30am <b>Round Robin Tennis</b>
9:15am-10:15am <b>Strengthen &amp; Lengthen</b>	9:15am-10:15am <b>Pilates/Yoga Mix</b>	9am-10am <b>Tai Chi</b>	9:15am-10:15am <b>Restorative Yoga</b>	9am-10am <b>Group Indoor Cycle*</b>	10:30am-1:30pm # <b>Pickleball</b>
10:15am-11:15am <b>Cardio Flex</b>	9:15am-10:15am <b>Restorative Yoga</b>	10am-11am <b>Rollassage*</b>	10:30am-1:30pm # <b>Pickleball</b>	9am-10am <b>Tai Chi</b>	10:30am-1pm <b>Tennis: Legends</b>
10:30am-8pm <b>Open Tennis Courts ^</b>	10:30am-1:30pm # <b>Pickleball</b>	10:15am-11:15am <b>Strengthen &amp; Lengthen</b>	10:30am-1pm <b>Tennis: Legends</b>	10:30am-11:30am <b>Rollassage*</b>	1pm-3pm <b>Open Tennis Courts</b>
12:30pm -3pm # <b>Pickleball</b>	10:30am-1pm <b>Tennis: Legends</b>	11am-12pm <b>Rollassage*</b>	1:30pm-3pm <b>Open Gymnasium</b>	10:30am-1:30pm# <b>Pickleball</b>	1:30pm-3pm <b>Open Gymnasium</b>
1pm-3pm <b>Open Play Mahjong</b>	12:30pm-1:30pm <b>Ballet Barre Basics\$</b>	11:15am-12:15pm <b>Cardio Flex</b>	1pm-8pm <b>Open Tennis Courts^</b>	10:30am-8pm <b>Open Tennis Courts</b>	# The last hour of pickleball is for lessons & less competitive play
5:15pm-6:15pm <b>All Ages Karate* \$</b>	1pm-8pm <b>Open Tennis Courts^</b>	12:30pm -3pm # <b>Pickleball</b>	1pm-3pm <b>Open Play Mahjong</b>	1:30pm-3pm <b>Open Tennis Courts^</b>	
6:30pm-7:30pm <b>Jiu-Jitsu* \$</b>	1:30pm-3pm <b>Open Gymnasium</b>	1pm-8pm <b>Open Tennis Courts^</b>	5:15pm-6:15pm <b>All Ages Karate* \$</b>	6:45pm-8pm <b>Open Gymnasium</b>	<b>NO GYMNASIUM ACTIVITES ON</b> April 1st April 2nd April 10th in the afternoon April 11th <i>Please see back for more info</i>
6:45pm-9pm <b>Open Gymnasium</b>	1:30pm-3pm <b>Ballet for Adults\$</b>	6:30pm-7:30pm <b>Jiu-Jitsu* \$</b>	6:45pm-9pm <b>Open Gymnasium</b>	^ Open Tennis Courts: MWF 10:30am-12:30pm and M-F 4pm Court 1 reserved for pickleball play. Court #3 is reserved for private tennis sessions MWF 11am-6pm T & Th 1:30pm-6pm	
	5:30pm-6:30pm <b>Group Indoor Cycle*</b>	6:45pm-9pm <b>Open Gymnasium</b>			<b>Open Gymnasium times subject to change for recreational events</b>
	6:45pm-9pm <b>Open Gymnasium</b>				

Check with Front Desk for location of class.

*\*Must Pre-register \$ additional fees for members*

*Please note classes & programs may change.*

# April at The Center

## Sports Center

### Tennis Lessons

With the Tennis Pro EJ For more information contact EJ at 941.725.9273

### Youth Soccer

Ages 3-17

Last day to register: March 23rd  
Season Starts: in April

### T-Ball

Ages 3-6

Last Day to register April 6th  
Clincs & games on Mondays

### Adult Soccer

Last Day to Register: April 6th  
Evaluations: April 11th at 7pm  
Season starts April 18th

## Youth Center

### Drop-in Day Care

Monday-Thursday Mornings

9am to 1pm

Friday Mornings

10am to 1pm

Saturday mornings:

9am to 11am

### Beyond The Classroom K-5th Grades

After School- Monday-Friday till 6pm

For more info contact  
[ashley@centerami.org](mailto:ashley@centerami.org)

### All Day Out of School Camps

For more info contact  
[ashley@centerami.org](mailto:ashley@centerami.org)

### Summer Camp

Information Coming soon!  
[ashley@centerami.org](mailto:ashley@centerami.org)

## Save The Date

### Marshall Tucker Band

Monday, April 1st

**SOLD OUT!**

### Passion for Fashion Show

Thursday, April 11th

11am-2pm  
\$40 per ticket

**No Gymnasium Activies on  
April 1st, 2nd, & 11th  
or in the afternoon on the 10th**

### Classes Cancelled April 1st

Body Blast, Strengthen & Lengthen,  
Cardio Flex, Pickleball, & Open Gym

### Classes Cancelled April 2nd

Muscle Works, Pilates/Yoga Mix,  
Pickleball & Open Gym

### Classes Cancelled April 10th

Open Gym 1:30pm-3pm & 6:45pm-9pm

### Classes Cancelled April 11th

Pilates/Yoga Mix,  
Pickleball & Open Gym.  
Gutts & Butts will take place on field  
weather permitting

### Classes Cancelled April 12th

Open Gym 7am-7:45am

## Stay Connected



(941)778-1908

[info@centerami.org](mailto:info@centerami.org)  
[www.centerami.org](http://www.centerami.org)

See other side for daily class schedule

Classes & programs may change

## Center Hours:

Monday - Thursday: 7am-9pm

Friday: 7am-8pm

Saturday: 8am-3pm

## Fitness Center



**Our Fitness Area is  
open when we are!**

## Please Note

The Fitness area is not the same  
as the Gymnasium or Gym

## Fitness Room Orientations

are available and are FREE  
email: [Islandfitness@hotmail.com](mailto:Islandfitness@hotmail.com)

## Interested in Personal Training?

Island Fitness is here to help.  
email: [islandfitness@hotmail.com](mailto:islandfitness@hotmail.com)

See other side for daily schedule  
of Fitness Classes

## Seniors

### Senior Adventures

in partnership with

Annie Silver Community Center

Take place on Fridays. Space is limited.

E-mail [amy@centerami.org](mailto:amy@centerami.org) for info

## AMI Resident

Community Connections Socials

The 2nd Friday of every month at 6pm