

February at



Center Hours:
 Monday - Thursday: 7am-9pm
 Friday: 7am-8pm Saturday: 8am-3pm

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--|
| 7am-8am Open Gymnasium | 7am-8am Open Gymnasium | 7am-8am Open Gymnasium | 7am-8am Open Gymnasium | 7am-8am Open Gymnasium | 8am-9am Open Gymnasium |
| 7:30am-10:30am Round Robin Tennis | 7:15am-8am Active Isolated Stretching | 7:30am-10:30am Round Robin Tennis | 7:30am-10:30am Round Robin Tennis | 7:30am-10:30am Round Robin Tennis | 8:30am-9:30am Vinyasa Flow |
| 8am-9am Body Blast | 7:30am-10:30am Round Robin Tennis | 8am-8:50am Cardio, Core, & More | 8am-9am Gutts & Butts | 8am-8:50am 20/20/20 | 9am-10am Iron Yoga |
| 8:30am-9:30am Intermediate Vinyasa | 8am-9am Muscle Works | 8:30am-9:30am Intermediate Vinyasa | 9:15am-10:15am Pilates/Yoga Mix | 8am-8:45am Cardio Barre | 9:00am-10:30am Round Robin Tennis |
| 9:15am-10:15am Strengthen & Lengthen | 9:15am-10:15am Pilates/Yoga Mix | 9am-10am Tai Chi | 9:15am-10:15am Restorative Yoga | 9am-10am Group Indoor Cycle* | 10:30am-1:30pm+ Pickleball |
| 9:45am-10:30am Cardio Barre | 9:15am-10:15am Restorative Yoga | 10am-11am Rollassage* | 10:30am-1:30pm+ Pickleball | 9am-10am Tai Chi | 10:30am-1pm Tennis: Legends |
| 10:15am-11:15am Cardio Flex | 10:30am-1:30pm+ Pickleball | 10:15am-11:15am Strengthen & Lengthen | 10:30am-1pm Tennis: Legends | 10:30am-11:30am Rollassage* | 1pm-3pm Open Tennis |
| 10:30am-8pm Open Tennis | 10:30am-1pm Tennis: Legends | 11am-12pm Rollassage* | 1:30pm-3pm Open Gymnasium | 10:30am-1:30pm+ Pickleball | 1:30pm-3pm Open Gymnasium |
| 12:30pm -3pm+ Pickleball | 12pm-1:30pm Ballet for Adults\$ | 11:15am-12:15pm Cardio Flex | 1pm-8pm Open Tennis | 10:30am-8pm Open Tennis | The last hour of picklball is for lessons & less competitive play + |
| 1pm-3pm Open Play Mahnogg | 1pm-8pm Open Tennis | 12:30pm -3pm+ Pickleball | 2pm-3:30pm Line Dancing\$ | 1:30pm-3pm Open Gymnasium | |
| 5:15pm-6:15pm All Ages Karate* \$ | 1:30pm-3pm Open Gymnasium | 1pm-8pm Open Tennis | 5:15pm-6:15pm All Ages Karate* \$ | 6:45pm-8pm Open Gymnasium | NO GYM ACTIVITES ON February 7 after 1:30pm February 8 & 9 February 19 after 3pm February 21 after 1pm February 22 & 23 |
| | 1:30pm-2:30pm Ballet Barre Basics\$ | | 6:45pm-9pm Open Gymnasium | | |
| | 5:30pm-6:30pm Group Indoor Cycle* | | | | |

Check with Front Desk for location of class.

**Must Pre-register \$ additional fees for members*

Please note classes & programs may change.

- Sports Center
- Fitness Center
- Culture Center
- Youth Center
- Senior Center

Open Gymnasium times subject to change for recreational events

February at The Center

Sports Center

Tennis Lessons

With the Tennis Pro EJ
For more information contact EJ at
941.725.9273

Adult Volleyball

Bring Your Own Team

Last day to register: Saturday, January 19th
Season Starts: Tuesday January 29

Youth Flag Football

Games are played Tuesdays and Wednesdays
visit www.centerami.org for full schedule

Adult Flag Football

Games played Thursday nights
visit www.centerami.org for full schedule

Youth Wrestling

Practice on Thursdays and
Fridays 5:15pm - 6:30pm

Youth Center

Drop-in Day Care

Monday-Thursday Mornings

9am to 1pm

Friday Mornings

10am to 1pm

Saturday mornings:

9am to 11am

Beyond The Classroom K-5th Grades

After School- Monday-Friday till 6pm

For more info contact
ashley@centerami.org

All Day Out of School Camps

For more info contact
ashley@centerami.org

Save The Date

Phil Vassar

Friday, February 8th

Murder Mystery

Dinner and Show for Adults
February 22nd or 23rd

BINGO

January 25th, March 1st, and March 29th
6pm-8pm

Lunch & Learns

The Art of Olive Oil

Tuesday, February 5th

11:30am-1pm

Palemo- Markets, Street Food & Marionettes

Tuesday, February 26th

11:30am-1pm

Tour of Homes

Saturday, March 16th

Center Bazaar in Center Gym

Saturday, March 16th

Passion for Fashion Show

Thursday, April 11th

Stay Connected



(941)778-1908

info@centerami.org
www.centerami.org

See other side for daily class schedule

Classes & programs may change

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Fitness Center



Couple Massage Workshop

Friday, February 8th
5pm-7pm
Must pre-register

Fitness Room Orientation

are available and are FREE
email: Islandfitness@hotmail.com

Interested in Personal Training?

Island Fitness is here to help.
email: islandfitness@hotmail.com

See other side for daily schedule
of Fitness Classes

Our Fitness Area is open when we are!

Seniors

Senior Adventures

in partnership with
Annie Silver Community Center
Take place on Fridays. Space is limited.
E-mail amy@centerami.org for info

AMI Resident

Community Connections Socials
The 2nd Friday of every month at 6pm