

February at



Center Hours:
 Monday - Thursday: 7am-9pm
 Friday: 7am-8pm Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	8am-9am Open Gymnasium
7:30am-10:30am Round Robin Tennis	7:15am-8am Active Isolated Stretching	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	8:30am-9:30am Vinyasa Flow
8am-9am Body Blast	7:30am-10:30am Round Robin Tennis	8am-8:50am Cardio, Core, & More	8am-9am Gutts & Butts	8am-8:50am 20/20/20	9am-10am Iron Yoga
8:30am-9:30am Intermediate Vinyasa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinyasa	9:15am-10:15am Pilates/Yoga Mix	8am-8:45am Cardio Barre	9:00am-10:30am Round Robin Tennis
9:15am-10:15am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:15am-10:15am Restorative Yoga	9am-10am Group Indoor Cycle*	10:30am-1:30pm+ Pickleball
9:45am-10:30am Cardio Barre	9:15am-10:15am Restorative Yoga	10am-11am Rollassage*	10:30am-1:30pm+ Pickleball	9am-10am Tai Chi	10:30am-1pm Tennis: Legends
10:15am-11:15am Cardio Flex	10:30am-1:30pm+ Pickleball	10:15am-11:15am Strengthen & Lengthen	10:30am-1pm Tennis: Legends	10:30am-11:30am Rollassage*	1pm-3pm Open Tennis
10:30am-8pm Open Tennis	10:30am-1pm Tennis: Legends	11am-12pm Rollassage*	1:30pm-3pm Open Gymnasium	10:30am-1:30pm+ Pickleball	1:30pm-3pm Open Gymnasium
12:30pm -3pm+ Pickleball	12:30pm-1:30pm Ballet Barre Basics\$	11:15am-12:15pm Cardio Flex	1pm-8pm Open Tennis	10:30am-8pm Open Tennis	
1pm-3pm Open Play Mahnogg	1pm-8pm Open Tennis	12:30pm -3pm+ Pickleball	2pm-3:30pm Line Dancing\$	1:30pm-3pm Open Gymnasium	The last hour of picklball is for lessons & less competitive play +
5:15pm-6:15pm All Ages Karate* \$	1:30pm-3pm Open Gymnasium	1pm-8pm Open Tennis	5:15pm-6:15pm All Ages Karate* \$	6:45pm-8pm Open Gymnasium	
	1:30pm-3pm Ballet for Adults\$		6:45pm-9pm Open Gymnasium		
	5:30pm-6:30pm Group Indoor Cycle*				

Check with Front Desk for location of class.

*Must Pre-register \$ additional fees for members

Please note classes & programs may change.

- Sports Center
- Fitness Center
- Culture Center
- Youth Center
- Senior Center

NO GYM ACTIVITES ON
 February 7 after 1:30pm
 February 8 & 9
 February 19 after 3pm
 February 21 after 1pm
 February 22 & 23

Open Gymnasium times subject to change for recreational events

February at The Center

Sports Center

Tennis Lessons

With the Tennis Pro EJ
For more information contact EJ at
941.725.9273

Adult Volleyball

Bring Your Own Team

Last day to register: Saturday, January 19th
Season Starts: Tuesday January 29

Youth Flag Football

Games are played Tuesdays and Wednesdays
visit www.centerami.org for full schedule

Adult Flag Football

Games played Thursday nights
visit www.centerami.org for full schedule

Youth Wrestling

Practice on Thursdays and
Fridays 5:15pm - 6:30pm

Youth Center

Drop-in Day Care

Monday-Thursday Mornings

9am to 1pm

Friday Mornings

10am to 1pm

Saturday mornings:

9am to 11am

Beyond The Classroom K-5th Grades

After School- Monday-Friday till 6pm

For more info contact
ashley@centerami.org

All Day Out of School Camps

For more info contact
ashley@centerami.org

Save The Date

Phil Vassar

Friday, February 8th

Murder Mystery

Dinner and Show for Adults
February 22nd or 23rd

BINGO

January 25th, March 1st, and March 29th
6pm-8pm

Lunch & Learns

The Art of Olive Oil

Tuesday, February 5th

11:30am-1pm

Palemo- Markets, Street Food & Marionettes

Tuesday, February 26th

11:30am-1pm

Tour of Homes

Saturday, March 16th

Center Bazaar in Center Gym

Saturday, March 16th

Passion for Fashion Show

Thursday, April 11th

Stay Connected



(941)778-1908

info@centerami.org
www.centerami.org

See other side for daily class schedule

Classes & programs may change

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Monday - Thursday: 7am-9pm

Friday: 7am-8pm

Saturday: 8am-3pm

Fitness Center



Couple Massage Workshop

Friday, February 8th
5pm-7pm
Must pre-register

Fitness Room Orientation

are available and are FREE
email: Islandfitness@hotmail.com

Interested in Personal Training?

Island Fitness is here to help.
email: islandfitness@hotmail.com

See other side for daily schedule
of Fitness Classes

Our Fitness Area is open when we are!

Seniors

Senior Adventures

in partnership with
Annie Silver Community Center
Take place on Fridays. Space is limited.
E-mail amy@centerami.org for info

AMI Resident

Community Connections Socials
The 2nd Friday of every month at 6pm