

September at The Center



Center Hours:
 Monday - Friday: 7am-8pm
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	8am-9am Open Gymnasium No open gym 9.29.18
7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	
8am-9am Intermediate Vinysa	8am-9am Muscle Works	8am-8:50am Cardio, Core, & More	8am-9am Gutts & Butts	8am-8:50am 20/20/20	9am-10am Iron Yoga
8am-9am Body Blast	9:15am-10:15am Pilates/Yoga Mix	8am-9am Intermediate Vinysa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Group Indoor Cycle*	9:00am-10:30am Round Robin Tennis
9:15am-10:15am Strengthen & Lengthen	10:15am-12:15pm Pickleball	9am-10am Tai Chi	10:15am-12:15pm Pickleball	9am-10am Tai Chi	10am-11am Power Yoga
10:15am-11:15am Cardio Flex	10:30am-1pm Tennis: Legends	10:15am-11:15am Strengthen & Lengthen	10:30am-1pm Tennis: Legends	10:15am-12:15pm Pickleball	10:15am-12:15pm Pickleball No pickleball 9.29.18
10:15am-12:15pm Pickleball	1pm-8pm Open Tennis	10:15am-12:15pm Pickleball	1pm-3pm Open Gymnasium	10:30am-8pm Open Tennis	10:30am-1pm Tennis: Legends
10:30am-8pm Open Tennis	1pm-3pm Open Gymnasium	1pm-3pm Open Gymnasium	1pm-8pm Open Tennis	6pm-8pm Open Gymnasium	1pm-3pm Open Tennis
1pm-3pm Open Gymnasium		1pm-8pm Open Tennis	5:15pm-6:15pm All Ages Karate* \$		1pm-3pm Open Gymnasium No open gym 9.29.18
5:15pm-6:15pm All Ages Karate* \$		5:30pm-6:30pm Group Indoor Cycle*	6pm-8pm Open Gymnasium		
6pm-8pm Open Gymnasium		6pm-8pm Open Gymnasium			

*Check with Front Desk for
 Please note classes &
 programs may change.*

- Sports Center
- Fitness Center
- Culture Center
- Youth Center
- Senior Center

**Open Gymnasium times
 subject to change for
 recreational events**
**Must Pre-register
 \$ additional fees
 for members*

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Sports Center

Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information email
will@centerami.org

Youth Fall Soccer

Last Day to Register: Sept. 1st
Evaluations: Sept. 4th
Season Starts: Sept. 15th

Adult Fall Soccer

Last Day to Register: Sept. 29th
Evaluations: Oct. 4th
Season Starts: Oct. 11th

Seniors

Senior Adventures

in partnership with Annie Silver
Community Center
E-mail amy@centerami.org for info

AMI Resident Community Connections Socials

The 2nd Friday of
every month at 6pm

Save The Date

The Center will be closed
September 3rd
in observation of Labor Day

The LaPensee Bowling Tournament
September 8th

The Ugly Grouper Golf Tournament
September 28th
at The Links
at Green Field Plantation

CrossFit at The Center

For information about CrossFit Kids or Anna Maria
CrossFit at The Center contact Shay
ANNAMARIACROSSFIT@GMAIL.COM

Stay Connected



(941)778-1908
info@centerami.org
www.centerami.org

Youth Center

Drop-in Day Care

Monday-Friday Mornings
9am to 1pm
Monday-Thursday Nights
5:30pm to 7:30pm
Saturday mornings:
9am to 11am

Beyond The Classroom

After School Care
AME school dismissal to 6pm
Must register by the Thursday
prior to the week of care

Fitness Center



Fitness Room Orientation are available
and are FREE. islandfitness@hotmail.com

Interested in Personal Training? Island
Fitness is here to help. email:
islandfitness@hotmail.com

Our Fitness Area is open when we are!