

May at The Center



Center Hours:
 Monday & Friday: 7am-8pm
 Tuesday-Thursday: 7am-9pm
 Saturday: 8am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	9am-10am Iron Yoga
7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	9:00am-10:30am Round Robin Tennis
8:30am-9:30am Body Blast	8am-9am Muscle Works	8am-8:50am Cardio, Core, & More	8am-9am Gutts & Butts	8am-8:50am 20/20/20	10am-11am Power Yoga
8am-9am Intermediate Vinysa	9:15am-10:15am Pilates/Yoga Mix	8am-9am Intermediate Vinysa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	10:30am-1pm Tennis: Legends
10am-11am Strengthen & Lengthen	9:30am-10:30am Restorative Yoga	9am-10am Tai Chi	10:30am-12pm Open Gymnasium	9am-10am Group Indoor Cycle*	10:30am-1pm Pickleball
11am-12pm Cardio Flex	10:30am-12pm Open Gymnasium	9:45am-10:45am Body R&R*	10:30am-1pm Tennis: Legends	10:15am-12pm Open Gymnasium	1pm-3pm Open Gymnasium
12:15pm-3pm Pickleball	10:30am-1pm Tennis: Legends	10am-11am Strengthen & Lengthen	12:15pm-3pm Pickleball	12:15pm-3pm Pickleball	
5:15pm-6:15pm Youth Karate* \$	12:15pm-3pm Pickleball	11am-12pm Cardio Flex	5:15pm-6:15pm Youth Karate*\$	6pm-8pm Open Gymnasium	
6pm-8pm Open Gymnasium	6pm-9pm Open Gymnasium	12:15pm-3pm Pickleball	6:15pm-7:15pm Teen & Family Karate*\$		
6:15pm-7:15pm Teen & Family Karate*\$		5:30pm-6:30pm Group Indoor Cycle*	6pm-9pm Open Gymnasium		
		6pm-9pm Open Gymnasium			

Please note: Beyond the Classroom is in the gym M-F 3pm-6pm & more During All Day Camps

**Must Pre-register & \$ additional fees for members*

Check with Front Desk for location of class. Please note classes & programs may change.

- Sports Center
- Fitness Center
- Culture Center
- Youth Center
- Senior Center

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Sports Center

Open Tennis Times
 Mon/Wed/Fri 10:30am -8pm
 Tues/Thurs/Sat 1pm-close

Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information email

Adult Football

June 2nd Last Day to Register
 June 5th Evaluations

Current Leagues

Adult Soccer
 Thursday Nights
Youth Soccer
 Week nights
T-Ball
 Monday Nights

Pickleball

Monday-Friday
 12:15pm-3pm
 Saturday
 10:30am-1pm

Save The Date

Hurricane Preparedness Course
 FREE COURSE
 May 24th at 2pm

Center Closed
 May 28th

Fitness Center



See Front desk about Fitness Room Orientation

Interested in Personal Training? Island Fitness is here to help. email: islandfitness@centerami.org

CrossFit at The Center

For information about CrossFit Kids or Anna Maria CrossFit at The Center contact Shay ANNAMARIACROSSFIT@GMAIL.COM

Stay Connected



(941)778-1908

info@centerami.org
www.centerami.org

Youth Center

Drop-in Day Care
Monday-Friday Mornings
 9am to 1pm
Monday-Thursday Nights
 5:30pm to 7:30pm
Saturday mornings:
 9am to 11am

Beyond the Classroom

After School Program Available

Summer Camp K-6th Grade*\$

Starts June 11th
 For more info: lisa@centerami.org

Adventure Time Teens

Hang-out at The Center After School
 See Front Desk for more info

Summer Camp 7th -10th Grades*\$

Starts June 12th
 For more info: cole@centerami.org

Senior Center

Senior Adventures*\$

First three Fridays of the month
 See Front Desk for more info

*Must Pre-register/\$ additional fees for members