

March at The Center



Center Hours:
 Monday & Friday: 7am-8pm
 Tuesday-Thursday: 7am-9pm
 Saturday: 9am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	9am-10am Iron Yoga
7:30am-10:30am Round Robin Tennis	7:15am-8am Active Isolated Stretching	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	9:00am-10:30am Round Robin Tennis
8:30am-9:30am Body Blast	7:30am-10:30am Round Robin Tennis	8am-8:50am Balance & Core	8am-9am Gutts & Butts	8am-8:50am 20/20/20	10am-11am Power Yoga
8:30am-9:30am Intermediate Vinysa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinysa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	10:30am-1pm Tennis: Legends
10am-11am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:30am-10:30am Restorative Yoga	9am-10am Group Indoor Cycle*	10:15am-12:30pm Pickleball
11am-12pm Cardio Flex	9:30am-10:30am Restorative Yoga	9:45am-10:45am & 11am-12pm Body R&R*	10:30am-12pm Open Gymnasium	10:15am-12pm Open Gymnasium	12:30pm-3pm Open Gymnasium
12:15pm-3pm Pickleball	10:30am-11:30am Tech Us 3/6 & 3/13	10am-11am Strengthen & Lengthen	10:30am-1pm Tennis: Legends	12:15pm-3pm Pickleball	*No gym activities 3/17 For TOH Bazaar
5pm-6pm Youth Karate* \$		11am-12pm Cardio Flex	12:15pm-3pm Pickleball	5:15pm-6:15pm Youth Dance*\$	Center Closed March 31st
6pm-8pm Open Gymnasium	10:30am-12pm Open Gymnasium	12:15pm-3pm Pickleball	2pm-3:30pm Line Dancing	6pm-8pm Bingo March 9 & 23	
6pm-7pm Teen & Family Karate*\$	10:30am-1pm Tennis: Legends	5:30pm-6:30pm Group Indoor Cycle* No class on March 7th	5pm-6pm Youth Karate*\$	*No gym activities 3/16 after 3pm for Bazaar Set-up	
	12:15pm-3pm Pickleball	7pm-8:15pm Art of Meditation\$ No class on March 7th	6pm-7pm Teen & Family Karate*\$	Center Closed March 30th	
	5:15pm-6:15pm Youth Dance*\$		7pm-9pm Open Gymnasium	Please note: Beyond the Classroom is in the gym M-F 3pm-6pm & more During All Day Camps	
	6pm-9pm Adult Volleyball*\$ League in gym	6pm-9pm Youth Basketball League*\$	*No gym activities 3/15 after 10:30am for TOH		

**Must Pre-register & \$ additional fees for members*

*Please note classes & programs may change
Check with Front Desk for location of class*

- Sports Center**
- Fitness Center**
- Culture Center**
- Youth Center**
- Senior Center**

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Saturday: 9am-3pm

Sports Center

Adult Soccer

Deadline to Register is
March 10th

Youth Soccer

Deadline to Register is
March 30th

Open Tennis Times

Mon/Wed/Fri 10:30am -8pm
Tues/Thurs/Sat 1pm-close

Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.

For more information email
will@centerami.org

Current Leagues

Adult Football

Thursday Nights

Adult Volleyball

Tuesday Nights

Youth Wrestling

Wednesday & Thursday afternoons
Ends March 8th

Youth Basketball

Wednesday Nights

Senior Center

Senior Adventures*\$

First three Fridays of the month
See Front Desk for more info

Save The Date

25th Annual Tour of Homes

March 17th

BINGO

March 9th & 23rd
6pm to 8pm

Center Closed

March 30th & 31st

Culture Center

4 week session starting Tuesday, March 6th
10:30am-12pm
Write Your Memoir

For info or to register on
**Ringling College
Life Long Learning**
visit centerami.org

Wednesdays
11am-12:30pm
RCLLA's Einstein's Circle

Wednesday, March 14th
6:30pm-7:30pm
Essential Oils & Skin Care

Stay Connected



(941)778-1908

info@centerami.org
www.centerami.org

Youth Center

Drop-in Day Care

Monday-Friday Mornings

9am to 1pm

Monday-Thursday Nights

5:30pm to 7:30pm

Saturday mornings:

9am to 11am

Beyond the Classroom

After School Program Available

Spring Break Camp

RadKids

5 weeks*\$

Saturdays, March 31st to April 28th
10:15am to 12:15pm

Adventure Time Teens

Hang-out at The Center
After School
See Front Desk for more info

Fitness Center

See Front desk about Fitness
Room Orientation

Interested in Personal Training? Island
Fitness is here to help. email:
islandfitness@centerami.org

For information about CrossFit Kids or Anna
Maria CrossFit at The Center contact Shay

ANNAMARIACROSSFIT@GMAIL.COM

*Must Pre-register/\$ additional fees for members

See other side for daily class schedule