

January at The Center

Center Hours:

Monday & Friday: 7am-8pm

Tuesday-Thursday: 7am-9pm

Saturday: 9am-3pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	7am-8am Open Gymnasium	9am-10am Iron Yoga
7:30am-10:30am Round Robin Tennis	7:15am-8am Active Isolated Stretching	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	7:30am-10:30am Round Robin Tennis	9:00am-10:30am Round Robin Tennis
8:30am-9:30am Body Blast	7:30am-10:30am Round Robin Tennis	8am-8:50am Balance & Core	8am-9am Gutts & Butts	8am-8:50am 20/20/20	10am-11am Power Yoga
8:30am-9:30am Intermediate Vinysa	8am-9am Muscle Works	8:30am-9:30am Intermediate Vinysa	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	10:30am-1pm Tennis: Legends
10am-11am Strengthen & Lengthen	9:15am-10:15am Pilates/Yoga Mix	9am-10am Tai Chi	9:30am-10:30am Restorative Yoga	9am-10am Group Indoor Cycle*	10:15am-12:30pm Pickleball
11am-12pm Cardio Flex	9:30am-10:30am Restorative Yoga	9:45am-10:45am & 11am-12pm Body R&R*	10:30am-12pm Open Gymnasium	10:15am-12pm Open Gymnasium	12:30pm-3pm Open Gymnasium
12:15pm-3pm Pickleball	10:30am-11:30am Tech U	10am-11am Strengthen & Lengthen	10:30am-1pm Tennis: Legends	12:15pm-3pm Pickleball	
1pm-2:30pm RCLLA's Science Mondays* Starts Jan. 15th	10:30am-12pm Open Gymnasium	11am-12pm Cardio Flex	12:15pm-3pm Pickleball	5:15pm-6:15pm Youth Dance*§	
3pm-4:30pm RCLLA's The Essnitials of Lifelong Vitality*	10:30am-1pm Tennis: Legends	11am-12:30pm RCLLA's Einstein's Circle Starts 1/10 (no class 1/24)	2pm-3:30pm Line Dancing Starts Jan. 11th	6pm-8pm Open Gymnasium (on non-Bingo Nights)	Sports Center
5:30pm-6:30pm Youth Karate* \$	12:15pm-3pm Pickleball	12:15pm-3pm Pickleball	5:30pm-6:30pm Youth Karate*§		Fitness Center
6pm-8pm Open Gymnasium	5:15pm-6:15pm Youth Dance*§	5:30pm-6:30pm Group Indoor Cycle*	7pm-9pm Open Gymnasium		Culture Center
	6pm-9pm Open Gymnasium				Youth Center
					Senior Center

*Please note classes & programs may change
Check with Front Desk for location of class*

*Must Pre-register or/& § additional fees for members

January at The Center

Sports Center

Adult Volleyball

Deadline to Register is
January 6th

Youth Basketball

Deadline to Register is
February 3rd

Open Tennis Times

Mon/Wed/Fri 10:30am -8pm
Tues/Thurs/Sat 1pm-close

Tennis Lessons

Types of Lessons: General Lesson, Semi-Private Lessons (2 players), Video Lessons, Clinics, and Footwork and Conditioning Sessions.
For more information see Front Desk

Culture Center

For information on
**Ringling College
Life Long Learning**
Visit www.rclla.org

7pm-8:15pm
Art of Meditation
Wednesdays starting Jan. 7th

January 12th
Lunch and Learn*\$\$
10am-1pm

Save The Date

Volunteer Orientation:
January 4th at 12pm

Save the Dates:
10th Annual Murder Mystery
Febuary 16th & 17th
25th Annual Tour of Homes: March 17th
Bingo: 6pm to 8pm: Jan. 12th & 26th

Fitness Center

See Front desk about Fitness
Room Orientation

Interested in Personal Training?
Island Fitness is here to help.
email:
islandfitness@centerami.org

For information about Anna
Maria CrossFit at The Center
contact Shay
ANNAMARIACROSSFIT@GMAIL.COM

*Must Pre-register/\$ additional fees for members
See other side for daily class schedule

Stay Connected



(941)778-1908
info@centerami.org
www.centerami.org

1/15/2018

Center Hours:
Monday & Friday: 7am-8pm
Tuesday-Thursday: 7am-9pm
Saturday: 9am-3pm

Youth Center

Drop-in Day Care
Monday-Friday Mornings

9am to 1pm
Monday nights:
5:30pm to 8pm
Tuesday nights:
5:30pm to 7:30pm
Wednesday nights:
5:30pm to 8pm
Thursday nights:
5:30pm to 7:30pm
Saturday mornings:
9am to 11am

Beyond the Classroom
After School Program
See Front Desk for more info

All Day Camp K-5th
January 15th
Contact lisa@centerami.org for
more information

Adventure Time Teens
Hang-out at The Center
After School
See Front Desk for more info

Senior Center

Senior Adventures*\$\$
First three Fridays of the month
See Front Desk for more info